

Race For Sight
Sunday, May 5, 2002
Columbia, Missouri

TOT	DIV	PLC	PLC	NAME	CITY	ST	AGE	S	plc	SWIM	100	TRAN	plc	BIKE	mph	TRAN	plc	RUN	pace	TOTAL
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1	1/70	Jim Carothers	Kirksville	MO	30	M	13	3:36	1:12	0:29	1	44:19	24.4	0:54	1	19:02	5:36	1:08:18		
2	1/71	JJ Bailey	Des Moines	IA	27	M	18	3:39	1:13	0:49	3	44:55	24.1	0:56	3	19:41	5:48	1:09:57		
3	1/32	Matt Schlicht	Columbia	MO	23	M	3	3:25	1:09	0:33	2	44:20	24.4	0:53	24	21:29	6:19	1:10:39		
4	2/71	Adam Zucco	St. Charles	IL	26	M	11	3:34	1:12	0:42	4	45:32	23.7	0:49	9	20:33	6:03	1:11:09		
5	2/70	Delbert Marriott	Blue Springs	MO	33	M	112	4:29	1:30	0:47	5	45:41	23.6	0:49	2	19:37	5:47	1:11:21		
6	3/70	Mark Carey	Kansas City	MO	30	M	14	3:37	1:13	0:28	6	45:44	23.6	0:47	23	21:27	6:19	1:12:02		
7	4/70	Jim Randall	Grinnell	IA	30	M	7	3:30	1:10	0:51	7	46:30	23.2	1:05	7	20:18	5:59	1:12:13		
8	1/34	Michael Bub	St. Louis	MO	39	M	25	3:48	1:16	0:55	9	46:50	23.1	1:08	18	21:04	6:12	1:13:44		
9	2/32	Nathan Wangerin	Northglenn	CO	20	M	10	3:33	1:11	0:51	11	47:41	22.7	0:56	21	21:16	6:16	1:14:14		
10	3/71	Tim Sandfort	Ballwin	MO	25	M	6	3:29	1:10	0:53	13	48:08	22.4	1:04	13	20:47	6:07	1:14:19		
11	4/71	Patrick Riley	Des Moines	IA	28	M	93	4:23	1:28	1:03	10	47:34	22.7	1:10	10	20:40	6:05	1:14:48		
12	2/34	Bob Schloegel	Overland Park	KS	37	M	41	3:57	1:19	0:47	23	49:13	22.0	0:55	5	20:00	5:53	1:14:51		
13	1/46	Mark Wilson	Columbia	MO	40	M	103	4:26	1:29	0:52	16	48:38	22.2	0:51	6	20:09	5:56	1:14:55		
14	3/34	Guy LeMire	Leavenworth	KS	38	M	95	4:24	1:28	0:47	15	48:32	22.3	0:57	8	20:26	6:01	1:15:04		
15	5/71	Eric Johnson	Springfield	MO	26	M	108	4:28	1:30	1:11	17	48:43	22.2	0:55	4	19:55	5:52	1:15:10		
16	2/46	Greg Parker	Springfield	MO	42	M	105	4:27	1:29	1:05	8	46:33	23.2	1:29	53	23:01	6:47	1:16:33		
17	1/38	Heidi Grimm	Leavenworth	KS	34	F	109	4:28	1:30	0:46	24	49:22	21.9	1:10	17	20:53	6:09	1:16:37		
18	3/32	Jonathan Good	Springfield	MO	22	M	94	4:24	1:28	0:48	20	48:56	22.1	1:08	34	22:07	6:31	1:17:21		
19	4/34	Scott Stopak	Omaha	NE	35	M	88	4:21	1:27	0:58	18	48:45	22.2	0:58	44	22:32	6:38	1:17:32		
20	3/46	Steve Maas	St. Charles	MO	40	M	292	5:34	1:52	0:56	14	48:21	22.3	1:07	28	21:40	6:23	1:17:36		
21	5/34	Cesar Mello	Columbia	MO	36	M	2	3:25	1:09	1:10	31	50:28	21.4	1:03	25	21:35	6:21	1:17:39		
22	6/34	Kurt Beisch	Omaha	NE	35	M	72	4:12	1:24	1:11	26	49:36	21.8	1:01	29	21:51	6:26	1:17:48		
23	6/71	Christian Verry	Columbia	MO	27	M	136	4:38	1:33	1:06	25	49:28	21.8	1:09	26	21:35	6:21	1:17:53		
24	7/71	Matt Dreier	Columbia	MO	27	M	57	4:06	1:22	1:13	22	49:10	22.0	1:10	43	22:31	6:38	1:18:08		
25	8/71	Kentner Cottingham	Columbia	MO	26	M	69	4:11	1:24	0:58	27	49:59	21.6	0:53	37	22:19	6:34	1:18:17		
26	4/46	Dwayne Miller	Columbia	MO	40	M	28	3:49	1:17	1:01	39	51:44	20.9	1:01	19	21:05	6:12	1:18:39		
27	1/15	Charlie Brockus	Cambridge	IA	50	M	42	3:58	1:20	1:13	28	50:07	21.6	1:09	40	22:21	6:35	1:18:46		
28	5/46	Tim Knott	Lees Summit	MO	40	M	187	4:54	1:38	1:14	29	50:20	21.5	1:30	16	20:52	6:09	1:18:47		
29	5/70	Arch Fuston	Kansas City	MO	33	M	118	4:32	1:31	1:16	12	47:48	22.6	1:14	89	24:04	7:05	1:18:51		
30	7/34	Robert Montani	Nashville	IL	37	M	43	3:58	1:20	1:39	21	49:09	22.0	1:11	76	23:41	6:58	1:19:36		
31	6/70	Jose Bugarin	hermann	MO	34	M	186	4:54	1:38	1:04	35	51:15	21.1	1:00	36	22:16	6:33	1:20:27		
32	1/13	Joseph Rother	St. Charles	MO	19	M	76	4:15	1:25	0:58	68	53:29	20.2	0:56	20	21:08	6:13	1:20:44		
33	4/32	Jason Blom	Evanston	IL	24	M	15	3:38	1:13	0:53	45	52:06	20.7	1:07	59	23:07	6:48	1:20:50		
34	7/70	Kenneth Holland	Springfield	MO	31	M	80	4:17	1:26	1:29	19	48:55	22.1	1:30	110	24:44	7:17	1:20:53		
35	9/71	Chris Kerrick	Indianapolis	IN	25	M	74	4:14	1:25	1:01	71	53:41	20.1	1:19	11	20:43	6:06	1:20:56		
36	8/70	Brian Youssi	Batavia	IL	33	M	16	3:39	1:13	1:01	47	52:15	20.7	1:11	52	22:56	6:45	1:21:01		
37	2/13	Dylan Sullivan	Columbia	MO	19	M	21	3:44	1:15	1:27	64	53:08	20.3	1:36	22	21:20	6:17	1:21:14		
38	9/70	Nathan Bailey	Springfield	MO	33	M	83	4:18	1:26	1:17	34	50:53	21.2	1:12	79	23:49	7:01	1:21:27		
39	5/32	Douglas Hilbert	Chesterfield	MO	23	M	114	4:30	1:30	1:34	33	50:35	21.4	0:55	85	23:58	7:03	1:21:29		
40	1/38	Amber Mounday	Kansas City	KS	27	F	34	3:53	1:18	1:07	42	51:45	20.9	1:05	82	23:53	7:02	1:21:41		

41	10/70	John Connors	Ballwin	MO	34	M	64	4:08	1:23	1:07	30	50:25	21.4	1:36	108	24:39	7:15	1:21:53
42	10/71	Shawn Standridge	Columbia	MO	27	M	266	5:24	1:48	1:28	58	52:42	20.5	1:39	14	20:49	6:08	1:22:00
43	11/70	Brian Tournier	St. Louis	MO	31	M	58	4:06	1:22	1:04	54	52:28	20.6	1:00	70	23:28	6:55	1:22:05
44	1/27	Jennifer Arbetman	Naperville	IL	23	F	26	3:48	1:16	0:45	43	51:46	20.9	1:12	109	24:43	7:17	1:22:12
45	11/71	Ernest Rigdon III	Kirksville	MO	28	M	191	4:55	1:39	1:44	36	51:42	20.9	1:12	50	22:42	6:41	1:22:12
46	6/32	Ryan Campbell	Rolla	MO	21	M	1	3:18	1:06	1:01	61	53:01	20.4	1:03	88	24:04	7:05	1:22:25
47	6/46	Terry Hart	Columbia	MO	42	M	153	4:43	1:35	1:33	41	51:44	20.9	0:52	80	23:52	7:01	1:22:43
48	7/46	James Noel	moberly	MO	41	M	156	4:44	1:35	1:16	50	52:19	20.7	1:23	58	23:07	6:48	1:22:48
49	3/13	Mike Zimmerman	Cedar Rapids	IA	17	M	154	4:43	1:35	1:57	81	54:05	20.0	1:23	12	20:43	6:06	1:22:49
50	12/71	Stephen Engler	Columbia	MO	29	M	110	4:29	1:30	1:29	56	52:33	20.6	1:59	41	22:27	6:36	1:22:55
51	8/46	Kelly Perry	Fremont	NE	43	M	98	4:25	1:29	1:17	44	51:52	20.8	1:24	87	23:59	7:04	1:22:56
52	13/71	Jason Halfpap	Ankeny	IA	26	M	101	4:26	1:29	1:01	37	51:42	20.9	1:16	106	24:35	7:14	1:22:57
53	1/29	Ron Sapp	Columbia	MO	47	M	220	5:04	1:42	1:22	46	52:11	20.7	1:23	54	23:02	6:47	1:23:00
54	2/15	Doug Burns	Cottage Hills	IL	52	M	85	4:19	1:27	1:17	53	52:25	20.6	1:27	84	23:55	7:02	1:23:20
55	12/70	Ted Brandt	Columbia	MO	32	M	129	4:36	1:32	0:54	77	53:56	20.0	1:38	38	22:19	6:34	1:23:21
56	14/71	Ryan Rehmeier	Manhattan	KS	27	M	126	4:35	1:32	1:31	48	52:17	20.7	1:28	75	23:39	6:58	1:23:28
57	7/32	Derek Freund	Ashland	MO	23	M	50	4:03	1:21	0:43	40	51:44	20.9	1:03	164	26:01	7:40	1:23:32
58	3/15	Patrick McCreary	Place Elsay	IL	51	M	86	4:20	1:27	1:14	67	53:23	20.2	1:13	71	23:31	6:55	1:23:39
59	9/46	Craig Crowson	Springfield	MO	42	M	71	4:12	1:24	2:07	49	52:19	20.7	1:21	78	23:44	6:59	1:23:42
60	2/27	Elizabeth Attig	Batavia	IL	24	F	35	3:54	1:18	0:53	94	55:24	19.5	1:08	49	22:42	6:41	1:23:59
61	13/70	Todd Glass	St. Louis	MO	30	M	56	4:05	1:22	1:00	69	53:34	20.2	1:01	107	24:35	7:14	1:24:13
62	15/71	Jason Hilgers	Manhattan	KS	28	M	138	4:38	1:33	1:33	75	53:54	20.0	1:02	60	23:09	6:49	1:24:14
63	10/46	Bobby Alwin	Brooklyn Park	MN	40	M	79	4:17	1:26	1:03	82	54:13	19.9	1:23	69	23:28	6:54	1:24:21
64	14/70	Jan Paul De Weer	St. Louis	MO	31	M	141	4:39	1:33	1:29	92	55:14	19.6	1:15	33	22:06	6:30	1:24:41
65	16/71	Barry Sala	Fulton	MO	27	M	59	4:07	1:23	2:04	86	54:23	19.9	1:18	56	23:04	6:47	1:24:53
66	15/70	Tom Hackett	Columbia	MO	34	M	285	5:30	1:50	1:26	59	52:42	20.5	1:54	67	23:25	6:54	1:24:56
67	2/38	Karla Lang	Boonville	MO	33	F	97	4:25	1:29	1:18	72	53:42	20.1	1:27	94	24:08	7:06	1:24:58
68	11/46	Larry Klutenkamper	Mexico	MO	41	M	274	5:27	1:49	2:18	32	50:29	21.4	1:43	126	25:08	7:24	1:25:04
69	16/70	Todd Cattaneo	Maryland Heigh	MO	32	M	143	4:39	1:33	1:43	70	53:36	20.2	1:36	73	23:34	6:56	1:25:07
70	8/34	Tod Holdorf	Columbia	MO	38	M	298	5:36	1:52	1:15	96	55:34	19.4	1:18	27	21:35	6:21	1:25:16
71	9/34	Dennis Henderson	Cedar Rapids	IA	37	M	247	5:17	1:46	0:44	93	55:20	19.5	1:01	55	23:02	6:47	1:25:23
72	4/15	Bob Patterson	Wood River	IL	51	M	239	5:15	1:45	1:26	78	53:59	20.0	1:31	64	23:17	6:51	1:25:25
73	17/70	Jeff Brock	Des Moines	IA	31	M	150	4:41	1:34	1:20	85	54:22	19.9	1:34	72	23:32	6:56	1:25:27
74	18/70	Gregory Andrulot	Columbia	MO	32	M	9	3:32	1:11	1:29	80	54:05	20.0	1:21	136	25:19	7:27	1:25:44
75	12/46	Curtis Brooks Sr.	Maryland Heigh	MO	44	M	137	4:38	1:33	1:00	63	53:02	20.4	1:10	161	25:57	7:38	1:25:45
76	13/46	David Nokes	Battlefield	MO	41	M	188	4:54	1:38	1:41	60	52:59	20.4	1:17	124	25:08	7:24	1:25:56
77	14/46	John Moore	Marceline	MO	41	M	139	4:38	1:33	0:51	79	54:01	20.0	1:15	137	25:20	7:27	1:26:03
78	17/71	Jay Slesman	Columbia	MO	25	M	40	3:57	1:19	1:21	91	55:10	19.6	1:17	101	24:20	7:10	1:26:03
79	19/70	Mike Frossard	Columbia	MO	31	M	199	4:58	1:40	1:48	57	52:37	20.5	1:18	153	25:44	7:35	1:26:22
80	2/29	Dennis Noel	Rolla	MO	46	M	328	5:48	1:56	1:11	62	53:01	20.4	1:30	128	25:10	7:24	1:26:38
81	8/32	Brian Schoenholz	O'Fallon	MO	23	M	163	4:47	1:36	1:27	129	57:16	18.9	1:11	35	22:10	6:31	1:26:49
82	18/71	William Voges	Wentzville	MO	25	M	226	5:09	1:43	2:04	112	56:39	19.1	1:05	30	21:57	6:28	1:26:51
83	3/29	Norm Walla	Danville	IL	48	M	160	4:47	1:36	1:12	76	53:56	20.0	1:21	149	25:39	7:33	1:26:53
84	19/71	Josh Yates	St. Louis	MO	26	M	132	4:36	1:32	2:36	66	53:14	20.3	2:12	104	24:30	7:13	1:27:06
85	9/32	Dustin Wright	St. Louis	MO	24	M	221	5:04	1:42	1:20	134	57:30	18.8	1:05	39	22:20	6:34	1:27:17
86	10/32	Aaron Aversman	Kirksville	MO	24	M	170	4:48	1:36	1:59	105	56:25	19.1	1:27	48	22:41	6:41	1:27:18
87	11/32	Jamin Graham	Lenexa	KS	23	M	75	4:14	1:25	2:33	161	58:38	18.4	1:03	15	20:52	6:09	1:27:19

88	2/38	Angelina Stevens	Manchester	MO	25	F	116	4:31	1:31	0:59	141	57:47	18.7	1:27	47	22:38	6:40	1:27:20
89	10/34	Carl Gardner	Columbia	MO	36	M	66	4:09	1:23	1:11	51	52:24	20.6	1:08	250	28:36	8:25	1:27:26
90	3/38	Annie Moskoff	Clayton	MO	25	F	53	4:04	1:22	0:47	99	55:42	19.4	1:07	159	25:52	7:37	1:27:30
91	12/32	Kenneth Campbell	Rolla	MO	24	M	36	3:55	1:19	1:38	83	54:14	19.9	1:33	171	26:21	7:45	1:27:38
92	4/38	Laurie Ott	St. Louis	MO	29	F	161	4:47	1:36	1:11	55	52:30	20.6	1:20	228	27:54	8:13	1:27:39
93	13/32	Clayton Worthingto	Springfield	MO	23	M	30	3:50	1:17	2:01	52	52:24	20.6	1:39	224	27:47	8:11	1:27:39
94	20/70	Nick Power	Columbia	MO	32	M	376	6:15	2:05	1:52	73	53:50	20.1	1:28	102	24:23	7:11	1:27:46
95	15/46	John Perez	Univeristy Cit	MO	40	M	277	5:29	1:50	2:12	102	55:58	19.3	1:32	46	22:38	6:40	1:27:47
96	5/38	Shannon Standridge	Columbia	MO	27	F	157	4:45	1:35	1:26	90	54:49	19.7	1:09	150	25:40	7:33	1:27:48
97	14/32	Jarrood Dusin	Mission	KS	24	M	70	4:11	1:24	1:50	110	56:31	19.1	1:13	93	24:05	7:05	1:27:49
98	3/38	Marzena Tomicki	Columbia	MO	32	F	236	5:14	1:45	1:27	97	55:40	19.4	1:22	95	24:10	7:07	1:27:51
99	4/13	Eric Travagiakis	Cedar Rapids	IA	19	M	54	4:05	1:22	1:01	111	56:38	19.1	1:13	118	24:57	7:21	1:27:52
100	21/70	Rick Coats	Columbia	MO	33	M	267	5:24	1:48	1:16	65	53:10	20.3	0:47	210	27:20	8:03	1:27:55
101	20/71	Joshua Blankenship	Kansas City	MO	29	M	77	4:15	1:25	1:35	144	57:53	18.7	2:09	31	22:05	6:30	1:27:56
102	21/71	Josh Hilgers	Overland Park	KS	26	M	89	4:22	1:28	1:22	136	57:35	18.8	1:06	74	23:37	6:57	1:28:00
103	22/71	Jamie Dake	St. Louis	MO	29	M	121	4:33	1:31	1:41	118	56:50	19.0	1:34	68	23:26	6:54	1:28:03
104	22/70	Chance Potts	Springfield	MO	33	M	22	3:44	1:15	1:34	88	54:43	19.7	1:31	195	26:55	7:55	1:28:25
105	5/13	Nate Smith	Merrill	IA	19	M	179	4:52	1:38	1:32	113	56:40	19.1	1:41	77	23:44	6:59	1:28:26
106	23/71	Chris Kuehne	Columbia	MO	29	M	78	4:16	1:26	1:20	168	58:53	18.3	1:14	57	23:06	6:48	1:28:47
107	4/38	Chris Maravelas-Ki	Johnston	IA	32	F	61	4:07	1:23	1:09	87	54:34	19.8	1:38	212	27:25	8:04	1:28:51
108	23/70	Steven Vehige	St. Louis	MO	31	M	283	5:30	1:50	2:20	125	57:10	18.9	1:47	32	22:06	6:30	1:28:51
109	24/71	Stephen Taylor	Columbia	MO	27	M	115	4:30	1:30	0:53	152	58:18	18.5	2:01	62	23:16	6:51	1:28:56
110	11/34	Kimo Gallahue	Ft. Leavenwort	KS	36	M	73	4:13	1:25	2:05	38	51:43	20.9	1:58	262	29:00	8:32	1:28:57
111	4/29	Jim Harris	Chesterfield	MO	46	M	467	7:48	2:36	1:50	95	55:33	19.4	1:19	42	22:29	6:37	1:28:57
112	12/34	Greg Pollard	Kansas City	MO	38	M	207	4:59	1:40	2:30	108	56:28	19.1	1:50	65	23:17	6:51	1:29:02
113	13/34	Andrew Shipley	West Des Moine	IA	35	M	177	4:51	1:37	1:41	98	55:40	19.4	1:44	135	25:18	7:27	1:29:12
114	14/34	Jeff Bakeris	Runnells	IA	38	M	172	4:49	1:37	1:31	89	54:45	19.7	1:40	179	26:32	7:49	1:29:16
115	5/38	Barbara DiCola	Orland Park	IL	33	F	144	4:39	1:33	0:55	163	58:42	18.4	0:42	103	24:27	7:12	1:29:24
116	1/7	Don Utsinger	Vinton	IA	55	M	133	4:36	1:32	1:42	149	58:03	18.6	1:46	66	23:19	6:52	1:29:24
117	25/71	Lyle Hays	Springfield	MO	28	M	119	4:32	1:31	1:44	127	57:13	18.9	1:30	105	24:32	7:13	1:29:29
118	16/46	John Quick	Maryland Heigh	MO	44	M	255	5:20	1:47	1:49	122	57:06	18.9	1:32	83	23:54	7:02	1:29:40
119	24/70	L House	Ballwin	MO	31	M	183	4:53	1:38	1:55	117	56:50	19.0	1:09	123	25:05	7:23	1:29:49
120	15/32	Craig Langenfeld	Clayton	MO	24	M	214	5:01	1:41	1:39	135	57:34	18.8	1:48	81	23:52	7:02	1:29:53
121	2/7	Charles Mabry	Strafford	MO	58	M	305	5:41	1:54	1:44	142	57:48	18.7	1:53	51	22:54	6:45	1:29:59
122	25/70	Ryan Morris	Rolla	MO	30	M	244	5:16	1:46	1:55	133	57:20	18.8	1:26	90	24:05	7:05	1:30:00
123	17/46	Dale Cira	St. Louis	MO	44	M	258	5:21	1:47	1:46	103	56:09	19.2	1:46	120	25:00	7:22	1:30:01
124	26/70	Daniel Fannin	Nixa	MO	31	M	216	5:02	1:41	1:37	123	57:07	18.9	1:26	117	24:57	7:21	1:30:07
125	18/46	Mark Schopp	St. Louis	MO	43	M	319	5:45	1:55	1:24	84	54:22	19.9	1:23	208	27:18	8:02	1:30:10
126	6/13	Nic Lamphear	Ozark	MO	19	M	46	3:59	1:20	1:42	109	56:28	19.1	1:13	192	26:53	7:55	1:30:12
127	15/34	Baird Nabholz	Chesterfield	MO	35	M	248	5:18	1:46	1:46	138	57:38	18.7	1:32	91	24:05	7:05	1:30:16
128	6/38	Katy Muelhaupt	Des Moines	IA	30	F	269	5:24	1:48	1:53	124	57:08	18.9	1:43	97	24:12	7:07	1:30:17
129	7/38	Kristi Willis	St. Louis	MO	31	F	106	4:27	1:29	1:42	140	57:45	18.7	1:11	140	25:29	7:30	1:30:33
130	19/46	John Nemec	Columbia	MO	40	M	123	4:33	1:31	1:38	137	57:37	18.8	1:30	139	25:25	7:29	1:30:42
131	8/38	Macey Bray	Kirksville	MO	31	F	206	4:59	1:40	1:19	157	58:26	18.5	1:25	114	24:49	7:18	1:30:56
132	6/38	Sara Heisel	St. Louis	MO	28	F	304	5:41	1:54	1:28	104	56:23	19.2	1:30	167	26:10	7:42	1:31:09
133	27/70	Robb Rempel	Lincoln	NE	33	M	238	5:14	1:45	1:28	128	57:15	18.9	0:49	178	26:30	7:48	1:31:14
134	28/70	Clay Farris	Columbia	MO	33	M	262	5:22	1:48	1:12	151	58:14	18.6	1:13	138	25:23	7:28	1:31:22

135	1/24	Stacy Reed	Columbia	MO	38	F	322	5:46	1:56	1:25	100	55:48	19.4	1:38	187	26:48	7:53	1:31:23
136	16/32	Dave Grant	Kirksville	MO	21	M	294	5:35	1:52	1:47	115	56:40	19.1	1:25	163	26:00	7:39	1:31:26
137	26/71	David Schlingmann	Hillsboro	MO	27	M	205	4:59	1:40	1:55	107	56:27	19.1	1:36	180	26:32	7:49	1:31:27
138	5/29	Jack Uhrig	Marshall	MO	48	M	418	6:38	2:13	2:30	155	58:24	18.5	1:27	45	22:32	6:38	1:31:30
139	16/34	Kristofer Hagglund	Columbia	MO	39	M	165	4:47	1:36	1:43	116	56:42	19.1	1:32	189	26:49	7:54	1:31:31
140	7/13	John Meyer	Cedar Rapids	IA	17	M	48	4:02	1:21	1:06	206	1:00:47	17.8	1:27	100	24:19	7:09	1:31:39
141	17/34	Mick Crowley	Columbia	MO	39	M	297	5:36	1:52	1:56	120	57:04	18.9	1:29	146	25:37	7:32	1:31:40
142	8/13	Robert Johnson	St. Louis	MO	19	M	27	3:49	1:17	1:57	209	1:01:03	17.7	1:45	61	23:15	6:51	1:31:48
143	27/71	John Beyer	St. Louis	MO	27	M	55	4:05	1:22	1:34	173	59:25	18.2	1:51	119	25:00	7:21	1:31:53
144	29/70	Thomas Verstappen	St. Louis	MO	30	M	246	5:16	1:46	1:38	145	57:54	18.7	1:18	157	25:51	7:37	1:31:55
145	6/29	David Mountjoy	Columbia	MO	47	M	149	4:41	1:34	1:27	166	58:49	18.4	1:37	142	25:32	7:31	1:32:04
146	17/32	Gregory Hora	Columbia	MO	20	M	104	4:27	1:29	1:41	175	59:39	18.1	1:20	122	25:04	7:23	1:32:09
147	18/34	Tomasz Tomicki	Columbia	MO	37	M	155	4:44	1:35	1:39	114	56:40	19.1	1:44	217	27:35	8:07	1:32:18
148	7/38	Stacy Cronhardt	Columbia	MO	27	F	465	7:40	2:34	1:36	119	57:00	19.0	2:07	86	23:59	7:04	1:32:21
149	18/32	Josh Gray	Columbia	MO	22	M	29	3:50	1:17	1:15	187	1:00:06	18.0	1:24	158	25:52	7:32	1:32:25
150	3/7	Jim Wright	Wildwood	MO	59	M	314	5:44	1:55	1:17	164	58:43	18.4	1:35	127	25:10	7:24	1:32:27
151	7/29	Ken Langlands	Kansas City	MO	49	M	65	4:08	1:23	1:14	153	58:19	18.5	1:41	206	27:11	8:00	1:32:31
152	3/27	Alicia Hamilton	St. Louis	MO	23	F	49	4:02	1:21	1:24	226	1:01:40	17.5	1:22	96	24:10	7:07	1:32:36
153	19/32	Adam Brown	Columbia	MO	20	M	8	3:32	1:11	2:17	181	59:43	18.1	1:41	144	25:34	7:32	1:32:45
154	28/71	Gregg Trapp	Clayton	MO	28	M	117	4:31	1:31	1:30	192	1:00:12	17.9	1:34	121	25:04	7:23	1:32:50
155	20/46	Joseph Lammers	Lake St. Louis	MO	41	M	178	4:51	1:37	1:35	182	59:44	18.1	1:09	147	25:37	7:33	1:32:55
156	8/29	Tom Morrison	Aurora	MO	46	M	334	5:50	1:57	2:34	150	58:07	18.6	1:40	115	24:52	7:19	1:33:00
157	9/29	David Willmot	Columbia	MO	46	M	39	3:57	1:19	2:22	184	59:55	18.0	1:36	132	25:15	7:26	1:33:04
158	9/38	Miriam Flouer	Springfield	MO	31	F	60	4:07	1:23	1:49	190	1:00:11	18.0	1:24	148	25:39	7:33	1:33:08
159	9/13	Chris Spencer	St. Louis	MO	19	M	24	3:47	1:16	1:46	148	58:01	18.6	1:20	244	28:22	8:21	1:33:14
160	20/32	Eric Brewer	Maryland Heigh	MO	24	M	107	4:27	1:29	2:26	154	58:24	18.5	1:51	166	26:08	7:41	1:33:14
161	10/38	Stacy Knowlton	University Cit	MO	33	F	176	4:50	1:37	1:23	131	57:19	18.8	1:28	245	28:24	8:22	1:33:22
162	30/70	Thomas Marsh	St. Louis	MO	32	M	147	4:40	1:34	2:01	160	58:35	18.4	1:34	182	26:36	7:50	1:33:24
163	29/71	Brandon Mann	St Louis	MO	29	M	127	4:35	1:32	2:08	130	57:19	18.8	1:26	232	28:00	8:14	1:33:26
164	31/70	Michael Robertson	St Louis	MO	30	M	211	5:00	1:40	1:54	74	53:52	20.1	2:01	313	30:41	9:02	1:33:27
165	30/71	Derek Fishel	Columbia	MO	28	M	173	4:49	1:37	1:33	146	57:58	18.6	1:27	223	27:44	8:10	1:33:30
166	8/38	Heather Bankowski	Kirksville	MO	25	F	241	5:16	1:46	1:06	162	58:38	18.4	1:09	213	27:27	8:05	1:33:34
167	31/71	Kevin Young	Columbia	MO	27	M	175	4:50	1:37	1:41	186	1:00:01	18.0	1:08	162	26:00	7:39	1:33:37
168	10/29	David Sibley	St. Louis	MO	45	M	131	4:36	1:32	1:30	156	58:25	18.5	1:31	222	27:41	8:09	1:33:42
169	11/38	Sally Frischkorn	St. Louis	MO	34	F	253	5:19	1:47	2:01	170	59:07	18.3	1:30	154	25:49	7:36	1:33:45
170	32/70	Randy Horner	Ozark	MO	30	M	17	3:39	1:13	1:46	147	58:01	18.6	1:37	258	28:55	8:31	1:33:56
171	32/71	Brad Rudler	Parkville	MO	27	M	354	6:01	2:01	2:20	178	59:41	18.1	1:14	113	24:46	7:17	1:34:00
172	4/7	Jim Boyt	Springfield	MO	58	M	357	6:02	2:01	1:51	132	57:20	18.8	1:50	197	26:59	7:57	1:34:00
173	33/70	John Stevenson	Quincy	IL	34	M	164	4:47	1:36	2:49	158	58:27	18.5	2:20	151	25:40	7:33	1:34:01
174	33/71	Jeff Delvecchio	Springfield	MO	29	M	279	5:29	1:50	2:12	101	55:51	19.3	1:32	263	29:02	8:33	1:34:04
175	21/46	James Stein	Springfield	MO	42	M	209	5:00	1:40	2:17	204	1:00:42	17.8	1:55	98	24:12	7:08	1:34:05
176	34/71	Adam Jackson	Columbia	MO	26	M	171	4:49	1:37	1:20	177	59:41	18.1	1:25	193	26:54	7:55	1:34:06
177	11/29	William Peterson	Edwardsville	IL	49	M	145	4:40	1:34	1:14	121	57:04	18.9	1:04	296	30:10	8:53	1:34:11
178	22/46	Matthew Lucy	Columbia	MO	41	M	52	4:04	1:22	2:54	189	1:00:10	18.0	2:06	125	25:08	7:24	1:34:20
179	10/13	Braden Pence	Grinnell	IA	19	M	4	3:27	1:09	1:48	169	58:59	18.3	2:08	236	28:05	8:16	1:34:24
180	35/71	Jeff Bridges	Columbia	MO	29	M	215	5:02	1:41	1:47	188	1:00:06	18.0	1:12	169	26:20	7:45	1:34:24
181	4/27	Libby Erkmann	Columbia	MO	23	F	99	4:25	1:29	1:41	139	57:44	18.7	1:01	285	29:51	8:47	1:34:41

182	12/29	Michael Moore	Columbia	MO	47 M	287	5:31	1:51	1:43	183	59:52	18.0	2:10	141	25:30	7:30	1:34:43
183	34/70	Sean Mahoney	St. Louis	MO	32 M	195	4:57	1:39	2:07	126	57:12	18.9	2:15	242	28:17	8:20	1:34:47
184	35/70	Jeff Magsamen	Columbia	MO	30 M	242	5:16	1:46	2:21	106	56:27	19.1	1:55	265	29:09	8:35	1:35:07
185	9/38	Pascha Boyd	Columbia	MO	28 F	184	4:53	1:38	1:46	176	59:40	18.1	1:32	209	27:19	8:02	1:35:08
186	2/24	Lucy Stein	Springfield	MO	36 F	148	4:41	1:34	2:08	201	1:00:38	17.8	1:54	160	25:55	7:38	1:35:13
187	1/11	Carol Gohn	Wildwood	MO	42 F	325	5:47	1:56	2:08	199	1:00:35	17.8	2:05	133	25:15	7:26	1:35:47
188	13/29	Andy Kilhoffer	Millstadt	IL	47 M	300	5:37	1:53	2:00	200	1:00:37	17.8	2:26	134	25:18	7:27	1:35:56
189	19/34	Lance Livesay	Columbia	MO	35 M	352	5:59	2:00	1:25	198	1:00:27	17.9	1:49	173	26:24	7:46	1:36:02
190	36/70	Mark Dietzel	Columbia	MO	33 M	281	5:30	1:50	1:44	167	58:51	18.4	1:25	255	28:46	8:28	1:36:14
191	5/27	Molly Vetter	Columbia	MO	22 F	5	3:29	1:10	2:06	235	1:02:25	17.3	1:10	207	27:16	8:01	1:36:24
192	5/15	Gary Crews	Wildwood	MO	51 M	223	5:07	1:43	2:01	171	59:09	18.3	1:45	247	28:28	8:23	1:36:27
193	37/70	David Liss	Nixa	MO	34 M	197	4:58	1:40	2:37	185	59:58	18.0	1:21	221	27:39	8:08	1:36:31
194	38/70	Dave Erickson	St. Louis	MO	30 M	166	4:48	1:36	1:26	172	59:18	18.2	1:36	274	29:28	8:40	1:36:34
195	10/38	Tonya Ehlmann	O\Fallon	MO	27 F	454	7:15	2:25	1:41	202	1:00:39	17.8	1:55	130	25:11	7:25	1:36:37
196	39/70	Steve Bishop	Troy	MO	32 M	193	4:56	1:39	1:39	240	1:02:46	17.2	1:42	152	25:40	7:23	1:36:41
197	36/71	Bill Roth	California	MO	27 M	168	4:48	1:36	1:43	246	1:03:23	17.0	1:41	131	25:14	7:26	1:36:47
198	11/38	Mary Sundy	St. Louis	MO	26 F	62	4:08	1:23	1:10	143	57:53	18.7	1:28	375	32:15	9:30	1:36:51
199	3/24	Leslie Topping	St Louis	MO	37 F	273	5:27	1:49	2:51	159	58:29	18.5	2:07	234	28:02	8:15	1:36:54
200	12/38	Rebecca Baker	Springfield	MO	34 F	290	5:34	1:52	1:54	212	1:01:11	17.7	1:43	205	27:11	8:00	1:37:30
201	23/46	Ed Rollins	Columbia	MO	43 M	167	4:48	1:36	1:49	215	1:01:16	17.6	2:00	226	27:48	8:11	1:37:39
202	20/34	Douglas Wynd	Chesterfield	MO	36 M	222	5:05	1:42	1:41	194	1:00:14	17.9	1:45	259	28:56	8:31	1:37:39
203	12/38	Jennifer Larson	Ankeny	IA	25 F	339	5:52	1:58	1:52	222	1:01:37	17.5	1:20	204	27:07	7:59	1:37:46
204	40/70	Albie Micklish	Lincoln	NE	33 M	232	5:11	1:44	3:18	207	1:00:53	17.7	2:10	170	26:21	7:45	1:37:50
205	21/32	Marshall Rader	Maryland Heigh	MO	22 M	270	5:24	1:48	3:12	228	1:01:46	17.5	1:07	174	26:25	7:47	1:37:54
206	6/15	Steve Baurichter	Columbia	MO	51 M	320	5:45	1:55	3:13	179	59:41	18.1	1:55	220	27:39	8:08	1:38:11
207	13/38	Christy Fuston	Kansas City	MO	30 F	260	5:22	1:48	1:16	257	1:04:11	16.8	1:22	172	26:23	7:46	1:38:32
208	21/34	Jeffrey Sadowsky	St. Louis	MO	39 M	202	4:58	1:40	1:54	239	1:02:32	17.3	1:51	214	27:30	8:06	1:38:43
209	14/29	Glenn Good	Columbia	MO	48 M	122	4:33	1:31	2:04	196	1:00:24	17.9	1:40	298	30:12	8:53	1:38:51
210	37/71	Daniel Bullock	Fayetteville	AR	27 M	289	5:34	1:52	1:14	165	58:43	18.4	2:03	338	31:21	9:14	1:38:54
211	24/46	Patrick Bowden	St. Louis	MO	42 M	180	4:52	1:38	1:45	242	1:02:57	17.2	1:52	216	27:33	8:07	1:38:57
212	11/13	Joel Elden	Freeburg	IL	15 M	45	3:59	1:20	1:02	231	1:02:10	17.4	1:06	319	30:47	9:04	1:39:01
213	41/70	James Matz	Troy	IL	32 M	128	4:36	1:32	2:16	208	1:00:56	17.7	1:48	277	29:33	8:42	1:39:07
214	38/71	David Smith	Columbia	MO	25 M	237	5:14	1:45	2:41	211	1:01:06	17.7	2:12	229	27:56	8:13	1:39:07
215	1/9	Tanya Crews	Wildwood	MO	47 F	100	4:25	1:29	1:21	221	1:01:35	17.5	1:30	307	30:37	9:01	1:39:27
216	6/27	Camy Haugh	Columbia	MO	24 F	318	5:45	1:55	1:26	224	1:01:38	17.5	1:26	268	29:16	8:37	1:39:29
217	42/70	Daniel Pittman	Grain Valley	MO	31 M	124	4:34	1:32	2:05	279	1:04:49	16.7	1:06	203	27:03	7:58	1:39:35
218	2/11	Nancy Mitchell	Bonne Terre	MO	44 F	372	6:12	2:04	1:47	193	1:00:12	17.9	1:35	290	30:05	8:51	1:39:49
219	39/71	Stephen Hahn	St. Louis	MO	27 M	113	4:30	1:30	3:24	259	1:04:13	16.8	1:16	183	26:41	7:51	1:40:02
220	15/29	Donald Corwin	Columbia	MO	45 M	353	6:00	2:00	3:22	191	1:00:12	17.9	3:46	184	26:46	7:53	1:40:04
221	43/70	Peter Fischer	St. Louis	MO	32 M	96	4:24	1:28	2:09	253	1:03:57	16.9	2:03	219	27:38	8:08	1:40:11
222	22/32	Brad Bangs	Doniphan	NE	23 M	203	4:59	1:40	1:38	347	1:08:39	15.7	0:56	92	24:05	7:05	1:40:14
223	14/38	Sara Henson	Ballwin	MO	32 F	102	4:26	1:29	2:16	258	1:04:13	16.8	1:16	237	28:10	8:17	1:40:18
224	13/38	Polly Sisemore	St. Louis	MO	26 F	227	5:09	1:43	1:53	300	1:05:40	16.5	1:36	165	26:03	7:40	1:40:19
225	14/38	Lindsey Knoten	Clayton	MO	25 F	351	5:59	2:00	1:03	275	1:04:40	16.7	1:21	211	27:22	8:03	1:40:23
226	22/34	Ken Hammond	Blue Grass	IA	36 M	268	5:24	1:48	1:29	238	1:02:28	17.3	1:50	270	29:18	8:37	1:40:27
227	40/71	Garry LaBelle	Belton	MO	27 M	295	5:36	1:52	2:09	220	1:01:34	17.5	1:35	278	29:40	8:44	1:40:32
228	41/71	Edward Rataj	St. Louis	MO	28 M	201	4:58	1:40	2:38	213	1:01:12	17.7	2:09	280	29:42	8:44	1:40:37

229	3/11	Mary Terwelp	Quincy	IL	43	F	387	6:20	2:07	2:28	214	1:01:13	17.6	2:28	239	28:10	8:18	1:40:38
230	25/46	Steve Edler	St. Louis	MO	41	M	280	5:30	1:50	1:48	203	1:00:41	17.8	2:05	317	30:46	9:03	1:40:47
231	44/70	David Pessin	St. Charles	MO	32	M	229	5:10	1:44	1:52	232	1:02:16	17.3	2:12	271	29:20	8:38	1:40:47
232	23/34	Darren Savage	LaCygne	KS	37	M	438	7:00	2:20	2:02	250	1:03:47	16.9	1:19	190	26:50	7:54	1:40:56
233	26/46	Eric Rosenhauer	Columbia	MO	43	M	190	4:55	1:39	2:32	205	1:00:46	17.8	2:03	315	30:45	9:03	1:40:59
234	7/27	Lindsey Borgstadt	Columbia	MO	24	F	445	7:08	2:23	3:22	268	1:04:33	16.7	1:13	111	24:45	7:17	1:40:59
235	27/46	Ken Cameron	Kansas City	MO	42	M	324	5:46	1:56	2:24	282	1:04:53	16.6	1:45	175	26:25	7:47	1:41:11
236	24/34	Carlos Falcon	Keokuk	IA	38	M	189	4:55	1:39	2:17	244	1:03:16	17.1	1:29	269	29:16	8:37	1:41:12
237	42/71	Spencer Ehlers	Ames	IA	25	M	421	6:40	2:14	1:35	218	1:01:30	17.6	2:07	272	29:25	8:40	1:41:15
238	1/4	Mike Shifman	Lenexa	KS	64	M	391	6:23	2:08	2:00	180	59:41	18.1	2:09	336	31:09	9:10	1:41:21
239	23/32	Thomas Wall	Columbia	MO	23	M	345	5:54	1:58	2:51	241	1:02:54	17.2	0:59	260	28:58	8:31	1:41:33
240	28/46	Jim Lenz	St. Louis	MO	41	M	356	6:02	2:01	1:51	245	1:03:16	17.1	1:47	253	28:41	8:27	1:41:35
241	8/27	Alicia Bartz	Johnston	IA	23	F	338	5:51	1:57	1:46	265	1:04:32	16.7	1:01	248	28:33	8:24	1:41:41
242	7/15	Doug Edwards	Kansas City	MO	51	M	426	6:47	2:16	1:44	234	1:02:25	17.3	2:12	251	28:37	8:25	1:41:43
243	43/71	Jason Cline	Fulton	MO	25	M	200	4:58	1:40	1:27	255	1:02:07	16.8	1:36	281	29:43	8:45	1:41:49
244	29/46	Mike Lamphear	Ozark	MO	43	M	32	3:53	1:18	2:06	227	1:01:46	17.5	1:59	371	32:08	9:27	1:41:50
245	4/24	Thesesa Hodges	Bellevue	NE	36	F	321	5:45	1:55	1:25	195	1:00:15	17.9	2:40	357	31:49	9:22	1:41:52
246	24/32	Mark Durst	Columbia	MO	20	M	420	6:40	2:14	1:59	325	1:07:16	16.1	1:43	99	24:17	7:09	1:41:53
247	44/71	Brad Culberson	Maryland Heigh	MO	25	M	218	5:03	1:41	1:54	210	1:01:05	17.7	1:27	379	32:29	9:31	1:41:55
248	25/32	Lee Clinton	Columbia	MO	24	M	407	6:30	2:10	4:11	266	1:04:32	16.7	1:16	145	25:36	7:32	1:42:03
249	16/29	Tom Hankins	St. Louis	MO	47	M	316	5:44	1:55	1:48	216	1:01:21	17.6	1:36	362	31:54	9:23	1:42:21
250	26/32	Tim Chudy	Springfield	MO	21	M	81	4:17	1:26	2:10	356	1:09:28	15.6	0:57	143	25:33	7:31	1:42:23
251	25/34	William Rich	Swansea	IL	37	M	315	5:44	1:55	3:55	230	1:02:04	17.4	4:16	177	26:28	7:47	1:42:25
252	15/38	Julie Schloss	St. Louis	MO	27	F	84	4:18	1:26	2:02	333	1:07:51	15.9	1:29	186	26:48	7:53	1:42:25
253	15/38	Andria Miller	Richmonds Heig	MO	30	F	408	6:30	2:10	1:53	298	1:05:38	16.5	1:38	196	26:57	7:56	1:42:35
254	4/11	Melissa Lorenz	St. Louis	MO	41	F	329	5:49	1:57	1:43	285	1:04:58	16.6	2:23	225	27:47	8:11	1:42:38
255	27/32	Chris Straatmann	Union	MO	24	M	263	5:23	1:48	3:51	280	1:04:49	16.7	1:51	188	26:49	7:54	1:42:41
256	45/71	Rick Kuehn	St. Louis	MO	26	M	204	4:59	1:40	2:18	248	1:03:28	17.0	2:26	279	29:41	8:44	1:42:49
257	16/38	Tricia Brock	Des Moines	IA	30	F	142	4:39	1:33	1:42	174	59:25	18.2	2:25	414	34:43	10:13	1:42:52
258	30/46	Mike Tripp	Columbia	MO	43	M	382	6:18	2:06	2:46	353	1:09:22	15.6	1:21	63	23:16	6:51	1:43:01
259	31/46	Tom Spurling	Columbia	MO	41	M	224	5:08	1:43	2:21	254	1:04:02	16.9	2:08	273	29:27	8:40	1:43:04
260	9/27	Sarah Gabel	Ames	IA	23	F	135	4:37	1:33	2:29	335	1:07:59	15.9	1:03	200	27:01	7:57	1:43:07
261	45/70	David Peterson	Ames	IA	33	M	299	5:37	1:53	2:37	236	1:02:27	17.3	2:59	276	29:31	8:41	1:43:09
262	46/71	Tony Schmitz	Johnston	IA	27	M	311	5:43	1:55	2:09	286	1:05:09	16.6	1:32	254	28:43	8:27	1:43:14
263	2/9	Mary Goss	Springfield	MO	45	F	374	6:13	2:05	2:21	251	1:03:51	16.9	1:46	264	29:07	8:34	1:43:15
264	32/46	Greg Wood	Springfield	MO	42	M	330	5:49	1:57	2:36	197	1:00:26	17.9	2:58	346	31:31	9:17	1:43:18
265	47/71	Craig Harrison	Maryville	IL	26	M	257	5:21	1:47	2:15	321	1:07:03	16.1	1:48	202	27:02	7:57	1:43:26
266	48/71	Jake Dodson	Austin	TX	27	M	413	6:36	2:12	2:33	271	1:04:33	16.7	1:38	238	28:10	8:17	1:43:28
267	5/24	Karen Pressley	Columbia	MO	37	F	327	5:48	1:56	1:46	289	1:05:15	16.6	1:30	267	29:11	8:35	1:43:29
268	26/34	Chuck Ewing	Holts Summit	MO	37	M	446	7:08	2:23	3:17	249	1:03:30	17.0	1:08	246	28:27	8:22	1:43:29
269	46/70	Pat Karlin	Lawrence	KS	33	M	272	5:26	1:49	3:43	291	1:05:23	16.5	3:14	156	25:51	7:36	1:43:35
270	47/70	Travis Hild	Kansas City	MO	31	M	185	4:53	1:38	2:04	276	1:04:42	16.7	1:33	303	30:28	8:58	1:43:38
271	27/34	Stephen Vogel	East Alton	IL	37	M	182	4:52	1:38	1:34	281	1:04:51	16.7	1:23	339	31:21	9:14	1:44:00
272	17/29	Mike Powers	Ballwin	MO	47	M	368	6:06	2:02	2:13	306	1:06:19	16.3	1:27	233	28:01	8:15	1:44:04
273	3/9	Patty Shafer	Springfield	IL	45	F	335	5:50	1:57	1:31	313	1:06:40	16.2	1:18	256	28:49	8:29	1:44:06
274	49/71	Matt Evans	Lake St. Louis	MO	25	M	210	5:00	1:40	2:01	345	1:08:32	15.8	2:01	185	26:48	7:53	1:44:20
275	4/9	Deborah Stoll	Hannibal	MO	45	F	284	5:30	1:50	1:27	267	1:04:32	16.7	1:52	331	31:02	9:08	1:44:22

276	17/38	Karen Cattaneo	Marlyand Heigh	MO	31	F	44	3:59	1:20	1:51	278	1:04:48	16.7	1:13	382	32:43	9:38	1:44:31
277	18/38	Lisa Dyroff	Columbia	MO	31	F	307	5:41	1:54	1:48	260	1:04:14	16.8	1:31	340	31:23	9:14	1:44:35
278	50/71	Chris Hass	St. Louis	MO	27	M	430	6:51	2:17	1:53	308	1:06:24	16.3	1:41	227	27:49	8:11	1:44:37
279	16/38	Christa Thompson	Columbia	MO	27	F	12	3:35	1:12	2:02	292	1:05:29	16.5	1:42	360	31:53	9:23	1:44:39
280	18/29	Jon Rosen	Columbia	MO	49	M	243	5:16	1:46	2:08	307	1:06:24	16.3	2:41	241	28:17	8:19	1:44:44
281	48/70	Richard Pigg	springfield	MO	33	M	349	5:56	1:59	1:29	233	1:02:21	17.3	1:17	400	33:46	9:56	1:44:47
282	19/29	Paul Milligan	High Ridge	MO	45	M	350	5:57	1:59	3:33	247	1:03:27	17.0	1:46	292	30:06	8:52	1:44:48
283	28/32	Steve Perkins	Columbia	MO	22	M	181	4:52	1:38	1:55	262	1:04:14	16.8	2:07	351	31:42	9:20	1:44:49
284	5/7	Paul Darnell	Buffalo	MO	55	M	383	6:18	2:06	2:53	229	1:01:49	17.5	1:36	377	32:19	9:31	1:44:53
285	51/71	Jason Pellin	Union	MO	27	M	250	5:18	1:46	3:06	317	1:06:52	16.2	1:47	235	28:02	8:15	1:45:03
286	19/38	Trudy Larrew	Edwardsville	IL	33	F	63	4:08	1:23	2:10	329	1:07:30	16.0	2:18	261	28:59	8:32	1:45:03
287	33/46	Mike Lynch	Olathe	KS	44	M	388	6:20	2:07	3:24	217	1:01:21	17.6	2:06	361	31:54	9:23	1:45:04
288	12/13	Alexander Kerford	St. Louis	MO	19	M	111	4:29	1:30	2:48	252	1:03:51	16.9	1:28	381	32:31	9:34	1:45:04
289	6/24	Robin Ronney	Edwardsville	IL	38	F	406	6:29	2:10	2:03	343	1:08:24	15.8	1:45	176	26:26	7:47	1:45:05
290	49/70	Sam Tahhan	Springfield	MO	30	M	393	6:25	2:09	2:08	369	1:10:38	15.3	1:02	116	24:53	7:20	1:45:05
291	5/11	Alane Carder	St. Louis	MO	41	F	308	5:42	1:54	2:19	223	1:01:37	17.5	1:59	398	33:38	9:54	1:45:12
292	52/71	Ryan Hartman	Mission	KS	25	M	140	4:39	1:33	2:06	270	1:04:33	16.7	2:00	370	32:07	9:27	1:45:23
293	7/24	Barbara Busiek	Nixa	MO	37	F	422	6:43	2:15	2:15	263	1:04:14	16.8	2:04	294	30:08	8:52	1:45:23
294	17/38	Jen Horton	Columbia	MO	29	F	293	5:35	1:52	1:40	283	1:04:57	16.6	2:42	305	30:32	8:59	1:45:23
295	18/38	Sarah Schlagenhauf	Kansas City	MO	28	F	386	6:20	2:07	1:27	284	1:04:57	16.6	2:04	311	30:40	9:02	1:45:26
296	29/32	Dan Bartell	Grinnell	IA	21	M	20	3:44	1:15	3:13	269	1:04:33	16.7	1:57	366	32:03	9:26	1:45:27
297	50/70	Brian Bachelier	Clayton	MO	30	M	169	4:48	1:36	2:28	303	1:06:15	16.3	1:02	333	31:03	9:08	1:45:34
298	19/38	Angela Passanise	Columbia	MO	29	F	286	5:30	1:50	3:02	243	1:03:06	17.1	2:58	332	31:02	9:08	1:45:36
299	6/11	Leslie Matthews	Columbia	MO	40	F	342	5:52	1:58	2:58	273	1:04:38	16.7	1:48	302	30:28	8:58	1:45:43
300	34/46	R. Brent Young	Columbia	MO	41	M	398	6:27	2:09	1:39	309	1:06:27	16.3	1:19	286	30:00	8:50	1:45:49
301	51/70	Shane Bower	Columbia	MO	32	M	261	5:22	1:48	2:34	256	1:04:07	16.8	2:15	350	31:41	9:19	1:45:57
302	28/34	Bradley Nielsen	Shawnee	KS	38	M	162	4:47	1:36	2:15	297	1:05:37	16.5	1:58	341	31:24	9:14	1:46:00
303	20/38	Michelle Lacey	St. Charles	MO	33	F	361	6:06	2:02	2:47	370	1:10:48	15.3	1:22	129	25:10	7:25	1:46:10
304	1/4	Mollie Smee	Ferguson	MO	15	F	47	4:00	1:20	1:18	339	1:08:04	15.9	1:34	342	31:25	9:15	1:46:19
305	8/24	Lynda Snyder	Leavenworth	KS	37	F	397	6:26	2:09	2:05	331	1:07:40	16.0	2:11	231	28:00	8:14	1:46:20
306	52/70	William Brooks	Gladstone	MO	32	M	313	5:44	1:55	2:59	296	1:05:35	16.5	2:00	293	30:07	8:52	1:46:22
307	10/27	Jessica Critchlow	Austin	TX	24	F	340	5:52	1:58	1:55	337	1:08:01	15.9	1:08	275	29:31	8:41	1:46:25
308	53/71	Mark George	Troy	MO	28	M	230	5:11	1:44	3:35	277	1:04:45	16.7	2:18	322	30:48	9:04	1:46:35
309	54/71	Mark Hey	St. Louis	MO	25	M	469	7:54	2:38	2:52	346	1:08:39	15.7	2:29	112	24:45	7:17	1:46:37
310	55/71	Josh Kell	St. Louis	MO	25	M	291	5:34	1:52	1:32	316	1:06:44	16.2	1:57	327	30:56	9:06	1:46:41
311	21/38	Maggie Johnston	Columbia	MO	32	F	396	6:26	2:09	2:23	299	1:05:40	16.5	2:13	289	30:03	8:51	1:46:43
312	53/70	Brian Mansker	Ozark	MO	30	M	276	5:28	1:50	1:05	237	1:02:28	17.3	1:16	433	36:37	10:46	1:46:51
313	1/6	Debbie Stiles	St. Louis	MO	53	F	360	6:03	2:01	1:55	323	1:07:06	16.1	1:52	288	30:02	8:50	1:46:56
314	8/15	Mark Geiger	Fulton	MO	52	M	125	4:35	1:32	3:32	293	1:05:29	16.5	3:19	295	30:08	8:52	1:47:01
315	54/70	Jeff Epstein	Olathe	KS	30	M	233	5:12	1:44	2:28	315	1:06:44	16.2	2:33	297	30:11	8:53	1:47:06
316	35/46	Joseph Banasik	Springfield	MO	40	M	399	6:27	2:09	2:58	288	1:05:15	16.6	1:40	324	30:52	9:05	1:47:11
317	22/38	Kimberly Butler	Kirkwood	MO	31	F	414	6:37	2:13	2:11	287	1:05:11	16.6	2:21	325	30:53	9:05	1:47:11
318	2/6	Linda Kilhoffer	Millstadt	IL	51	F	275	5:27	1:49	1:38	311	1:06:30	16.2	2:00	349	31:40	9:19	1:47:13
319	56/71	Aaron Sansone	Brentwood	MO	29	M	196	4:57	1:39	2:24	264	1:04:17	16.8	2:00	402	33:53	9:58	1:47:29
320	9/24	Patricia Halferty	Columbia	MO	36	F	288	5:32	1:51	1:52	305	1:06:19	16.3	2:16	359	31:51	9:22	1:47:48
321	10/24	Ann Marie Grus	Kirkwood	MO	35	F	375	6:15	2:05	2:45	295	1:05:35	16.5	2:38	314	30:41	9:02	1:47:51
322	55/70	Trent Wanamaker	Sedalia	MO	31	M	194	4:57	1:39	2:47	358	1:09:37	15.5	1:29	266	29:10	8:35	1:47:57

323	2/4	Bill Bush	Springfield	MO	61	M	371	6:11	2:04	2:17	310	1:06:29	16.2	2:06	335	31:06	9:09	1:48:08
324	20/38	Julia Grus	Columbia	MO	29	F	92	4:23	1:28	2:42	348	1:08:52	15.7	1:27	323	30:52	9:05	1:48:15
325	56/70	Don Simakoff	St. Louis	MO	34	M	458	7:24	2:28	3:11	261	1:04:14	16.8	1:57	353	31:44	9:20	1:48:27
326	57/71	Jim Cunningham	Maryville	IL	28	M	395	6:26	2:09	3:16	373	1:11:02	15.2	1:02	191	26:51	7:54	1:48:35
327	36/46	Andrew Poag	St. Louis	MO	41	M	256	5:20	1:47	2:48	302	1:06:01	16.4	1:46	384	32:45	9:38	1:48:38
328	21/38	Kadiee Drechsel	Columbia	MO	25	F	91	4:22	1:28	2:16	364	1:10:03	15.4	1:17	321	30:47	9:04	1:48:43
329	1/1	Oakland De Moss	Fort Smith	AK	73	M	463	7:37	2:33	2:09	301	1:05:52	16.4	1:40	352	31:42	9:20	1:48:58
330	11/24	Kelly Franklin	Ballwin	MO	37	F	90	4:22	1:28	1:49	327	1:07:28	16.0	1:12	406	34:09	10:03	1:48:58
331	57/70	Jason Ulrich	St. Louis	MO	31	M	87	4:20	1:27	2:25	379	1:11:24	15.1	1:56	257	28:55	8:31	1:48:59
332	11/27	Amanda Rhoades	Columbia	MO	21	F	51	4:03	1:21	1:37	294	1:05:32	16.5	0:58	437	36:51	10:51	1:49:00
333	30/32	Kevin Sievers	Columbia	MO	20	M	120	4:33	1:31	2:43	391	1:12:37	14.9	2:15	201	27:02	7:57	1:49:08
334	3/6	Cindy Noel	Rolla	MO	50	F	433	6:56	2:19	1:36	318	1:06:52	16.2	1:59	358	31:51	9:22	1:49:11
335	37/46	Russell Jackson	Columbia	MO	44	M	442	7:06	2:22	2:02	328	1:07:29	16.0	1:47	330	30:59	9:07	1:49:20
336	58/70	Matt Hake	Columbia	MO	34	M	271	5:25	1:49	2:02	362	1:09:57	15.4	1:07	326	30:56	9:06	1:49:25
337	38/46	Nick Wehmeier	Chesterfield	MO	42	M	364	6:06	2:02	2:22	320	1:07:01	16.1	1:55	373	32:09	9:28	1:49:31
338	12/27	Martha Strain	Kansas City	MO	24	F	301	5:38	1:53	2:09	387	1:12:07	15.0	1:05	249	28:35	8:25	1:49:32
339	58/71	Timothy Schloss	St. Louis	MO	25	M	312	5:43	1:55	2:10	334	1:07:52	15.9	1:49	364	32:02	9:26	1:49:34
340	5/9	Kathleen Mattis	St. Louis	MO	46	F	447	7:10	2:24	2:11	336	1:08:01	15.9	1:44	308	30:37	9:01	1:49:41
341	59/70	Patrick Brennan	Columbia	MO	32	M	231	5:11	1:44	3:34	361	1:09:52	15.5	1:05	287	30:01	8:50	1:49:42
342	6/7	David Cruzan	St. Louis	MO	59	M	326	5:47	1:56	2:41	225	1:01:39	17.5	2:49	435	36:48	10:50	1:49:42
343	59/71	Brent Spiczka	St. Louis	MO	25	M	159	4:46	1:36	2:26	352	1:09:13	15.6	2:25	328	30:56	9:06	1:49:45
344	60/70	Richard Reisdorf	Columbia	MO	33	M	440	7:03	2:21	2:08	377	1:11:09	15.2	1:19	240	28:13	8:18	1:49:49
345	23/38	Pam Hoffer	Columbia	MO	33	F	282	5:30	1:50	1:27	365	1:10:04	15.4	1:21	345	31:30	9:16	1:49:50
346	22/38	Kris Kammerer	St. Louis	MO	28	F	359	6:03	2:01	1:58	274	1:04:39	16.7	1:49	422	35:27	10:26	1:49:54
347	24/38	Danna Squires	St. Louis	MO	32	F	456	7:16	2:26	1:52	344	1:08:24	15.8	1:51	310	30:39	9:01	1:50:01
348	39/46	Robert Cannon	St. Louis	MO	41	M	429	6:51	2:17	4:59	272	1:04:37	16.7	3:51	291	30:05	8:51	1:50:21
349	61/70	Matthew Sweetwood	Columbia	MO	32	M	130	4:36	1:32	2:48	367	1:10:27	15.3	1:22	343	31:25	9:15	1:50:37
350	62/70	Jeff Osborn	West Des Moine	IA	32	M	437	6:59	2:20	3:23	322	1:07:04	16.1	2:01	354	31:44	9:20	1:51:09
351	29/34	Scott Atkinson	Springfield	MO	38	M	240	5:16	1:46	3:15	357	1:09:32	15.5	2:16	329	30:58	9:07	1:51:15
352	13/27	Jennifer Dziuvenis	Olathe	KS	22	F	33	3:53	1:18	1:32	312	1:06:32	16.2	2:10	443	37:18	10:59	1:51:23
353	60/71	Christopher Hart	St. Louis	MO	26	M	362	6:06	2:02	3:06	392	1:12:39	14.9	2:41	198	27:00	7:57	1:51:29
354	14/27	Kirstin Nilles	St. Louis	MO	24	F	306	5:41	1:54	2:56	372	1:10:56	15.2	1:26	312	30:40	9:02	1:51:37
355	23/38	Brenda Holland	St. Charles	MO	29	F	358	6:02	2:01	2:59	290	1:05:18	16.5	2:36	416	34:51	10:15	1:51:44
356	15/27	Tara Lafferty	Ava	MO	20	F	219	5:04	1:42	2:51	349	1:08:54	15.7	2:40	378	32:20	9:31	1:51:45
357	4/6	Kathi Langlands	Kansas City	MO	50	F	264	5:24	1:48	2:31	332	1:07:41	16.0	2:27	401	33:50	9:58	1:51:50
358	61/71	Rick Winslow	Liberty	MO	29	M	151	4:43	1:35	1:44	326	1:07:25	16.0	2:18	424	35:55	10:34	1:52:02
359	40/46	Bennett Frank	St. Louis	MO	41	M	228	5:10	1:44	5:46	304	1:06:18	16.3	4:20	304	30:31	8:59	1:52:03
360	9/15	Rick Bender	Chesterfield	MO	53	M	252	5:19	1:47	2:46	342	1:08:23	15.8	2:00	397	33:37	9:54	1:52:03
361	41/46	Scott Schlagenhauf	Columbia	MO	40	M	225	5:09	1:43	2:25	355	1:09:24	15.6	1:46	395	33:23	9:49	1:52:04
362	30/34	Philippe Brenton	St. Louis	MO	35	M	249	5:18	1:46	2:35	380	1:11:25	15.1	1:19	348	31:39	9:19	1:52:14
363	25/38	Jennifer Reisdorf	Columbia	MO	30	F	389	6:22	2:08	2:24	404	1:14:01	14.6	1:18	243	28:21	8:21	1:52:23
364	20/29	Shane Trafton	St. Louis	MO	46	M	405	6:29	2:10	2:23	383	1:11:31	15.1	1:24	316	30:45	9:03	1:52:31
365	26/38	Alison Bryant	Columbia	MO	32	F	366	6:06	2:02	2:45	359	1:09:44	15.5	1:14	388	32:59	9:42	1:52:46
366	31/34	Frank Pfau	St. Louis	MO	36	M	68	4:11	1:24	4:37	401	1:13:27	14.7	2:02	252	28:40	8:26	1:52:54
367	62/71	Steven Kunkel	St. Louis	MO	25	M	394	6:26	2:09	2:18	330	1:07:37	16.0	1:14	421	35:25	10:25	1:52:58
368	63/70	Chad Perrigo	Overland Park	KS	30	M	192	4:55	1:39	2:28	430	1:17:10	14.0	1:59	181	26:35	7:49	1:53:05
369	27/38	Stacy Lupher	St. Louis	MO	33	F	310	5:42	1:54	2:06	338	1:08:03	15.9	2:34	415	34:46	10:14	1:53:09

370	12/24	Nancy Banasik	Springfield	MO	38	F	401	6:28	2:10	3:09	360	1:09:46	15.5	1:38	376	32:18	9:30	1:53:17
371	24/38	Janice Hickman	Columbia	MO	26	F	146	4:40	1:34	3:11	354	1:09:23	15.6	2:12	404	33:59	10:00	1:53:23
372	16/27	Nina Weisenhorn	Columbia	MO	20	F	344	5:53	1:58	2:24	420	1:16:06	14.2	1:13	230	27:59	8:14	1:53:33
373	13/24	T.J. Moore	Knob Noster	MO	38	F	432	6:54	2:18	1:45	395	1:13:12	14.8	1:25	301	30:21	8:56	1:53:36
374	13/13	Adam Trafton	St. Louis	MO	15	M	23	3:45	1:15	2:45	376	1:11:04	15.2	2:04	405	34:00	10:00	1:53:37
375	10/15	Vincent Croghan	St. Louis	MO	54	M	409	6:31	2:11	3:31	314	1:06:41	16.2	2:11	417	34:51	10:15	1:53:43
376	28/38	Maria McMahon	Columbia	MO	34	F	425	6:46	2:16	3:09	414	1:15:24	14.3	1:28	199	27:01	7:57	1:53:45
377	21/29	Steven Lipstein	St. Louis	MO	46	M	259	5:22	1:48	3:38	366	1:10:04	15.4	3:10	347	31:37	9:18	1:53:48
378	17/27	Kim Theodore	Grinnell	IA	20	F	82	4:17	1:26	2:14	378	1:11:16	15.2	1:27	413	34:42	10:13	1:53:54
379	42/46	Hal Simons	Paola	KS	44	M	365	6:06	2:02	3:14	340	1:08:05	15.9	2:03	410	34:29	10:09	1:53:55
380	63/71	Ed Lampitt	Kirkwood	MO	27	M	309	5:42	1:54	2:37	426	1:16:57	14.0	1:34	215	27:31	8:06	1:54:17
381	22/29	Ted Blume	Omaha	NE	45	M	384	6:19	2:07	2:31	423	1:16:15	14.2	2:24	194	26:54	7:55	1:54:21
382	1/1	John Schimweg	St. Charles	MO	68	M	470	7:56	2:39	2:43	363	1:09:59	15.4	1:25	383	32:43	9:38	1:54:43
383	14/24	Therese Meyer	Springfield	IL	35	F	392	6:25	2:09	2:46	398	1:13:22	14.7	2:26	282	29:46	8:46	1:54:44
384	32/34	Robert Gilot	St. Peters	MO	37	F	217	5:03	1:41	2:56	409	1:14:29	14.5	1:09	344	31:29	9:16	1:54:04
385	23/29	Dennis Barts	Moberly	MO	49	M	423	6:43	2:15	2:45	368	1:10:28	15.3	2:18	385	32:53	9:41	1:55:06
386	29/38	Jane Frazier	St. Charles	MO	34	F	431	6:54	2:18	3:05	388	1:12:17	14.9	2:21	306	30:35	9:00	1:55:09
387	18/27	Meridith McAvoy	St. Louis	MO	23	F	302	5:39	1:53	2:28	399	1:13:23	14.7	1:38	368	32:07	9:27	1:55:13
388	30/38	Megan Phillips	St. Louis	MO	31	F	336	5:50	1:57	3:08	393	1:12:56	14.8	1:32	374	32:12	9:29	1:55:36
389	64/71	Jim Foster	Fort Collins	CO	29	M	208	4:59	1:40	4:14	341	1:08:07	15.9	2:04	430	36:24	10:43	1:55:46
390	6/9	Cherri Croghan	St. Louis	MO	49	F	412	6:36	2:12	2:59	319	1:06:54	16.1	2:13	442	37:14	10:57	1:55:55
391	33/34	Dayton Grover	Ashland	MO	37	M	443	7:07	2:23	2:52	429	1:17:05	14.0	2:46	168	26:18	7:44	1:56:06
392	7/7	Bob Bailey	Columbia	MO	55	M	439	7:00	2:20	3:09	402	1:13:40	14.7	2:19	299	30:13	8:54	1:56:19
393	2/4	Lisa Gallion	Ozark	MO	19	F	370	6:09	2:03	2:04	425	1:16:52	14.1	1:08	300	30:16	8:54	1:56:26
394	65/71	Clayton Lull	Woodbridge	VA	25	M	337	5:50	1:57	2:55	381	1:11:26	15.1	2:05	408	34:29	10:09	1:56:43
395	25/38	Kathryn Kearney	St. Louis	MO	29	F	31	3:51	1:17	2:17	396	1:13:13	14.8	1:16	427	36:17	10:41	1:56:52
396	34/34	Brian Davis	Olathe	KS	36	M	404	6:29	2:10	3:14	351	1:09:10	15.6	2:44	420	35:23	10:25	1:56:58
397	15/24	Caroline Cue	Columbia	MO	36	F	331	5:49	1:57	3:05	394	1:12:58	14.8	2:42	380	32:29	9:34	1:57:00
398	26/38	Allison Gluck	Webster Groves	MO	25	F	134	4:37	1:33	3:03	324	1:07:11	16.1	2:46	458	39:37	11:39	1:57:12
399	16/24	Kelly O'Hanlon	Chesterfield	MO	39	F	435	6:57	2:19	2:42	400	1:13:26	14.7	1:20	389	33:05	9:44	1:57:29
400	66/71	Alex Kulczycki	St. Louis	MO	29	M	296	5:36	1:52	3:25	375	1:11:03	15.2	3:48	399	33:39	9:54	1:57:29
401	67/71	Michael Thompson	Columbia	MO	26	M	323	5:46	1:56	2:59	389	1:12:27	14.9	1:42	412	34:41	10:12	1:57:33
402	27/38	Allison Cunningham	Maryville	IL	27	F	341	5:52	1:58	2:33	421	1:16:06	14.2	2:04	334	31:04	9:09	1:57:37
403	31/38	Sonja Geltner	Kansas City	MO	34	F	346	5:55	1:59	1:17	384	1:11:53	15.0	1:53	434	36:42	10:48	1:57:39
404	28/38	Jennifer Farrell	Ft. Collins	CO	25	F	198	4:58	1:40	2:48	417	1:15:29	14.3	1:37	392	33:12	9:46	1:58:02
405	17/24	Laura Dye	Columbia	MO	35	F	381	6:18	2:06	1:57	385	1:11:57	15.0	2:19	423	35:39	10:29	1:58:07
406	68/71	Stef Sano	St. Louis	MO	28	M	457	7:23	2:28	3:59	374	1:11:03	15.2	2:37	394	33:21	9:49	1:58:22
407	64/70	Jeb Blasingame	Collinsville	IL	34	M	378	6:16	2:06	2:39	418	1:15:37	14.3	1:51	365	32:02	9:26	1:58:23
408	24/29	John Gibbs	Moberly	MO	49	M	390	6:23	2:08	1:54	350	1:09:06	15.6	2:20	452	39:11	11:32	1:58:52
409	69/71	James Hickam	Maryville	IL	28	M	343	5:53	1:58	3:11	428	1:17:02	14.0	1:00	356	31:48	9:22	1:58:53
410	7/11	Koral Martin	Carthage	MO	41	F	278	5:29	1:50	1:49	407	1:14:25	14.5	1:48	428	36:20	10:41	1:59:48
411	25/29	Dan Schoenleber	Columbia	MO	46	M	448	7:11	2:24	2:18	403	1:13:51	14.6	1:47	419	34:56	10:17	1:59:59
412	7/9	Susan Strozewski	Fair Grove	MO	45	F	419	6:40	2:14	2:58	386	1:12:00	15.0	1:24	440	37:09	10:56	2:00:09
413	19/27	Mary Linxweiler	St. Louis	MO	23	F	451	7:13	2:25	2:28	434	1:18:07	13.8	1:14	337	31:15	9:12	2:00:14
414	8/11	Maite de la Morena	Clayton	MO	43	F	174	4:50	1:37	3:23	424	1:16:16	14.2	3:01	396	33:24	9:50	2:00:51
415	20/27	Jennifer Medina	Grinnell	IA	22	F	37	3:56	1:19	1:38	472	1:26:36	12.5	1:09	218	27:38	8:08	2:00:55
416	9/11	Cathy Castner	St. Louis	MO	42	F	415	6:38	2:13	2:43	440	1:19:24	13.6	1:36	309	30:39	9:01	2:00:56

417	21/27	Emily Mohl	St. Louis	MO	21	F	19	3:40	1:14	2:23	465	1:23:46	12.9	1:20	284	29:51	8:47	2:00:58
418	22/27	Tracy Gluck	St. Louis	MO	23	F	424	6:44	2:15	2:05	371	1:10:49	15.3	2:06	457	39:36	11:39	2:01:18
419	23/27	Marjanne Manker	Columbia	MO	24	F	428	6:49	2:17	2:59	435	1:18:39	13.7	2:21	318	30:47	9:03	2:01:32
420	65/70	Mark Scott	Jefferson City	MO	31	M	402	6:28	2:10	2:33	390	1:12:34	14.9	2:55	441	37:10	10:56	2:01:39
421	32/38	Datra DeNoyer	O'Fallon	MO	31	F	235	5:14	1:45	3:22	437	1:19:07	13.7	4:04	320	30:47	9:04	2:02:32
422	3/4	Ryan Hickman	Kirksville	MO	18	F	152	4:43	1:35	1:31	448	1:20:43	13.4	1:22	411	34:33	10:10	2:02:49
423	66/70	Scott Martensen	Lathrop	MO	31	M	373	6:12	2:04	3:40	439	1:19:12	13.6	1:41	369	32:07	9:27	2:02:50
424	33/38	Amy Wilson	Columbia	MO	31	F	464	7:39	2:33	3:04	413	1:15:18	14.3	2:39	407	34:27	10:08	2:03:06
425	4/4	Julie Pitts	Grinnell	IA	19	F	333	5:49	1:57	2:19	473	1:27:06	12.4	2:06	155	25:50	7:36	2:03:09
426	67/70	Michael Zucker	St Louis	MO	33	M	245	5:16	1:46	2:23	443	1:19:45	13.5	3:01	386	32:53	9:41	2:03:16
427	26/29	Craig Plaster	Moberly	MO	45	M	380	6:17	2:06	4:35	449	1:20:48	13.4	1:52	283	29:50	8:47	2:03:20
428	10/11	Jill Osborne	Springfield	MO	44	F	347	5:55	1:59	3:51	410	1:14:58	14.4	1:53	438	36:53	10:51	2:03:27
429	29/38	Mandi Hickam	Maryville	IL	26	F	453	7:14	2:25	2:17	442	1:19:38	13.6	1:32	387	32:54	9:41	2:03:33
430	24/27	April Franceschi	St Louis	MO	23	F	158	4:45	1:35	4:14	444	1:20:14	13.5	2:21	367	32:07	9:27	2:03:38
431	11/11	Kristina Tomlinson	Zanoni	MO	40	F	455	7:16	2:26	2:47	405	1:14:14	14.6	2:40	439	37:02	10:54	2:03:56
432	68/70	Brian Williams	Kansas City	MO	30	M	480	10:48	3:36	4:08	406	1:14:20	14.5	1:37	391	33:08	9:45	2:03:58
433	69/70	Courtney Stalcup	Overland Park	KS	34	M	265	5:24	1:48	3:42	382	1:11:27	15.1	4:08	454	39:27	11:37	2:04:07
434	11/15	Richard Froeschner	Columbia	MO	50	M	369	6:08	2:03	4:38	397	1:13:15	14.7	3:56	426	36:15	10:40	2:04:09
435	5/6	Susan Currier	Columbia	MO	50	F	466	7:42	2:34	3:19	411	1:15:06	14.4	1:49	429	36:22	10:42	2:04:17
436	30/38	Molly Critchlow	St. Louis	MO	25	F	38	3:57	1:19	1:42	436	1:18:51	13.7	2:03	447	37:59	11:11	2:04:30
437	12/15	Larry Burnam	Columbia	MO	50	M	355	6:01	2:01	3:28	427	1:17:02	14.0	1:13	436	36:51	10:51	2:04:33
438	8/9	Brent Palmer	Springfield	MO	45	F	303	5:40	1:54	4:04	433	1:17:29	13.9	3:00	409	34:29	10:09	2:04:40
439	13/15	Bradley Baker	Joplin	MO	51	M	477	8:50	2:57	2:23	415	1:15:26	14.3	1:46	432	36:34	10:46	2:04:57
440	34/38	Holly Ray	O'Fallon	MO	32	F	478	9:00	3:00	2:24	416	1:15:27	14.3	1:48	431	36:33	10:45	2:05:09
441	43/46	Wes Darnell	St. Joseph	MO	41	M	460	7:34	2:32	3:15	408	1:14:27	14.5	2:22	448	38:07	11:13	2:05:42
442	25/27	Lauren Rase	Kirksville	MO	20	F	348	5:55	1:59	2:37	468	1:24:37	12.8	1:05	372	32:08	9:27	2:06:21
443	31/38	Mandy Pollihan	St Louis	MO	25	F	317	5:44	1:55	3:37	454	1:21:37	13.2	2:31	390	33:06	9:44	2:06:33
444	35/38	Wendy Hickey	Kansas City	MO	34	F	403	6:28	2:10	2:21	419	1:15:54	14.2	1:48	462	40:11	11:50	2:06:41
445	18/24	Diane Rosen	St. Louis	MO	39	F	385	6:19	2:07	3:11	452	1:21:19	13.3	2:24	403	33:57	10:00	2:07:08
446	14/15	Tim Heinsz	Columbia	MO	54	M	473	8:01	2:41	4:39	453	1:21:35	13.2	0:59	363	31:58	9:24	2:07:10
447	44/46	Michael Fearheiley	Decatur	IL	43	M	254	5:19	1:47	3:06	456	1:22:14	13.1	1:54	418	34:54	10:16	2:07:24
448	70/71	Daniel Blackhall	Morton Grove	IL	26	M	472	8:00	2:40	1:59	447	1:20:37	13.4	1:22	425	36:02	10:36	2:07:58
449	27/29	Tom Redinton	Hannibal	MO	45	M	459	7:25	2:29	3:22	422	1:16:14	14.2	2:36	451	39:01	11:29	2:08:36
450	32/38	Jen Poliquin	Columbia	MO	29	F	461	7:36	2:32	3:18	463	1:23:33	12.9	1:27	393	33:12	9:46	2:09:03
451	3/4	Raymond Peter	Gainesville	MO	62	M	450	7:12	2:24	3:27	412	1:15:15	14.4	2:36	470	41:46	12:17	2:10:14
452	19/24	Joy Hannel	Festus	MO	35	F	475	8:37	2:53	2:02	431	1:17:17	14.0	1:31	464	40:52	12:01	2:10:17
453	45/46	Jeff Weaver	Bridgeton	MO	41	M	434	6:56	2:19	3:36	455	1:21:38	13.2	0:48	446	37:57	11:10	2:10:53
454	36/38	Marci Bindyke-Mars	St. Louis	MO	31	F	411	6:34	2:12	3:28	432	1:17:27	13.9	2:41	466	41:19	12:10	2:11:26
455	20/24	Bridget Moody	Kansas City	MO	39	F	400	6:28	2:10	2:53	446	1:20:29	13.4	1:10	469	41:45	12:17	2:12:43
456	26/27	Stephanie Brennan	Ames	IA	24	F	441	7:03	2:21	3:20	438	1:19:11	13.6	3:51	456	39:32	11:38	2:12:55
457	21/24	Lori Gavril	Chesterfield	MO	39	F	471	7:56	2:39	3:01	451	1:21:01	13.3	3:01	449	38:08	11:13	2:13:05
458	6/6	Donna Springer	St. Louis	MO	53	F	468	7:52	2:38	2:57	461	1:23:23	13.0	1:11	444	37:55	11:09	2:13:17
459	33/38	Laura Jarrett	Columbia	MO	29	F	452	7:14	2:25	2:40	462	1:23:24	13.0	0:31	460	39:48	11:43	2:13:34
460	70/70	John Hoppa	Ballwin	MO	31	M	363	6:06	2:02	2:25	457	1:22:30	13.1	1:34	468	41:43	12:16	2:14:14
461	9/9	Kathy Norman	St. Louis	MO	48	F	417	6:38	2:13	4:50	450	1:20:55	13.3	2:27	461	39:55	11:45	2:14:43
462	22/24	Nancy Slack	Maryland Heigh	MO	36	F	367	6:06	2:02	3:18	464	1:23:35	12.9	2:17	455	39:30	11:37	2:14:44
463	34/38	Amanda Williams	Marthasville	MO	25	F	410	6:32	2:11	2:25	459	1:22:39	13.1	1:59	467	41:29	12:12	2:15:01

464	35/38	Deborah George	Troy	MO	29	F	444	7:07	2:23	3:21	460	1:23:10	13.0	1:51	465	41:08	12:06	2:16:35
465	23/24	Anne Simon	Kirksville	MO	35	F	332	5:49	1:57	3:34	469	1:24:49	12.7	4:21	450	38:21	11:17	2:16:54
466	31/32	Mike Maloney	Columbia	MO	23	M	213	5:01	1:41	6:09	458	1:22:37	13.1	1:40	471	42:11	12:25	2:17:36
467	36/38	Julie Pearson	Jefferson City	MO	28	F	462	7:36	2:32	2:46	466	1:23:55	12.9	4:02	453	39:22	11:35	2:17:38
468	71/71	Srikant Chellappa	St. Louis	MO	29	M	476	8:42	2:54	3:16	470	1:25:13	12.7	1:02	459	39:38	11:40	2:17:49
469	15/15	Keith Birkes	Columbia	MO	54	M	479	9:08	3:03	3:13	475	1:32:12	11.7	1:50	355	31:45	9:21	2:18:05
470	37/38	Teresa Knight	Clayton	MO	31	F	416	6:38	2:13	3:03	445	1:20:26	13.4	0:31	474	47:33	13:59	2:18:09
471	24/24	Donna Miles	St. Louis	MO	35	F	449	7:11	2:24	3:02	467	1:24:33	12.8	2:47	472	42:20	12:27	2:19:51
472	28/29	Kevin Mahoney	St. Louis	MO	45	M	212	5:01	1:41	4:11	441	1:19:32	13.6	4:00	475	49:15	14:29	2:21:56
473	27/27	Erin Turner Lantzy	Overland Park	KS	24	F	436	6:59	2:20	3:01	471	1:25:13	12.7	1:47	473	45:26	13:22	2:22:23
474	46/46	Ian Thomas	Columbia	MO	40	M	427	6:47	2:16	5:10	476	1:33:54	11.5	1:26	445	37:55	11:10	2:25:11
475	38/38	Rebecca Goodloe	Columbia	MO	31	F	474	8:27	2:49	4:24	477	1:34:05	11.5	1:44	463	40:47	12:00	2:29:25
476	37/38	Julianne Hunter	St. Louis	MO	29	F	377	6:15	2:05	2:47	474	1:30:11	12.0	2:56	476	53:42	15:48	2:35:48

DID NOT FINISH

477	4/4	William Mackey	Gladstone	MO	60	M	251	5:18	1:46	1:25	219	1:01:31	17.6					
478	29/29	Mark Volek	Columbia	MO	46	M	67	4:10	1:24	0:57								
479	38/38	Andrea Smith	St. Charles	MO	29	F	234	5:13	1:45	2:53								
480	32/32	Jon Barts	Moberly	MO	23	M	379	6:16	2:06	3:16								

ELITE FEMALE RESULTS

TOT	PLC #	NAME	CITY	ST	AGE	S	plc	SWIM	100	TRAN	plc	BIKE	TRAN	plc	RUN	pace	TOTAL	TIME
=====	=====	=====	=====	=====	=====	=====	=====	=====	=====	=====	=====	=====	=====	=====	=====	=====	=====	=====
1	28	Heidi Grimm	Leavenworth	KS	34	F	4	4:28	1:30	0:46	1	49:22	21.9	1:10	1	20:53	6:09	1:16:37
2	27	Amber Mounday	Kansas City	KS	27	F	2	3:53	1:18	1:07	2	51:45	20.9	1:05	3	23:53	7:02	1:21:41
3	31	Jennifer Arbetman	Naperville	IL	23	F	1	3:48	1:16	0:45	3	51:46	20.9	1:12	5	24:43	7:17	1:22:12
4	30	Elizabeth Attig	Batavia	IL	24	F	3	3:54	1:18	0:53	4	55:24	19.5	1:08	2	22:42	6:41	1:23:59
5	32	Barbara DiCola	Orland Park	IL	33	F	5	4:39	1:33	0:55	5	58:42	18.4	0:42	4	24:27	7:12	1:29:24

ELITE MALE RESULTS

TOT	PLC #	NAME	CITY	ST	AGE	S	plc	SWIM	100	TRAN	plc	BIKE	TRAN	plc	RUN	pace	TOTAL	TIME
=====	=====	=====	=====	=====	=====	=====	=====	=====	=====	=====	=====	=====	=====	=====	=====	=====	=====	=====
1	1	Jim Carothers	Kirksville	MO	30	M	4	3:36	1:12	0:29	1	44:19	24.4	0:54	1	19:02	5:36	1:08:18
2	13	JJ Bailey	Des Moines	IA	27	M	6	3:39	1:13	0:49	3	44:55	24.1	0:56	3	19:41	5:48	1:09:57
3	3	Matt Schlicht	Columbia	MO	23	M	1	3:25	1:09	0:33	2	44:20	24.4	0:53	11	21:29	6:19	1:10:39
4	5	Adam Zucco	St. Charles	IL	26	M	3	3:34	1:12	0:42	4	45:32	23.7	0:49	8	20:33	6:03	1:11:09
5	9	Delbert Marriott	Blue Springs	MO	33	M	12	4:29	1:30	0:47	5	45:41	23.6	0:49	2	19:37	5:47	1:11:21
6	2	Mark Carey	Kansas City	MO	30	M	5	3:37	1:13	0:28	6	45:44	23.6	0:47	10	21:27	6:19	1:12:02
7	7	Jim Randall	Grinnell	IA	30	M	2	3:30	1:10	0:51	7	46:30	23.2	1:05	6	20:18	5:59	1:12:13
8	8	Michael Bub	St. Louis	MO	39	M	7	3:48	1:16	0:55	8	46:50	23.1	1:08	9	21:04	6:12	1:13:44

9	10	Bob Schloegel	Overland Park	KS	37	M	8	3:57	1:19	0:47	12	49:13	22.0	0:55	4	20:00	5:53	1:14:51
10	14	Mark Wilson	Columbia	MO	40	M	11	4:26	1:29	0:52	11	48:38	22.2	0:51	5	20:09	5:56	1:14:55
11	12	Guy LeMire	Leavenworth	KS	38	M	10	4:24	1:28	0:47	10	48:32	22.3	0:57	7	20:26	6:01	1:15:04
12	15	Steve Maas	St. Charles	MO	40	M	14	5:34	1:52	0:56	9	48:21	22.3	1:07	12	21:40	6:23	1:17:36
13	6	Stephen Taylor	Columbia	MO	27	M	13	4:30	1:30	0:53	13	58:18	18.5	2:01	13	23:16	6:51	1:28:56

FEMALE RESULTS

TOT	PLC #	NAME	CITY	ST	AGE	S	plc	SWIM	100	TRAN	time	plc	BIKE	time	mph	TRAN	time	plc	RUN	time	pace	TOTAL	TIME
1	471	Karla Lang	Boonville	MO	33	F	21	4:25	1:29	1:18	2	53:42	20.1	1:27	3	24:08	7:06	1:24:58					
2	215	Angelina Stevens	Manchester	MO	25	F	26	4:31	1:31	0:59	14	57:47	18.7	1:27	1	22:38	6:40	1:27:20					
3	484	Annie Moskoff	Clayton	MO	25	F	12	4:04	1:22	0:47	6	55:42	19.4	1:07	17	25:52	7:37	1:27:30					
4	180	Laurie Ott	St. Louis	MO	29	F	35	4:47	1:36	1:11	1	52:30	20.6	1:20	37	27:54	8:13	1:27:39					
5	305	Shannon Standridge	Columbia	MO	27	F	33	4:45	1:35	1:26	4	54:49	19.7	1:09	14	25:40	7:33	1:27:48					
6	506	Marzena Tomicki	Columbia	MO	32	F	44	5:14	1:45	1:27	5	55:40	19.4	1:22	4	24:10	7:07	1:27:51					
7	466	Chris Maravelas-Ki	Johnston	IA	32	F	14	4:07	1:23	1:09	3	54:34	19.8	1:38	33	27:25	8:04	1:28:51					
8	502	Katy Muelhaupt	Des Moines	IA	30	F	49	5:24	1:48	1:53	10	57:08	18.9	1:43	6	24:12	7:07	1:30:17					
9	207	Kristi Willis	St. Louis	MO	31	F	25	4:27	1:29	1:42	13	57:45	18.7	1:11	12	25:29	7:30	1:30:33					
10	339	Macey Bray	Kirksville	MO	31	F	40	4:59	1:40	1:19	16	58:26	18.5	1:25	8	24:49	7:18	1:30:56					
11	57	Sara Heisel	St. Louis	MO	28	F	62	5:41	1:54	1:28	8	56:23	19.2	1:30	20	26:10	7:42	1:31:09					
12	511	Stacy Reed	Columbia	MO	38	F	70	5:46	1:56	1:25	7	55:48	19.4	1:38	24	26:48	7:53	1:31:23					
13	480	Stacy Cronhardt	Columbia	MO	27	F	141	7:40	2:34	1:36	9	57:00	19.0	2:07	2	23:59	7:04	1:32:21					
14	497	Alicia Hamilton	St. Louis	MO	23	F	10	4:02	1:21	1:24	34	1:01:40	17.5	1:22	5	24:10	7:07	1:32:36					
15	159	Miriam Flouer	Springfield	MO	31	F	13	4:07	1:23	1:49	22	1:00:11	18.0	1:24	13	25:39	7:33	1:33:08					
16	237	Stacy Knowlton	University Cit	MO	33	F	37	4:50	1:37	1:23	11	57:19	18.8	1:28	44	28:24	8:22	1:33:22					
17	269	Heather Bankowski	Kirksville	MO	25	F	45	5:16	1:46	1:06	18	58:38	18.4	1:09	34	27:27	8:05	1:33:34					
18	161	Sally Frischkorn	St. Louis	MO	34	F	46	5:19	1:47	2:01	19	59:07	18.3	1:30	15	25:49	7:36	1:33:45					
19	384	Libby Erkmann	Columbia	MO	23	F	22	4:25	1:29	1:41	12	57:44	18.7	1:01	54	29:51	8:47	1:34:41					
20	264	Pascha Boyd	Columbia	MO	28	F	38	4:53	1:38	1:46	21	59:40	18.1	1:32	31	27:19	8:02	1:35:08					
21	235	Lucy Stein	Springfield	MO	36	F	31	4:41	1:34	2:08	26	1:00:38	17.8	1:54	18	25:55	7:38	1:35:13					
22	254	Carol Gohn	Wildwood	MO	42	F	71	5:47	1:56	2:08	25	1:00:35	17.8	2:05	11	25:15	7:26	1:35:47					
23	447	Molly Vetter	Columbia	MO	22	F	1	3:29	1:10	2:06	35	1:02:25	17.3	1:10	30	27:16	8:01	1:36:24					
24	56	Tonya Ehlmann	O\Fallon	MO	27	F	135	7:15	2:25	1:41	27	1:00:39	17.8	1:55	10	25:11	7:25	1:36:37					
25	154	Mary Sundy	St. Louis	MO	26	F	15	4:08	1:23	1:10	15	57:53	18.7	1:28	91	32:15	9:30	1:36:51					
26	422	Leslie Topping	St Louis	MO	37	F	50	5:27	1:49	2:51	17	58:29	18.5	2:07	40	28:02	8:15	1:36:54					
27	211	Rebecca Baker	Springfield	MO	34	F	57	5:34	1:52	1:54	28	1:01:11	17.7	1:43	29	27:11	8:00	1:37:30					
28	117	Jennifer Larson	Ankeny	IA	25	F	79	5:52	1:58	1:52	31	1:01:37	17.5	1:20	28	27:07	7:59	1:37:46					
29	476	Christy Fuston	Kansas City	MO	30	F	47	5:22	1:48	1:16	38	1:04:11	16.8	1:22	21	26:23	7:46	1:38:32					
30	536	Tanya Crews	Wildwood	MO	47	F	23	4:25	1:29	1:21	30	1:01:35	17.5	1:30	64	30:37	9:01	1:39:27					
31	405	Camy Haugh	Columbia	MO	24	F	68	5:45	1:55	1:26	33	1:01:38	17.5	1:26	50	29:16	8:37	1:39:29					
32	308	Nancy Mitchell	Bonne Terre	MO	44	F	95	6:12	2:04	1:47	23	1:00:12	17.9	1:35	57	30:05	8:51	1:39:49					
33	410	Sara Henson	Ballwin	MO	32	F	24	4:26	1:29	2:16	39	1:04:13	16.8	1:16	41	28:10	8:17	1:40:18					
34	493	Polly Sisemore	St. Louis	MO	26	F	41	5:09	1:43	1:53	59	1:05:40	16.5	1:36	19	26:03	7:40	1:40:19					
35	228	Lindsey Knoten	Clayton	MO	25	F	87	5:59	2:00	1:03	46	1:04:40	16.7	1:21	32	27:22	8:03	1:40:23					

36	193	Mary Terwelp	Quincy	IL	43	F	101	6:20	2:07	2:28	29	1:01:13	17.6	2:28	42	28:10	8:18	1:40:38
37	492	Lindsey Borgstadt	Columbia	MO	24	F	130	7:08	2:23	3:22	43	1:04:33	16.7	1:13	7	24:45	7:17	1:40:59
38	291	Thesesa Hodges	Bellevue	NE	36	F	69	5:45	1:55	1:25	24	1:00:15	17.9	2:40	83	31:49	9:22	1:41:52
39	377	Julie Schloss	St. Louis	MO	27	F	18	4:18	1:26	2:02	72	1:07:51	15.9	1:29	23	26:48	7:53	1:42:25
40	321	Andria Miller	Richmonds Heig	MO	30	F	110	6:30	2:10	1:53	57	1:05:38	16.5	1:38	25	26:57	7:56	1:42:35
41	543	Melissa Lorenz	St. Louis	MO	41	F	73	5:49	1:57	1:43	50	1:04:58	16.6	2:23	36	27:47	8:11	1:42:38
42	546	Tricia Brock	Des Moines	IA	30	F	29	4:39	1:33	1:42	20	59:25	18.2	2:25	111	34:43	10:13	1:42:52
43	521	Sarah Gabel	Ames	IA	23	F	28	4:37	1:33	2:29	73	1:07:59	15.9	1:03	27	27:01	7:57	1:43:07
44	160	Mary Goss	Springfield	MO	45	F	96	6:13	2:05	2:21	37	1:03:51	16.9	1:46	48	29:07	8:34	1:43:15
45	247	Karen Pressley	Columbia	MO	37	F	72	5:48	1:56	1:46	52	1:05:15	16.6	1:30	49	29:11	8:35	1:43:29
46	109	Patty Shafer	Springfield	IL	45	F	77	5:50	1:57	1:31	63	1:06:40	16.2	1:18	46	28:49	8:29	1:44:06
47	408	Deborah Stoll	Hannibal	MO	45	F	54	5:30	1:50	1:27	42	1:04:32	16.7	1:52	75	31:02	9:08	1:44:22
48	165	Karen Cattaneo	Marlyand Heigh	MO	31	F	8	3:59	1:20	1:51	47	1:04:48	16.7	1:13	94	32:43	9:38	1:44:31
49	386	Lisa Dyroff	Columbia	MO	31	F	64	5:41	1:54	1:48	40	1:04:14	16.8	1:31	79	31:23	9:14	1:44:35
50	266	Christa Thompson	Columbia	MO	27	F	2	3:35	1:12	2:02	54	1:05:29	16.5	1:42	86	31:53	9:23	1:44:39
51	233	Trudy Larrew	Edwardsville	IL	33	F	16	4:08	1:23	2:10	69	1:07:30	16.0	2:18	47	28:59	8:32	1:45:03
52	448	Robin Rongey	Edwardsville	IL	38	F	109	6:29	2:10	2:03	78	1:08:24	15.8	1:45	22	26:26	7:47	1:45:05
53	556	Alane Carder	St. Louis	MO	41	F	65	5:42	1:54	2:19	32	1:01:37	17.5	1:59	102	33:38	9:54	1:45:12
54	333	Barbara Busiek	Nixa	MO	37	F	119	6:43	2:15	2:15	41	1:04:14	16.8	2:04	58	30:08	8:52	1:45:23
55	310	Jen Horton	Columbia	MO	29	F	58	5:35	1:52	1:40	48	1:04:57	16.6	2:42	62	30:32	8:59	1:45:23
56	487	Sarah Schlagenhau	Kansas City	MO	28	F	100	6:20	2:07	1:27	49	1:04:57	16.6	2:04	68	30:40	9:02	1:45:26
57	230	Angela Passanise	Columbia	MO	29	F	55	5:30	1:50	3:02	36	1:03:06	17.1	2:58	76	31:02	9:08	1:45:36
58	436	Leslie Matthews	Columbia	MO	40	F	82	5:52	1:58	2:58	44	1:04:38	16.7	1:48	61	30:28	8:58	1:45:43
59	401	Michelle Lacey	St. Charles	MO	33	F	91	6:06	2:02	2:47	85	1:10:48	15.3	1:22	9	25:10	7:25	1:46:10
60	424	Mollie Sme	Ferguson	MO	15	F	9	4:00	1:20	1:18	77	1:08:04	15.9	1:34	80	31:25	9:15	1:46:19
61	196	Lynda Snyder	Leavenworth	KS	37	F	105	6:26	2:09	2:05	70	1:07:40	16.0	2:11	39	28:00	8:14	1:46:20
62	93	Jessica Critchlow	Austin	TX	24	F	80	5:52	1:58	1:55	75	1:08:01	15.9	1:08	51	29:31	8:41	1:46:25
63	257	Maggie Johnston	Columbia	MO	32	F	104	6:26	2:09	2:23	58	1:05:40	16.5	2:13	56	30:03	8:51	1:46:43
64	204	Debbie Stiles	St. Louis	MO	53	F	90	6:03	2:01	1:55	66	1:07:06	16.1	1:52	55	30:02	8:50	1:46:56
65	541	Kimberly Butler	Kirkwood	MO	31	F	114	6:37	2:13	2:11	51	1:05:11	16.6	2:21	74	30:53	9:05	1:47:11
66	528	Linda Kilhoffer	Millstadt	IL	51	F	51	5:27	1:49	1:38	61	1:06:30	16.2	2:00	82	31:40	9:19	1:47:13
67	411	Patricia Halferty	Columbia	MO	36	F	56	5:32	1:51	1:52	60	1:06:19	16.3	2:16	85	31:51	9:22	1:47:48
68	242	Ann Marie Grus	Kirkwood	MO	35	F	97	6:15	2:05	2:45	56	1:05:35	16.5	2:38	70	30:41	9:02	1:47:51
69	396	Kadiee Drechsel	Columbia	MO	25	F	20	4:22	1:28	2:16	83	1:10:03	15.4	1:17	73	30:47	9:04	1:48:43
70	66	Kelly Franklin	Ballwin	MO	37	F	19	4:22	1:28	1:49	68	1:07:28	16.0	1:12	106	34:09	10:03	1:48:58
71	155	Amanda Rhoades	Columbia	MO	21	F	11	4:03	1:21	1:37	55	1:05:32	16.5	0:58	119	36:51	10:51	1:49:00
72	418	Cindy Noel	Rolla	MO	50	F	125	6:56	2:19	1:36	64	1:06:52	16.2	1:59	84	31:51	9:22	1:49:11
73	138	Martha Strain	Kansas City	MO	24	F	59	5:38	1:53	2:09	91	1:12:07	15.0	1:05	45	28:35	8:25	1:49:32
74	326	Kathleen Mattis	St. Louis	MO	46	F	131	7:10	2:24	2:11	74	1:08:01	15.9	1:44	65	30:37	9:01	1:49:41
75	252	Pam Hoffer	Columbia	MO	33	F	53	5:30	1:50	1:27	84	1:10:04	15.4	1:21	81	31:30	9:16	1:49:50
76	191	Kris Kammerer	St. Louis	MO	28	F	89	6:03	2:01	1:58	45	1:04:39	16.7	1:49	114	35:27	10:26	1:49:54
77	435	Danna Squires	St. Louis	MO	32	F	137	7:16	2:26	1:52	79	1:08:24	15.8	1:51	67	30:39	9:01	1:50:01
78	119	Jennifer Dziuvenis	Olathe	KS	22	F	5	3:53	1:18	1:32	62	1:06:32	16.2	2:10	124	37:18	10:59	1:51:23
79	397	Kirstin Nilles	St. Louis	MO	24	F	63	5:41	1:54	2:56	87	1:10:56	15.2	1:26	69	30:40	9:02	1:51:37
80	468	Brenda Holland	St. Charles	MO	29	F	88	6:02	2:01	2:59	53	1:05:18	16.5	2:36	113	34:51	10:15	1:51:44
81	456	Kathi Langlands	Kansas City	MO	50	F	48	5:24	1:48	2:31	71	1:07:41	16.0	2:27	103	33:50	9:58	1:51:50
82	131	Jennifer Reisdorf	Columbia	MO	30	F	102	6:22	2:08	2:24	100	1:14:01	14.6	1:18	43	28:21	8:21	1:52:23

83	334	Alison Bryant	Columbia	MO	32	F	92	6:06	2:02	2:45	81	1:09:44	15.5	1:14	96	32:59	9:42	1:52:46
84	472	Nancy Lupher	St. Louis	MO	33	F	66	5:42	1:54	2:06	76	1:08:03	15.9	2:34	112	34:46	10:14	1:53:09
85	250	Nancy Banasik	Springfield	MO	38	F	107	6:28	2:10	3:09	82	1:09:46	15.5	1:38	92	32:18	9:30	1:53:17
86	218	Jenice Hickman	Columbia	MO	26	F	30	4:40	1:34	3:11	80	1:09:23	15.6	2:12	105	33:59	10:00	1:53:23
87	162	Nina Weisenhorn	Columbia	MO	20	F	83	5:53	1:58	2:24	109	1:16:06	14.2	1:13	38	27:59	8:14	1:53:33
88	229	T.J. Moore	Knob Noster	MO	38	F	124	6:54	2:18	1:45	95	1:13:12	14.8	1:25	60	30:21	8:56	1:53:36
89	281	Maria McMahon	Columbia	MO	34	F	121	6:46	2:16	3:09	106	1:15:24	14.3	1:28	26	27:01	7:57	1:53:45
90	519	Kim Theodore	Grinnell	IA	20	F	17	4:17	1:26	2:14	88	1:11:16	15.2	1:27	110	34:42	10:13	1:53:54
91	116	Therese Meyer	Springfield	IL	35	F	103	6:25	2:09	2:46	97	1:13:22	14.7	2:26	52	29:46	8:46	1:54:44
92	374	Jane Frazier	St. Charles	MO	34	F	123	6:54	2:18	3:05	92	1:12:17	14.9	2:21	63	30:35	9:00	1:55:09
93	335	Meridith McAvoy	St. Louis	MO	23	F	60	5:39	1:53	2:28	98	1:13:23	14.7	1:38	88	32:07	9:27	1:55:13
94	414	Megan Phillips	St. Louis	MO	31	F	78	5:50	1:57	3:08	93	1:12:56	14.8	1:32	90	32:12	9:29	1:55:36
95	273	Cherri Croghan	St. Louis	MO	49	F	113	6:36	2:12	2:59	65	1:06:54	16.1	2:13	123	37:14	10:57	1:55:55
96	275	Lisa Gallion	Ozark	MO	19	F	94	6:09	2:03	2:04	112	1:16:52	14.1	1:08	59	30:16	8:54	1:56:26
97	174	Kathryn Kearney	St. Louis	MO	29	F	4	3:51	1:17	2:17	96	1:13:13	14.8	1:16	115	36:17	10:41	1:56:52
98	441	Caroline Cue	Columbia	MO	36	F	74	5:49	1:57	3:05	94	1:12:58	14.8	2:42	93	32:29	9:34	1:57:00
99	148	Allison Gluck	Webster Groves	MO	25	F	27	4:37	1:33	3:03	67	1:07:11	16.1	2:46	133	39:37	11:39	1:57:12
100	132	Kelly O'Hanlon	Chesterfield	MO	39	F	126	6:57	2:19	2:42	99	1:13:26	14.7	1:20	97	33:05	9:44	1:57:29
101	284	Allison Cunningham	Maryville	IL	27	F	81	5:52	1:58	2:33	110	1:16:06	14.2	2:04	77	31:04	9:09	1:57:37
102	279	Sonja Geltner	Kansas City	MO	34	F	84	5:55	1:59	1:17	89	1:11:53	15.0	1:53	118	36:42	10:48	1:57:39
103	121	Jennifer Farrell	Ft. Collins	CO	25	F	39	4:58	1:40	2:48	107	1:15:29	14.3	1:37	99	33:12	9:46	1:58:02
104	317	Koral Martin	Carthage	MO	41	F	52	5:29	1:50	1:49	102	1:14:25	14.5	1:48	116	36:20	10:41	1:59:48
105	382	Susan Strozewski	Fair Grove	MO	45	F	118	6:40	2:14	2:58	90	1:12:00	15.0	1:24	122	37:09	10:56	2:00:09
106	271	Mary Linxweiler	St. Louis	MO	23	F	133	7:13	2:25	2:28	116	1:18:07	13.8	1:14	78	31:15	9:12	2:00:14
107	261	Maitte de la Morena	Clayton	MO	43	F	36	4:50	1:37	3:23	111	1:16:16	14.2	3:01	101	33:24	9:50	2:00:51
108	481	Jennifer Medina	Grinnell	IA	22	F	6	3:56	1:19	1:38	142	1:26:36	12.5	1:09	35	27:38	8:08	2:00:55
109	496	Cathy Castner	St. Louis	MO	42	F	115	6:38	2:13	2:43	121	1:19:24	13.6	1:36	66	30:39	9:01	2:00:56
110	460	Emily Mohl	St. Louis	MO	21	F	3	3:40	1:14	2:23	136	1:23:46	12.9	1:20	53	29:51	8:47	2:00:58
111	163	Tracy Gluck	St. Louis	MO	23	F	120	6:44	2:15	2:05	86	1:10:49	15.3	2:06	132	39:36	11:39	2:01:18
112	219	Marjanne Manker	Columbia	MO	24	F	122	6:49	2:17	2:59	117	1:18:39	13.7	2:21	71	30:47	9:03	2:01:32
113	508	Datra DeNoyer	O'Fallon	MO	31	F	43	5:14	1:45	3:22	119	1:19:07	13.7	4:04	72	30:47	9:04	2:02:32
114	523	Ryan Hickman	Kirksville	MO	18	F	32	4:43	1:35	1:31	126	1:20:43	13.4	1:22	109	34:33	10:10	2:02:49
115	373	Amy Wilson	Columbia	MO	31	F	140	7:39	2:33	3:04	105	1:15:18	14.3	2:39	107	34:27	10:08	2:03:06
116	133	Julie Pitts	Grinnell	IA	19	F	76	5:49	1:57	2:19	143	1:27:06	12.4	2:06	16	25:50	7:36	2:03:09
117	554	Jill Osborne	Springfield	MO	44	F	85	5:55	1:59	3:51	103	1:14:58	14.4	1:53	120	36:53	10:51	2:03:27
118	365	Mandi Hickam	Maryville	IL	26	F	134	7:14	2:25	2:17	122	1:19:38	13.6	1:32	95	32:54	9:41	2:03:33
119	473	April Franceschi	St. Louis	MO	23	F	34	4:45	1:35	4:14	123	1:20:14	13.5	2:21	87	32:07	9:27	2:03:38
120	545	Kristina Tomlinson	Zanoni	MO	40	F	136	7:16	2:26	2:47	101	1:14:14	14.6	2:40	121	37:02	10:54	2:03:56
121	517	Susan Currier	Columbia	MO	50	F	142	7:42	2:34	3:19	104	1:15:06	14.4	1:49	117	36:22	10:42	2:04:17
122	214	Molly Critchlow	St. Louis	MO	25	F	7	3:57	1:19	1:42	118	1:18:51	13.7	2:03	126	37:59	11:11	2:04:30
123	124	Brent Palmer	Springfield	MO	45	F	61	5:40	1:54	4:04	115	1:17:29	13.9	3:00	108	34:29	10:09	2:04:40
124	151	Lauren Rase	Kirksville	MO	20	F	86	5:55	1:59	2:37	139	1:14:37	12.8	1:05	89	32:08	9:27	2:06:21
125	474	Mandy Pollihan	St. Louis	MO	25	F	67	5:44	1:55	3:37	130	1:21:37	13.2	2:31	98	33:06	9:44	2:06:33
126	393	Wendy Hickey	Kansas City	MO	34	F	108	6:28	2:10	2:21	108	1:15:54	14.2	1:48	135	40:11	11:50	2:06:41
127	125	Diane Rosen	St. Louis	MO	39	F	99	6:19	2:07	3:11	129	1:21:19	13.3	2:24	104	33:57	10:00	2:07:08
128	192	Jen Poliquin	Columbia	MO	29	F	138	7:36	2:32	3:18	134	1:23:33	12.9	1:27	100	33:12	9:46	2:09:03
129	111	Joy Hannel	Festus	MO	35	F	146	8:37	2:53	2:02	113	1:17:17	14.0	1:31	137	40:52	12:01	2:10:17

130	433	Marci Bindyke-Mars	St. Louis	MO	31	F	112	6:34	2:12	3:28	114	1:17:27	13.9	2:41	139	41:19	12:10	2:11:26
131	212	Bridget Moody	Kansas City	MO	39	F	106	6:28	2:10	2:53	125	1:20:29	13.4	1:10	141	41:45	12:17	2:12:43
132	548	Stephanie Brennan	Ames	IA	24	F	128	7:03	2:21	3:20	120	1:19:11	13.6	3:51	131	39:32	11:38	2:12:55
133	267	Lori Gavrill	Chesterfield	MO	39	F	144	7:56	2:39	3:01	128	1:21:01	13.3	3:01	127	38:08	11:13	2:13:05
134	551	Donna Springer	St. Louis	MO	53	F	143	7:52	2:38	2:57	133	1:23:23	13.0	1:11	125	37:55	11:09	2:13:17
135	495	Kathy Norman	St. Louis	MO	48	F	117	6:38	2:13	4:50	127	1:20:55	13.3	2:27	134	39:55	11:45	2:14:43
136	118	Nancy Slack	Maryland Heigh	MO	36	F	93	6:06	2:02	3:18	135	1:23:35	12.9	2:17	130	39:30	11:37	2:14:44
137	52	Amanda Williams	Marthasville	MO	25	F	111	6:32	2:11	2:25	131	1:22:39	13.1	1:59	140	41:29	12:12	2:15:01
138	68	Deborah George	Troy	MO	29	F	129	7:07	2:23	3:21	132	1:23:10	13.0	1:51	138	41:08	12:06	2:16:35
139	388	Anne Simon	Kirksville	MO	35	F	75	5:49	1:57	3:34	140	1:24:49	12.7	4:21	128	38:21	11:17	2:16:54
140	394	Julie Pearson	Jefferson City	MO	28	F	139	7:36	2:32	2:46	137	1:23:55	12.9	4:02	129	39:22	11:35	2:17:38
141	431	Teresa Knight	Clayton	MO	31	F	116	6:38	2:13	3:03	124	1:20:26	13.4	0:31	144	47:33	13:59	2:18:09
142	323	Donna Miles	St. Louis	MO	35	F	132	7:11	2:24	3:02	138	1:24:33	12.8	2:47	142	42:20	12:27	2:19:51
143	560	Erin Turner Lantzy	Overland Park	KS	24	F	127	6:59	2:20	3:01	141	1:25:13	12.7	1:47	143	45:26	13:22	2:22:23
144	442	Rebecca Goodloe	Columbia	MO	31	F	145	8:27	2:49	4:24	145	1:34:05	11.5	1:44	136	40:47	12:00	2:29:25
145	105	Julianne Hunter	St. Louis	MO	29	F	98	6:15	2:05	2:47	144	1:30:11	12.0	2:56	145	53:42	15:48	2:35:48

MALE RESULTS

TOT	PLC #	NAME	CITY	ST	AGE	S	plc	SWIM	100	TRAN	plc	BIKE	TRAN	RUN	TOTAL			
								time	yds	time	time	mph	time	plc	time	pace	TIME	
1	137	Nathan Wangerin	Northglenn	CO	20	M	7	3:33	1:11	0:51	3	47:41	22.7	0:56	11	21:16	6:16	1:14:14
2	378	Tim Sandfort	Ballwin	MO	25	M	4	3:29	1:10	0:53	5	48:08	22.4	1:04	5	20:47	6:07	1:14:19
3	328	Patrick Riley	Des Moines	IA	28	M	56	4:23	1:28	1:03	2	47:34	22.7	1:10	2	20:40	6:05	1:14:48
4	150	Eric Johnson	Springfield	MO	26	M	64	4:28	1:30	1:11	6	48:43	22.2	0:55	1	19:55	5:52	1:15:10
5	304	Greg Parker	Springfield	MO	42	M	62	4:27	1:29	1:05	1	46:33	23.2	1:29	38	23:01	6:47	1:16:33
6	294	Jonathan Good	Springfield	MO	22	M	57	4:24	1:28	0:48	9	48:56	22.1	1:08	21	22:07	6:31	1:17:21
7	318	Scott Stopak	Omaha	NE	35	M	54	4:21	1:27	0:58	7	48:45	22.2	0:58	31	22:32	6:38	1:17:32
8	337	Cesar Mello	Columbia	MO	36	M	2	3:25	1:09	1:10	17	50:28	21.4	1:03	13	21:35	6:21	1:17:39
9	557	Kurt Beisch	Omaha	NE	35	M	41	4:12	1:24	1:11	13	49:36	21.8	1:01	16	21:51	6:26	1:17:48
10	62	Christian Verry	Columbia	MO	27	M	85	4:38	1:33	1:06	12	49:28	21.8	1:09	14	21:35	6:21	1:17:53
11	58	Matt Dreier	Columbia	MO	27	M	32	4:06	1:22	1:13	11	49:10	22.0	1:10	30	22:31	6:38	1:18:08
12	515	Kentner Cottingham	Columbia	MO	26	M	38	4:11	1:24	0:58	14	49:59	21.6	0:53	24	22:19	6:34	1:18:17
13	157	Dwayne Miller	Columbia	MO	40	M	16	3:49	1:17	1:01	24	51:44	20.9	1:01	9	21:05	6:12	1:18:39
14	293	Charlie Brockus	Cambridge	IA	50	M	22	3:58	1:20	1:13	15	50:07	21.6	1:09	27	22:21	6:35	1:18:46
15	348	Tim Knott	Lees Summit	MO	40	M	124	4:54	1:38	1:14	16	50:20	21.5	1:30	8	20:52	6:09	1:18:47
16	464	Arch Fuston	Kansas City	MO	33	M	70	4:32	1:31	1:16	4	47:48	22.6	1:14	71	24:04	7:05	1:18:51
17	99	Robert Montani	Nashville	IL	37	M	23	3:58	1:20	1:39	10	49:09	22.0	1:11	60	23:41	6:58	1:19:36
18	277	Jose Bugarin	hermann	MO	34	M	123	4:54	1:38	1:04	21	51:15	21.1	1:00	23	22:16	6:33	1:20:27
19	498	Joseph Rother	St. Charles	MO	19	M	44	4:15	1:25	0:58	49	53:29	20.2	0:56	10	21:08	6:13	1:20:44
20	258	Jason Blom	Evanston	IL	24	M	8	3:38	1:13	0:53	28	52:06	20.7	1:07	44	23:07	6:48	1:20:50
21	278	Kenneth Holland	Springfield	MO	31	M	48	4:17	1:26	1:29	8	48:55	22.1	1:30	84	24:44	7:17	1:20:53
22	344	Chris Kerrick	Indianapolis	IN	25	M	42	4:14	1:25	1:01	52	53:41	20.1	1:19	3	20:43	6:06	1:20:56
23	406	Brian Youssi	Batavia	IL	33	M	9	3:39	1:13	1:01	30	52:15	20.7	1:11	37	22:56	6:45	1:21:01
24	438	Dylan Sullivan	Columbia	MO	19	M	12	3:44	1:15	1:27	45	53:08	20.3	1:36	12	21:20	6:17	1:21:14

25	392	Nathan Bailey	Springfield	MO	33	M	50	4:18	1:26	1:17	20	50:53	21.2	1:12	63	23:49	7:01	1:21:27
26	175	Douglas Hilbert	Chesterfield	MO	23	M	68	4:30	1:30	1:34	19	50:35	21.4	0:55	68	23:58	7:03	1:21:29
27	306	Shawn Standridge	Columbia	MO	27	M	182	5:24	1:48	1:28	40	52:42	20.5	1:39	6	20:49	6:08	1:22:00
28	128	Brian Tournier	St. Louis	MO	31	M	33	4:06	1:22	1:04	37	52:28	20.6	1:00	54	23:28	6:55	1:22:05
29	205	Ernest Rigdon III	Kirksville	MO	28	M	127	4:55	1:39	1:44	22	51:42	20.9	1:12	35	22:42	6:41	1:22:12
30	535	Ryan Campbell	Rolla	MO	21	M	1	3:18	1:06	1:01	42	53:01	20.4	1:03	70	24:04	7:05	1:22:25
31	186	Terry Hart	Columbia	MO	42	M	97	4:43	1:35	1:33	26	51:44	20.9	0:52	64	23:52	7:01	1:22:43
32	415	James Noel	moberly	MO	41	M	100	4:44	1:35	1:16	33	52:19	20.7	1:23	43	23:07	6:48	1:22:48
33	232	Mike Zimmerman	Cedar Rapids	IA	17	M	98	4:43	1:35	1:57	60	54:05	20.0	1:23	4	20:43	6:06	1:22:49
34	290	Stephen Engler	Columbia	MO	29	M	65	4:29	1:30	1:29	38	52:33	20.6	1:59	28	22:27	6:36	1:22:55
35	319	Kelly Perry	Fremont	NE	43	M	59	4:25	1:29	1:17	27	51:52	20.8	1:24	69	23:59	7:04	1:22:56
36	69	Jason Halfpap	Ankeny	IA	26	M	60	4:26	1:29	1:01	23	51:42	20.9	1:16	82	24:35	7:14	1:22:57
37	416	Ron Sapp	Columbia	MO	47	M	149	5:04	1:42	1:22	29	52:11	20.7	1:23	39	23:02	6:47	1:23:00
38	347	Doug Burns	Cottage Hills	IL	52	M	51	4:19	1:27	1:17	36	52:25	20.6	1:27	67	23:55	7:02	1:23:20
39	270	Ted Brandt	Columbia	MO	32	M	80	4:36	1:32	0:54	56	53:56	20.0	1:38	25	22:19	6:34	1:23:21
40	91	Ryan Rehmeier	Manhattan	KS	27	M	77	4:35	1:32	1:31	31	52:17	20.7	1:28	59	23:39	6:58	1:23:28
41	387	Derek Freund	Ashland	MO	23	M	27	4:03	1:21	0:43	25	51:44	20.9	1:03	124	26:01	7:40	1:23:32
42	87	Patrick McCreary	Place Elsah	IL	51	M	52	4:20	1:27	1:14	48	53:23	20.2	1:13	55	23:31	6:55	1:23:39
43	158	Craig Crowson	Springfield	MO	42	M	40	4:12	1:24	2:07	32	52:19	20.7	1:21	62	23:44	6:59	1:23:42
44	459	Todd Glass	St. Louis	MO	30	M	31	4:05	1:22	1:00	50	53:34	20.2	1:01	83	24:35	7:14	1:24:13
45	533	Jason Hilgers	Manhattan	KS	28	M	87	4:38	1:33	1:33	54	53:54	20.0	1:02	45	23:09	6:49	1:24:14
46	60	Bobby Alwin	Brooklyn Park	MN	40	M	47	4:17	1:26	1:03	61	54:13	19.9	1:23	53	23:28	6:54	1:24:21
47	287	Jan Paul De Weer	St. Louis	MO	31	M	90	4:39	1:33	1:29	67	55:14	19.6	1:15	20	22:06	6:30	1:24:41
48	54	Barry Sala	Fulton	MO	27	M	34	4:07	1:23	2:04	65	54:23	19.9	1:18	41	23:04	6:47	1:24:53
49	113	Tom Hackett	Columbia	MO	34	M	193	5:30	1:50	1:26	41	52:42	20.5	1:54	51	23:25	6:54	1:24:56
50	307	Larry Klutenkamper	Mexico	MO	41	M	188	5:27	1:49	2:18	18	50:29	21.4	1:43	96	25:08	7:24	1:25:04
51	164	Todd Cattaneo	Maryland Heigh	MO	32	M	91	4:39	1:33	1:43	51	53:36	20.2	1:36	57	23:34	6:56	1:25:07
52	327	Tod Holdorf	Columbia	MO	38	M	201	5:36	1:52	1:15	70	55:34	19.4	1:18	15	21:35	6:21	1:25:16
53	70	Dennis Henderson	Cedar Rapids	IA	37	M	168	5:17	1:46	0:44	68	55:20	19.5	1:01	40	23:02	6:47	1:25:23
54	300	Bob Patterson	Wood River	IL	51	M	161	5:15	1:45	1:26	57	53:59	20.0	1:31	48	23:17	6:51	1:25:25
55	547	Jeff Brock	Des Moines	IA	31	M	95	4:41	1:34	1:20	64	54:22	19.9	1:34	56	23:32	6:56	1:25:27
56	106	Gregory Andrulot	Columbia	MO	32	M	6	3:32	1:11	1:29	59	54:05	20.0	1:21	103	25:19	7:27	1:25:44
57	199	Curtis Brooks Sr.	Maryland Heigh	MO	44	M	86	4:38	1:33	1:00	44	53:02	20.4	1:10	121	25:57	7:38	1:25:45
58	381	John Moore	Marceline	MO	41	M	88	4:38	1:33	0:51	58	54:01	20.0	1:15	104	25:20	7:27	1:26:03
59	239	Jay Sleesman	Columbia	MO	25	M	21	3:57	1:19	1:21	66	55:10	19.6	1:17	79	24:20	7:10	1:26:03
60	263	Mike Frossard	Columbia	MO	31	M	133	4:58	1:40	1:48	39	52:37	20.5	1:18	117	25:44	7:35	1:26:22
61	417	Dennis Noel	Rolla	MO	46	M	215	5:48	1:56	1:11	43	53:01	20.4	1:30	98	25:10	7:24	1:26:38
62	231	Brian Schoenholz	O'Fallon	MO	23	M	104	4:47	1:36	1:27	96	57:16	18.9	1:11	22	22:10	6:31	1:26:49
63	104	William Voges	Wentzville	MO	25	M	154	5:09	1:43	2:04	81	56:39	19.1	1:05	17	21:57	6:28	1:26:51
64	143	Norm Walla	Danville	IL	48	M	102	4:47	1:36	1:12	55	53:56	20.0	1:21	114	25:39	7:33	1:26:53
65	443	Josh Yates	St. Louis	MO	26	M	83	4:36	1:32	2:36	47	53:14	20.3	2:12	80	24:30	7:13	1:27:06
66	268	Dustin Wright	St. Louis	MO	24	M	150	5:04	1:42	1:20	100	57:30	18.8	1:05	26	22:20	6:34	1:27:17
67	358	Aaron Aversman	Kirksville	MO	24	M	111	4:48	1:36	1:59	74	56:25	19.1	1:27	34	22:41	6:41	1:27:18
68	425	Jamin Graham	Lenexa	KS	23	M	43	4:14	1:25	2:33	120	58:38	18.4	1:03	7	20:52	6:09	1:27:19
69	329	Carl Gardner	Columbia	MO	36	M	36	4:09	1:23	1:11	34	52:24	20.6	1:08	178	28:36	8:25	1:27:26
70	346	Kenneth Campbell	Rolla	MO	24	M	19	3:55	1:19	1:38	62	54:14	19.9	1:33	129	26:21	7:45	1:27:38
71	338	Clayton Worthingto	Springfield	MO	23	M	18	3:50	1:17	2:01	35	52:24	20.6	1:39	164	27:47	8:11	1:27:39

72	465	John Perez	Univeristy Cit	MO	40	M	190	5:29	1:50	2:12	72	55:58	19.3	1:32	33	22:38	6:40	1:27:47
73	190	Jarrod Dusin	Mission	KS	24	M	39	4:11	1:24	1:50	79	56:31	19.1	1:13	75	24:05	7:05	1:27:49
74	203	Eric Travagiakis	Cedar Rapids	IA	19	M	29	4:05	1:22	1:01	80	56:38	19.1	1:13	89	24:57	7:21	1:27:52
75	80	Rick Coats	Columbia	MO	33	M	183	5:24	1:48	1:16	46	53:10	20.3	0:47	154	27:20	8:03	1:27:55
76	370	Joshua Blankenship	Kansas City	MO	29	M	45	4:15	1:25	1:35	106	57:53	18.7	2:09	18	22:05	6:30	1:27:56
77	550	Josh Hilgers	Overland Park	KS	26	M	55	4:22	1:28	1:22	102	57:35	18.8	1:06	58	23:37	6:57	1:28:00
78	144	Jamie Dake	St. Louis	MO	29	M	73	4:33	1:31	1:41	87	56:50	19.0	1:34	52	23:26	6:54	1:28:03
79	500	Nate Smith	Merrill	IA	19	M	117	4:52	1:38	1:32	82	56:40	19.1	1:41	61	23:44	6:59	1:28:26
80	220	Chris Kuehne	Columbia	MO	29	M	46	4:16	1:26	1:20	124	58:53	18.3	1:14	42	23:06	6:48	1:28:47
81	146	Steven Vehige	St. Louis	MO	31	M	192	5:30	1:50	2:20	92	57:10	18.9	1:47	19	22:06	6:30	1:28:51
82	176	Jim Harris	Chesterfield	MO	46	M	270	7:48	2:36	1:50	69	55:33	19.4	1:19	29	22:29	6:37	1:28:57
83	135	Greg Pollard	Kansas City	MO	38	M	138	4:59	1:40	2:30	77	56:28	19.1	1:50	49	23:17	6:51	1:29:02
84	82	Andrew Shipley	West Des Moine	IA	35	M	115	4:51	1:37	1:41	71	55:40	19.4	1:44	102	25:18	7:27	1:29:12
85	285	Don Utsinger	Vinton	IA	55	M	84	4:36	1:32	1:42	111	58:03	18.6	1:46	50	23:19	6:52	1:29:24
86	296	Lyle Hays	Springfield	MO	28	M	71	4:32	1:31	1:44	94	57:13	18.9	1:30	81	24:32	7:13	1:29:29
87	400	John Quick	Maryland Heigh	MO	44	M	175	5:20	1:47	1:49	90	57:06	18.9	1:32	66	23:54	7:02	1:29:40
88	525	L House	Ballwin	MO	31	M	121	4:53	1:38	1:55	86	56:50	19.0	1:09	94	25:05	7:23	1:29:49
89	169	Craig Langenfeld	Clayton	MO	24	M	144	5:01	1:41	1:39	101	57:34	18.8	1:48	65	23:52	7:02	1:29:53
90	202	Charles Mabry	Strafford	MO	58	M	204	5:41	1:54	1:44	105	57:48	18.7	1:53	36	22:54	6:45	1:29:59
91	313	Ryan Morris	Rolla	MO	30	M	165	5:16	1:46	1:55	99	57:20	18.8	1:26	72	24:05	7:05	1:30:00
92	63	Dale Cira	St. Louis	MO	44	M	178	5:21	1:47	1:46	73	56:09	19.2	1:46	91	25:00	7:22	1:30:01
93	295	Daniel Fannin	Nixa	MO	31	M	146	5:02	1:41	1:37	91	57:07	18.9	1:26	88	24:57	7:21	1:30:07
94	510	Mark Schopp	St. Louis	MO	43	M	211	5:45	1:55	1:24	63	54:22	19.9	1:23	153	27:18	8:02	1:30:10
95	114	Nic Lamphear	Ozark	MO	19	M	25	3:59	1:20	1:42	78	56:28	19.1	1:13	145	26:53	7:55	1:30:12
96	356	Baird Nabholz	Chesterfield	MO	35	M	169	5:18	1:46	1:46	104	57:38	18.7	1:32	73	24:05	7:05	1:30:16
97	353	John Nemece	Columbia	MO	40	M	75	4:33	1:31	1:38	103	57:37	18.8	1:30	106	25:25	7:29	1:30:42
98	209	Robb Rempel	Lincoln	NE	33	M	160	5:14	1:45	1:28	95	57:15	18.9	0:49	134	26:30	7:48	1:31:14
99	407	Clay Farris	Columbia	MO	33	M	180	5:22	1:48	1:12	113	58:14	18.6	1:13	105	25:23	7:28	1:31:22
100	246	Dave Grant	Kirksville	MO	21	M	197	5:35	1:52	1:47	84	56:40	19.1	1:25	123	26:00	7:39	1:31:26
101	352	David Schlingmann	Hillsboro	MO	27	M	137	4:59	1:40	1:55	76	56:27	19.1	1:36	135	26:32	7:49	1:31:27
102	299	Jack Uhrig	Marshall	MO	48	M	249	6:38	2:13	2:30	116	58:24	18.5	1:27	32	22:32	6:38	1:31:30
103	364	Kristofer Hagglund	Columbia	MO	39	M	106	4:47	1:36	1:43	85	56:42	19.1	1:32	142	26:49	7:54	1:31:31
104	236	John Meyer	Cedar Rapids	IA	17	M	26	4:02	1:21	1:06	151	1:00:47	17.8	1:27	78	24:19	7:09	1:31:39
105	55	Mick Crowley	Columbia	MO	39	M	200	5:36	1:52	1:56	88	57:04	18.9	1:29	112	25:37	7:32	1:31:40
106	440	Robert Johnson	St. Louis	MO	19	M	15	3:49	1:17	1:57	154	1:01:03	17.7	1:45	46	23:15	6:51	1:31:48
107	427	John Beyer	St. Louis	MO	27	M	30	4:05	1:22	1:34	128	59:25	18.2	1:51	90	25:00	7:21	1:31:53
108	539	Thomas Verstappen	St. Louis	MO	30	M	167	5:16	1:46	1:38	107	57:54	18.7	1:18	119	25:51	7:37	1:31:55
109	345	David Mountjoy	Columbia	MO	47	M	94	4:41	1:34	1:27	123	58:49	18.4	1:37	108	25:32	7:31	1:32:04
110	289	Gregory Hora	Columbia	MO	20	M	61	4:27	1:29	1:41	129	59:39	18.1	1:20	93	25:04	7:23	1:32:09
111	505	Tomasz Tomicki	Columbia	MO	37	M	99	4:44	1:35	1:39	83	56:40	19.1	1:44	158	27:35	8:07	1:32:18
112	177	Josh Gray	Columbia	MO	22	M	17	3:50	1:17	1:15	140	1:00:06	18.0	1:24	120	25:52	7:37	1:32:25
113	255	Jim Wright	Wildwood	MO	59	M	208	5:44	1:55	1:17	121	58:43	18.4	1:35	97	25:10	7:24	1:32:27
114	455	Ken Langlands	Kansas City	MO	49	M	35	4:08	1:23	1:14	114	58:19	18.5	1:41	152	27:11	8:00	1:32:31
115	562	Adam Brown	Columbia	MO	20	M	5	3:32	1:11	2:17	134	59:43	18.1	1:41	110	25:34	7:32	1:32:45
116	77	Gregg Trapp	Clayton	MO	28	M	69	4:31	1:31	1:30	144	1:00:12	17.9	1:34	92	25:04	7:23	1:32:50
117	426	Joseph Lammers	Lake St. Louis	MO	41	M	116	4:51	1:37	1:35	135	59:44	18.1	1:09	113	25:37	7:33	1:32:55
118	315	Tom Morrison	Aurora	MO	46	M	216	5:50	1:57	2:34	112	58:07	18.6	1:40	87	24:52	7:19	1:33:00

119	311	David Willmot	Columbia	MO	46	M	20	3:57	1:19	2:22	137	59:55	18.0	1:36	100	25:15	7:26	1:33:04
120	245	Chris Spencer	St. Louis	MO	19	M	14	3:47	1:16	1:46	110	58:01	18.6	1:20	175	28:22	8:21	1:33:14
121	84	Eric Brewer	Maryland Heigh	MO	24	M	63	4:27	1:29	2:26	115	58:24	18.5	1:51	125	26:08	7:41	1:33:14
122	434	Thomas Marsh	St. Louis	MO	32	M	93	4:40	1:34	2:01	119	58:35	18.4	1:34	137	26:36	7:50	1:33:24
123	529	Brandon Mann	St Louis	MO	29	M	78	4:35	1:32	2:08	97	57:19	18.8	1:26	167	28:00	8:14	1:33:26
124	423	Michael Robertson	St Louis	MO	30	M	142	5:00	1:40	1:54	53	53:52	20.1	2:01	207	30:41	9:02	1:33:27
125	467	Derek Fishel	Columbia	MO	28	M	113	4:49	1:37	1:33	108	57:58	18.6	1:27	163	27:44	8:10	1:33:30
126	217	Kevin Young	Columbia	MO	27	M	114	4:50	1:37	1:41	139	1:00:01	18.0	1:08	122	26:00	7:39	1:33:37
127	89	David Sibley	St. Louis	MO	45	M	82	4:36	1:32	1:30	117	58:25	18.5	1:31	162	27:41	8:09	1:33:42
128	402	Randy Horner	Ozark	MO	30	M	10	3:39	1:13	1:46	109	58:01	18.6	1:37	184	28:55	8:31	1:33:56
129	354	Brad Rudler	Parkville	MO	27	M	223	6:01	2:01	2:20	131	59:41	18.1	1:14	86	24:46	7:17	1:34:00
130	343	Jim Boyt	Springfield	MO	58	M	226	6:02	2:01	1:51	98	57:20	18.8	1:50	148	26:59	7:57	1:34:00
131	183	John Stevenson	Quincy	IL	34	M	105	4:47	1:36	2:49	118	58:27	18.5	2:20	115	25:40	7:33	1:34:01
132	234	James Stein	Springfield	MO	42	M	140	5:00	1:40	2:17	149	1:00:42	17.8	1:55	76	24:12	7:08	1:34:05
133	359	Adam Jackson	Columbia	MO	26	M	112	4:49	1:37	1:20	130	59:41	18.1	1:25	146	26:54	7:55	1:34:06
134	102	William Peterson	Edwardsville	IL	49	M	92	4:40	1:34	1:14	89	57:04	18.9	1:04	201	30:10	8:53	1:34:11
135	524	Matthew Lucy	Columbia	MO	41	M	28	4:04	1:22	2:54	142	1:00:10	18.0	2:06	95	25:08	7:24	1:34:20
136	501	Braden Pence	Grinnell	IA	19	M	3	3:27	1:09	1:48	125	58:59	18.3	2:08	170	28:05	8:16	1:34:24
137	553	Jeff Bridges	Columbia	MO	29	M	145	5:02	1:41	1:47	141	1:00:06	18.0	1:12	127	26:20	7:45	1:34:24
138	238	Michael Moore	Columbia	MO	47	M	194	5:31	1:51	1:43	136	59:52	18.0	2:10	107	25:30	7:30	1:34:43
139	197	Sean Mahoney	St. Louis	MO	32	M	130	4:57	1:39	2:07	93	57:12	18.9	2:15	174	28:17	8:20	1:34:47
140	482	Jeff Magsamen	Columbia	MO	30	M	163	5:16	1:46	2:21	75	56:27	19.1	1:55	186	29:09	8:35	1:35:07
141	527	Andy Kilhoffer	Millstadt	IL	47	M	203	5:37	1:53	2:00	147	1:00:37	17.8	2:26	101	25:18	7:27	1:35:56
142	379	Lance Livesay	Columbia	MO	35	M	221	5:59	2:00	1:25	146	1:00:27	17.9	1:49	130	26:24	7:46	1:36:02
143	537	Gary Crews	Wildwood	MO	51	M	151	5:07	1:43	2:01	126	59:09	18.3	1:45	177	28:28	8:23	1:36:27
144	470	David Liss	Nixa	MO	34	M	132	4:58	1:40	2:37	138	59:58	18.0	1:21	161	27:39	8:08	1:36:31
145	526	Dave Erickson	St. Louis	MO	30	M	107	4:48	1:36	1:26	127	59:18	18.2	1:36	192	29:28	8:40	1:36:34
146	213	Steve Bishop	Troy	MO	32	M	129	4:56	1:39	1:39	174	1:02:46	17.2	1:42	116	25:40	7:33	1:36:41
147	542	Bill Roth	California	MO	27	M	109	4:48	1:36	1:43	179	1:03:23	17.0	1:41	99	25:14	7:26	1:36:47
148	360	Ed Rollins	Columbia	MO	43	M	108	4:48	1:36	1:49	156	1:01:16	17.6	2:00	165	27:48	8:11	1:37:39
149	166	Albie Micklish	Lincoln	NE	33	M	158	5:11	1:44	3:18	152	1:00:53	17.7	2:10	128	26:21	7:45	1:37:50
150	452	Marshall Rader	Maryland Heigh	MO	22	M	185	5:24	1:48	3:12	163	1:01:46	17.5	1:07	131	26:25	7:47	1:37:54
151	98	Steve Baurichter	Columbia	MO	51	M	212	5:45	1:55	3:13	132	59:41	18.1	1:55	160	27:39	8:08	1:38:11
152	74	Jeffrey Sadowsky	St. Louis	MO	39	M	134	4:58	1:40	1:54	173	1:02:32	17.3	1:51	155	27:30	8:06	1:38:43
153	444	Glenn Good	Columbia	MO	48	M	74	4:33	1:31	2:04	145	1:00:24	17.9	1:40	203	30:12	8:53	1:38:51
154	494	Daniel Bullock	Fayetteville	AR	27	M	195	5:34	1:52	1:14	122	58:43	18.4	2:03	220	31:21	9:14	1:38:54
155	389	Patrick Bowden	St Louis	MO	42	M	118	4:52	1:38	1:45	176	1:02:57	17.2	1:52	157	27:33	8:07	1:38:57
156	325	Joel Elden	Freeburg	IL	15	M	24	3:59	1:20	1:02	166	1:02:10	17.4	1:06	211	30:47	9:04	1:39:01
157	282	James Matz	Troy	IL	32	M	79	4:36	1:32	2:16	153	1:00:56	17.7	1:48	194	29:33	8:42	1:39:07
158	516	Stephen Hahn	St. Louis	MO	27	M	67	4:30	1:30	3:24	186	1:04:13	16.8	1:16	138	26:41	7:51	1:40:02
159	479	Donald Corwin	Columbia	MO	45	M	222	6:00	2:00	3:22	143	1:00:12	17.9	3:46	139	26:46	7:53	1:40:04
160	223	Peter Fischer	St. Louis	MO	32	M	58	4:24	1:28	2:09	184	1:03:57	16.9	2:03	159	27:38	8:08	1:40:11
161	201	Brad Bangs	Doniphan	NE	23	M	135	4:59	1:40	1:38	227	1:08:39	15.7	0:56	74	24:05	7:05	1:40:14
162	419	Ken Hammond	Blue Grass	IA	36	M	184	5:24	1:48	1:29	172	1:02:28	17.3	1:50	188	29:18	8:37	1:40:27
163	331	Garry LaBelle	Belton	MO	27	M	198	5:36	1:52	2:09	161	1:01:34	17.5	1:35	195	29:40	8:44	1:40:32
164	248	Steve Edler	St. Louis	MO	41	M	191	5:30	1:50	1:48	148	1:00:41	17.8	2:05	210	30:46	9:03	1:40:47
165	316	David Pessin	St. Charles	MO	32	M	156	5:10	1:44	1:52	167	1:02:16	17.3	2:12	189	29:20	8:38	1:40:47

166	224	Darren Savage	LaCygne	KS	37	M	257	7:00	2:20	2:02	182	1:03:47	16.9	1:19	143	26:50	7:54	1:40:56
167	221	Eric Rosenhauer	Columbia	MO	43	M	126	4:55	1:39	2:32	150	1:00:46	17.8	2:03	208	30:45	9:03	1:40:59
168	357	Ken Cameron	Kansas City	MO	42	M	213	5:46	1:56	2:24	198	1:04:53	16.6	1:45	132	26:25	7:47	1:41:11
169	520	Carlos Falcon	Keokuk	IA	38	M	125	4:55	1:39	2:17	177	1:03:16	17.1	1:29	187	29:16	8:37	1:41:12
170	178	Spencer Ehlers	Ames	IA	25	M	251	6:40	2:14	1:35	159	1:01:30	17.6	2:07	190	29:25	8:40	1:41:15
171	187	Mike Shifman	Lenexa	KS	64	M	241	6:23	2:08	2:00	133	59:41	18.1	2:09	219	31:09	9:10	1:41:21
172	253	Thomas Wall	Columbia	MO	23	M	219	5:54	1:58	2:51	175	1:02:54	17.2	0:59	185	28:58	8:31	1:41:33
173	499	Jim Lenz	St. Louis	MO	41	M	225	6:02	2:01	1:51	178	1:03:16	17.1	1:47	181	28:41	8:27	1:41:35
174	126	Doug Edwards	Kansas City	MO	51	M	253	6:47	2:16	1:44	169	1:02:25	17.3	2:12	179	28:37	8:25	1:41:43
175	512	Mark Durst	Columbia	MO	20	M	250	6:40	2:14	1:59	217	1:07:16	16.1	1:43	77	24:17	7:09	1:41:53
176	152	Brad Culberson	Maryland Heigh	MO	25	M	148	5:03	1:41	1:54	155	1:01:05	17.7	1:27	240	32:29	9:34	1:41:55
177	491	Lee Clinton	Columbia	MO	24	M	246	6:30	2:10	4:11	190	1:04:32	16.7	1:16	111	25:36	7:32	1:42:03
178	92	Tom Hankins	St. Louis	MO	47	M	210	5:44	1:55	1:48	157	1:01:21	17.6	1:36	233	31:54	9:23	1:42:21
179	340	Tim Chudy	Springfield	MO	21	M	49	4:17	1:26	2:10	233	1:09:28	15.6	0:57	109	25:33	7:31	1:42:23
180	469	William Rich	Swansea	IL	37	M	209	5:44	1:55	3:55	165	1:02:04	17.4	4:16	133	26:28	7:47	1:42:25
181	226	Chris Straatmann	Union	MO	24	M	181	5:23	1:48	3:51	196	1:04:49	16.7	1:51	141	26:49	7:54	1:42:41
182	184	Rick Kuehn	St. Louis	MO	26	M	136	4:59	1:40	2:18	180	1:03:28	17.0	2:26	196	29:41	8:44	1:42:49
183	101	Mike Tripp	Columbia	MO	43	M	236	6:18	2:06	2:46	231	1:09:22	15.6	1:21	47	23:16	6:51	1:43:01
184	351	Tom Spurling	Columbia	MO	41	M	152	5:08	1:43	2:21	185	1:04:02	16.9	2:08	191	29:27	8:40	1:43:04
185	280	David Peterson	Ames	IA	33	M	202	5:37	1:53	2:37	170	1:02:27	17.3	2:59	193	29:31	8:41	1:43:09
186	153	Tony Schmitz	Johnston	IA	27	M	206	5:43	1:55	2:09	199	1:05:09	16.6	1:32	182	28:43	8:27	1:43:14
187	504	Craig Harrison	Maryville	IL	26	M	177	5:21	1:47	2:15	216	1:07:03	16.1	1:48	151	27:02	7:57	1:43:26
188	94	Jake Dodson	Austin	TX	27	M	248	6:36	2:12	2:33	193	1:04:33	16.7	1:38	171	28:10	8:17	1:43:28
189	522	Chuck Ewing	Holts Summit	MO	37	M	262	7:08	2:23	3:17	181	1:03:30	17.0	1:08	176	28:27	8:22	1:43:29
190	478	Pat Karlin	Lawrence	KS	33	M	187	5:26	1:49	3:43	200	1:05:23	16.5	3:14	118	25:51	7:36	1:43:35
191	90	Travis Hild	Kansas City	MO	31	M	122	4:53	1:38	2:04	195	1:04:42	16.7	1:33	205	30:28	8:58	1:43:38
192	256	Stephen Vogel	East Alton	IL	37	M	120	4:52	1:38	1:34	197	1:04:51	16.7	1:23	221	31:21	9:14	1:44:00
193	112	Mike Powers	Ballwin	MO	47	M	231	6:06	2:02	2:13	207	1:06:19	16.3	1:27	168	28:01	8:15	1:44:04
194	559	Matt Evans	Lake St. Louis	MO	25	M	141	5:00	1:40	2:01	225	1:08:32	15.8	2:01	140	26:48	7:53	1:44:20
195	140	Chris Hass	St. Louis	MO	27	M	256	6:51	2:17	1:53	209	1:06:24	16.3	1:41	166	27:49	8:11	1:44:37
196	120	Jon Rosen	Columbia	MO	49	M	164	5:16	1:46	2:08	208	1:06:24	16.3	2:41	173	28:17	8:19	1:44:44
197	420	Richard Pigg	springfield	MO	33	M	220	5:56	1:59	1:29	168	1:02:21	17.3	1:17	251	33:46	9:56	1:44:47
198	309	Steve Perkins	Columbia	MO	22	M	119	4:52	1:38	1:55	188	1:04:14	16.8	2:07	227	31:42	9:20	1:44:49
199	64	Paul Darnell	Buffalo	MO	55	M	237	6:18	2:06	2:53	164	1:01:49	17.5	1:36	239	32:19	9:31	1:44:53
200	227	Jason Pellin	Union	MO	27	M	171	5:18	1:46	3:06	214	1:06:52	16.2	1:47	169	28:02	8:15	1:45:03
201	167	Mike Lynch	Olathe	KS	44	M	239	6:20	2:07	3:24	158	1:01:21	17.6	2:06	232	31:54	9:23	1:45:04
202	450	Alexander Kerford	St. Louis	MO	19	M	66	4:29	1:30	2:48	183	1:03:51	16.9	1:28	241	32:31	9:34	1:45:04
203	260	Ryan Hartman	Mission	KS	25	M	89	4:39	1:33	2:06	192	1:04:33	16.7	2:00	237	32:07	9:27	1:45:23
204	437	Dan Bartell	Grinnell	IA	21	M	11	3:44	1:15	3:13	191	1:04:33	16.7	1:57	236	32:03	9:26	1:45:27
205	507	Brian Bachelier	Clayton	MO	30	M	110	4:48	1:36	2:28	205	1:06:15	16.3	1:02	217	31:03	9:08	1:45:34
206	391	Bradley Nielsen	Shawnee	KS	38	M	103	4:47	1:36	2:15	202	1:05:37	16.5	1:58	222	31:24	9:14	1:46:00
207	107	Mark Hey	St. Louis	MO	25	M	271	7:54	2:38	2:52	226	1:08:39	15.7	2:29	85	24:45	7:17	1:46:37
208	110	Josh Kell	St. Louis	MO	25	M	196	5:34	1:52	1:32	213	1:06:44	16.2	1:57	213	30:56	9:06	1:46:41
209	355	Brian Mansker	Ozark	MO	30	M	189	5:28	1:50	1:05	171	1:02:28	17.3	1:16	266	36:37	10:46	1:46:51
210	86	Mark Geiger	Fulton	MO	52	M	76	4:35	1:32	3:32	201	1:05:29	16.5	3:19	200	30:08	8:52	1:47:01
211	540	Jeff Epstein	Olathe	KS	30	M	159	5:12	1:44	2:28	212	1:06:44	16.2	2:33	202	30:11	8:53	1:47:06
212	179	Aaron Sansone	Brentwood	MO	29	M	131	4:57	1:39	2:24	189	1:04:17	16.8	2:00	252	33:53	9:58	1:47:29

213	363	Bill Bush	Springfield	MO	61	M	233	6:11	2:04	2:17	210	1:06:29	16.2	2:06	218	31:06	9:09	1:48:08
214	292	Don Simakoff	St. Louis	MO	34	M	266	7:24	2:28	3:11	187	1:04:14	16.8	1:57	229	31:44	9:20	1:48:27
215	283	Jim Cunningham	Maryville	IL	28	M	243	6:26	2:09	3:16	241	1:11:02	15.2	1:02	144	26:51	7:54	1:48:35
216	342	Andrew Poag	St. Louis	MO	41	M	176	5:20	1:47	2:48	204	1:06:01	16.4	1:46	243	32:45	9:38	1:48:38
217	421	Oakland De Moss	Fort Smith	AK	73	M	269	7:37	2:33	2:09	203	1:05:52	16.4	1:40	228	31:42	9:20	1:48:58
218	341	Jason Ulrich	St. Louis	MO	31	M	53	4:20	1:27	2:25	246	1:11:24	15.1	1:56	183	28:55	8:31	1:48:59
219	453	Kevin Sievers	Columbia	MO	20	M	72	4:33	1:31	2:43	250	1:12:37	14.9	2:15	150	27:02	7:57	1:49:08
220	298	Russell Jackson	Columbia	MO	44	M	260	7:06	2:22	2:02	219	1:07:29	16.0	1:47	216	30:59	9:07	1:49:20
221	259	Matt Hake	Columbia	MO	34	M	186	5:25	1:49	2:02	236	1:09:57	15.4	1:07	212	30:56	9:06	1:49:25
222	428	Nick Wehmeier	Chesterfield	MO	42	M	229	6:06	2:02	2:22	215	1:07:01	16.1	1:55	238	32:09	9:28	1:49:31
223	376	Timothy Schloss	St. Louis	MO	25	M	207	5:43	1:55	2:10	221	1:07:52	15.9	1:49	235	32:02	9:26	1:49:34
224	461	Patrick Brennan	Columbia	MO	32	M	157	5:11	1:44	3:34	235	1:09:52	15.5	1:05	198	30:01	8:50	1:49:42
225	286	David Cruzan	St. Louis	MO	59	M	214	5:47	1:56	2:41	162	1:01:39	17.5	2:49	267	36:48	10:50	1:49:42
226	532	Brent Spicuzza	St. Louis	MO	25	M	101	4:46	1:36	2:26	230	1:09:13	15.6	2:25	214	30:56	9:06	1:49:45
227	141	Richard Reisdorf	Columbia	MO	33	M	259	7:03	2:21	2:08	245	1:11:09	15.2	1:19	172	28:13	8:18	1:49:49
228	483	Robert Cannon	St. Louis	MO	41	M	255	6:51	2:17	4:59	194	1:04:37	16.7	3:51	199	30:05	8:51	1:50:21
229	503	Matthew Sweetwood	Columbia	MO	32	M	81	4:36	1:32	2:48	239	1:10:27	15.3	1:22	223	31:25	9:15	1:50:37
230	240	Scott Atkinson	Springfield	MO	38	M	162	5:16	1:46	3:15	234	1:09:32	15.5	2:16	215	30:58	9:07	1:51:15
231	88	Christopher Hart	St. Louis	MO	26	M	227	6:06	2:02	3:06	251	1:12:39	14.9	2:41	149	27:00	7:57	1:51:29
232	390	Rick Winslow	Liberty	MO	29	M	96	4:43	1:35	1:44	218	1:07:25	16.0	2:18	261	35:55	10:34	1:52:02
233	558	Bennett Frank	St. Louis	MO	41	M	155	5:10	1:44	5:46	206	1:06:18	16.3	4:20	206	30:31	8:59	1:52:03
234	108	Rick Bender	Chesterfield	MO	53	M	173	5:19	1:47	2:46	224	1:08:23	15.8	2:00	249	33:37	9:54	1:52:03
235	488	Scott Schlagenhaut	Columbia	MO	40	M	153	5:09	1:43	2:25	232	1:09:24	15.6	1:46	248	33:23	9:49	1:52:04
236	538	Philippe Brenton	St. Louis	MO	35	M	170	5:18	1:46	2:35	247	1:11:25	15.1	1:19	226	31:39	9:19	1:52:14
237	302	Shane Trafton	St. Louis	MO	46	M	245	6:29	2:10	2:23	249	1:11:31	15.1	1:24	209	30:45	9:03	1:52:31
238	189	Frank Pfau	St. Louis	MO	36	M	37	4:11	1:24	4:37	253	1:13:27	14.7	2:02	180	28:40	8:26	1:52:54
239	398	Steven Kunkel	St. Louis	MO	25	M	242	6:26	2:09	2:18	220	1:07:37	16.0	1:14	260	35:25	10:25	1:52:58
240	514	Chad Perrigo	Overland Park	KS	30	M	128	4:55	1:39	2:28	267	1:17:10	14.0	1:59	136	26:35	7:49	1:53:05
241	301	Adam Trafton	St. Louis	MO	15	M	13	3:45	1:15	2:45	244	1:11:04	15.2	2:04	253	34:00	10:00	1:53:37
242	272	Vincent Croghan	St. Louis	MO	54	M	247	6:31	2:11	3:31	211	1:06:41	16.2	2:11	256	34:51	10:15	1:53:43
243	451	Steven Lipstein	St. Louis	MO	46	M	179	5:22	1:48	3:38	238	1:10:04	15.4	3:10	225	31:37	9:18	1:53:48
244	75	Hal Simons	Paola	KS	44	M	230	6:06	2:02	3:14	222	1:08:05	15.9	2:03	255	34:29	10:09	1:53:55
245	531	Ed Lampitt	Kirkwood	MO	27	M	205	5:42	1:54	2:37	263	1:16:57	14.0	1:34	156	27:31	8:06	1:54:17
246	96	Ted Blume	Omaha	NE	45	M	238	6:19	2:07	2:31	262	1:16:15	14.2	2:24	147	26:54	7:55	1:54:21
247	147	John Schimweg	St. Charles	MO	68	M	272	7:56	2:39	2:43	237	1:09:59	15.4	1:25	242	32:43	9:38	1:54:43
248	145	Robert Gilot	St. Peters	MO	37	M	147	5:03	1:41	2:56	258	1:14:29	14.5	1:09	224	31:29	9:16	1:55:04
249	490	Dennis Barts	Moberly	MO	49	M	252	6:43	2:15	2:45	240	1:10:28	15.3	2:18	244	32:53	9:41	1:55:06
250	122	Jim Foster	Fort Collins	CO	29	M	139	4:59	1:40	4:14	223	1:08:07	15.9	2:04	264	36:24	10:43	1:55:46
251	409	Dayton Grover	Ashland	MO	37	M	261	7:07	2:23	2:52	266	1:17:05	14.0	2:46	126	26:18	7:44	1:56:06
252	100	Bob Bailey	Columbia	MO	55	M	258	7:00	2:20	3:09	254	1:13:40	14.7	2:19	204	30:13	8:54	1:56:19
253	136	Clayton Lull	Woodbridge	VA	25	M	217	5:50	1:57	2:55	248	1:11:26	15.1	2:05	254	34:29	10:09	1:56:43
254	168	Brian Davis	Olathe	KS	36	M	244	6:29	2:10	3:14	229	1:09:10	15.6	2:44	259	35:23	10:25	1:56:58
255	139	Alex Kulczykcki	St. Louis	MO	29	M	199	5:36	1:52	3:25	243	1:11:03	15.2	3:48	250	33:39	9:54	1:57:29
256	85	Stef Sano	St. Louis	MO	28	M	265	7:23	2:28	3:59	242	1:11:03	15.2	2:37	247	33:21	9:49	1:58:22
257	549	John Gibbs	Moberly	MO	49	M	240	6:23	2:08	1:54	228	1:09:06	15.6	2:20	272	39:11	11:32	1:58:52
258	368	James Hickam	Maryville	IL	28	M	218	5:53	1:58	3:11	265	1:17:02	14.0	1:00	231	31:48	9:22	1:58:53
259	222	Dan Schoenleber	Columbia	MO	46	M	263	7:11	2:24	2:18	255	1:13:51	14.6	1:47	258	34:56	10:17	1:59:59

260	366	Michael Zucker	St Louis	MO	33	M	166	5:16	1:46	2:23	269	1:19:45	13.5	3:01	245	32:53	9:41	2:03:16
261	555	Craig Plaster	Moberly	MO	45	M	235	6:17	2:06	4:35	271	1:20:48	13.4	1:52	197	29:50	8:47	2:03:20
262	412	Brian Williams	Kansas City	MO	30	M	278	10:48	3:36	4:08	256	1:14:20	14.5	1:37	246	33:08	9:45	2:03:58
263	449	Richard Froeschner	Columbia	MO	50	M	232	6:08	2:03	4:38	252	1:13:15	14.7	3:56	263	36:15	10:40	2:04:09
264	130	Larry Burnam	Columbia	MO	50	M	224	6:01	2:01	3:28	264	1:17:02	14.0	1:13	268	36:51	10:51	2:04:33
265	208	Bradley Baker	Joplin	MO	51	M	276	8:50	2:57	2:23	260	1:15:26	14.3	1:46	265	36:34	10:46	2:04:57
266	399	Wes Darnell	St. Joseph	MO	41	M	268	7:34	2:32	3:15	257	1:14:27	14.5	2:22	270	38:07	11:13	2:05:42
267	103	Tim Heinsz	Columbia	MO	54	M	274	8:01	2:41	4:39	272	1:21:35	13.2	0:59	234	31:58	9:24	2:07:10
268	65	Michael Fearheiley	Decatur	IL	43	M	174	5:19	1:47	3:06	273	1:22:14	13.1	1:54	257	34:54	10:16	2:07:24
269	513	Daniel Blackhall	Morton Grove	IL	26	M	273	8:00	2:40	1:59	270	1:20:37	13.4	1:22	262	36:02	10:36	2:07:58
270	446	Tom Redinton	Hannibal	MO	45	M	267	7:25	2:29	3:22	261	1:16:14	14.2	2:36	271	39:01	11:29	2:08:36
271	544	Raymond Peter	Gainesville	MO	62	M	264	7:12	2:24	3:27	259	1:15:15	14.4	2:36	275	41:46	12:17	2:10:14
272	429	John Hoppa	Ballwin	MO	31	M	228	6:06	2:02	2:25	274	1:22:30	13.1	1:34	274	41:43	12:16	2:14:14
273	371	Srikant Chellappa	St. Louis	MO	29	M	275	8:42	2:54	3:16	275	1:25:13	12.7	1:02	273	39:38	11:40	2:17:49
274	288	Keith Birkes	Columbia	MO	54	M	277	9:08	3:03	3:13	276	1:32:12	11.7	1:50	230	31:45	9:21	2:18:05
275	530	Kevin Mahoney	St. Louis	MO	45	M	143	5:01	1:41	4:11	268	1:19:32	13.6	4:00	276	49:15	14:29	2:21:56
276	430	Ian Thomas	Columbia	MO	40	M	254	6:47	2:16	5:10	277	1:33:54	11.5	1:26	269	37:55	11:10	2:25:11

ATHENA RESULTS

TOT				SWIM	100				TRAN	BIKE			TRAN		RUN		TOTAL	
PLC #	NAME	CITY	ST	AGE	S	plc	time	yds	time	plc	time	mph	time	plc	time	pace	TIME	
1	171	Alicia Bartz	Johnston	IA	23	F	3	5:51	1:57	1:46	1	1:04:32	16.7	1:01	1	28:33	8:24	1:41:41
2	249	Julia Grus	Columbia	MO	29	F	1	4:23	1:28	2:42	2	1:08:52	15.7	1:27	2	30:52	9:05	1:48:15
3	142	Tara Lafferty	Ava	MO	20	F	2	5:04	1:42	2:51	3	1:08:54	15.7	2:40	3	32:20	9:31	1:51:45
4	458	Laura Dye	Columbia	MO	35	F	4	6:18	2:06	1:57	4	1:11:57	15.0	2:19	4	35:39	10:29	1:58:07
5	188	Holly Ray	O'Fallon	MO	32	F	6	9:00	3:00	2:24	5	1:15:27	14.3	1:48	5	36:33	10:45	2:05:09
6	445	Laura Jarrett	Columbia	MO	29	F	5	7:14	2:25	2:40	6	1:23:24	13.0	0:31	6	39:48	11:43	2:13:34

CLYDESDALE RESULTS

TOT				SWIM	100				TRAN	BIKE			TRAN		RUN		TOTAL	
PLC #	NAME	CITY	ST	AGE	S	plc	time	yds	time	plc	time	mph	time	plc	time	pace	TIME	
1	439	John Connors	Ballwin	MO	34	M	3	4:08	1:23	1:07	1	50:25	21.4	1:36	2	24:39	7:15	1:21:53
2	332	David Nokes	Battlefield	MO	41	M	7	4:54	1:38	1:41	3	52:59	20.4	1:17	4	25:08	7:24	1:25:56
3	385	Nick Power	Columbia	MO	32	M	24	6:15	2:05	1:52	4	53:50	20.1	1:28	1	24:23	7:11	1:27:46
4	182	Chance Potts	Springfield	MO	33	M	1	3:44	1:15	1:34	5	54:43	19.7	1:31	6	26:55	7:55	1:28:25
5	314	Kimo Gallahue	Ft. Leavenwort	KS	36	M	4	4:13	1:25	2:05	2	51:43	20.9	1:58	11	29:00	8:32	1:28:57
6	534	Jeff Bakeris	Runnells	IA	38	M	6	4:49	1:37	1:31	6	54:45	19.7	1:40	5	26:32	7:49	1:29:16
7	210	Jeff Delvecchio	Springfield	MO	29	M	17	5:29	1:50	2:12	7	55:51	19.3	1:32	12	29:02	8:33	1:34:04
8	380	Mark Dietzel	Columbia	MO	33	M	18	5:30	1:50	1:44	8	58:51	18.4	1:25	9	28:46	8:28	1:36:14
9	509	Douglas Wynd	Chesterfield	MO	36	M	12	5:05	1:42	1:41	9	1:00:14	17.9	1:45	10	28:56	8:31	1:37:39
10	404	David Smith	Columbia	MO	25	M	14	5:14	1:45	2:41	11	1:01:06	17.7	2:12	8	27:56	8:13	1:39:07

11	83	Daniel Pittman	Grain Valley	MO	31	M	5	4:34	1:32	2:05	18	1:04:49	16.7	1:06	7	27:03	7:58	1:39:35
12	79	Edward Rataj	St. Louis	MO	28	M	10	4:58	1:40	2:38	12	1:01:12	17.7	2:09	14	29:42	8:44	1:40:37
13	552	Jason Cline	Fulton	MO	25	M	9	4:58	1:40	1:27	15	1:04:07	16.8	1:36	15	29:43	8:45	1:41:49
14	115	Mike Lamphear	Ozark	MO	43	M	2	3:53	1:18	2:06	13	1:01:46	17.5	1:59	26	32:08	9:27	1:41:50
15	330	Greg Wood	Springfield	MO	42	M	21	5:49	1:57	2:36	10	1:00:26	17.9	2:58	21	31:31	9:17	1:43:18
16	73	Paul Milligan	High Ridge	MO	45	M	22	5:57	1:59	3:33	14	1:03:27	17.0	1:46	17	30:06	8:52	1:44:48
17	173	Sam Tahhan	Springfield	MO	30	M	26	6:25	2:09	2:08	24	1:10:38	15.3	1:02	3	24:53	7:20	1:45:05
18	403	R. Brent Young	Columbia	MO	41	M	27	6:27	2:09	1:39	21	1:06:27	16.3	1:19	16	30:00	8:50	1:45:49
19	367	Shane Bower	Columbia	MO	32	M	15	5:22	1:48	2:34	16	1:04:07	16.8	2:15	22	31:41	9:19	1:45:57
20	61	William Brooks	Gladstone	MO	32	M	19	5:44	1:55	2:59	20	1:05:35	16.5	2:00	18	30:07	8:52	1:46:22
21	67	Mark George	Troy	MO	28	M	13	5:11	1:44	3:35	17	1:04:45	16.7	2:18	19	30:48	9:04	1:46:35
22	251	Joseph Banasik	Springfield	MO	40	M	28	6:27	2:09	2:58	19	1:05:15	16.6	1:40	20	30:52	9:05	1:47:11
23	241	Trent Wanamaker	Sedalia	MO	31	M	8	4:57	1:39	2:47	23	1:09:37	15.5	1:29	13	29:10	8:35	1:47:57
24	225	Jeff Osborn	West Des Moines	IA	32	M	31	6:59	2:20	3:23	22	1:07:04	16.1	2:01	23	31:44	9:20	1:51:09
25	265	Michael Thompson	Columbia	MO	26	M	20	5:46	1:56	2:59	26	1:12:27	14.9	1:42	27	34:41	10:12	1:57:33
26	53	Jeb Blasingame	Collinsville	IL	34	M	25	6:16	2:06	2:39	28	1:15:37	14.3	1:51	24	32:02	9:26	1:58:23
27	320	Mark Scott	Jefferson City	MO	31	M	29	6:28	2:10	2:33	27	1:12:34	14.9	2:55	28	37:10	10:56	2:01:39
28	81	Scott Martensen	Lathrop	MO	31	M	23	6:12	2:04	3:40	29	1:19:12	13.6	1:41	25	32:07	9:27	2:02:50
29	477	Courtney Stalcup	Overland Park	KS	34	M	16	5:24	1:48	3:42	25	1:11:27	15.1	4:08	30	39:27	11:37	2:04:07
30	362	Jeff Weaver	Bridgeton	MO	41	M	30	6:56	2:19	3:36	30	1:21:38	13.2	0:48	29	37:57	11:10	2:10:53
31	462	Mike Maloney	Columbia	MO	23	M	11	5:01	1:41	6:09	31	1:22:37	13.1	1:40	31	42:11	12:25	2:17:36

TEAM RESULTS

TOTAL PLACE	DIV PLC	TEAM	MEMBERS:	SWIMMER, BIKER, RUNNER	SWIM 100 plc time yds	TRAN time	BIKE plc time mph	TRAN time	RUN plc time	TOTAL pace TIME	
1	1/2	Team Ross	Ryan Stonecipher-Fisher , Richard Ross , Steve Stoneciphe			2 3:47 1:16	0:46	1 53:22 20.2	0:55	1 20:35 6:04	1:19:23
2	1/9	Team BM	Brad Miller , Barbie Miller , Barbie Miller			1 3:23 1:08	0:44	2 58:03 18.6	1:38	5 28:06 8:16	1:31:51
3	2/9	Three Little Bears	Meg Waller , Mark Banks , Steve Waller			6 4:22 1:28	0:48	5 1:04:05 16.9	0:47	4 27:46 8:10	1:37:46
4	3/9	Dresser Family	Sarah Dresser , Thomas Dresser , Sarah Dresser			3 4:08 1:23	0:50	3 59:48 18.1	0:50	11 34:22 10:07	1:39:56
5	4/9	Team USGS	Ann Allert , Richard King , Robin Lipkin			8 5:23 1:48	0:38	4 1:00:58 17.7	0:53	10 33:51 9:58	1:41:40
6	5/9	3 Docs	Joanne Klingele , Jim Tomlinson , Paul Scully			7 5:03 1:41	0:47	7 1:08:06 15.9	0:45	6 28:16 8:19	1:42:55
7	2/2	MAT	Aaron Slemp , Mark Alterman , Tim Kleier			5 4:20 1:27	0:57	10 1:15:51 14.2	0:48	2 22:16 6:33	1:44:10
8	1/2	Dwyer Team	Carmen Adams Stefanizzi , Judy Dwyer , Carmen Adams Stefa			4 4:12 1:24	0:59	8 1:08:44 15.7	1:10	7 29:24 8:39	1:44:27
9	6/9	Comparative Orthopaedic Lab	Keith Branson , Jimi Cook , JoJo Kramer			9 5:49 1:57	1:00	9 1:12:27 14.9	0:40	3 25:58 7:39	1:45:52
10	2/2	Flying Angels	Sandy Ashley , Shauntel Heskett , Shauntel Heskett								

1	Mollie Smee	Ferguson	MO	15	F	1	4:00	1:20	1:18	1	1:08:04	15.9	1:34	3	31:25	9:15	1:46:19
2	Lisa Gallion	Ozark	MO	19	F	4	6:09	2:03	2:04	2	1:16:52	14.1	1:08	2	30:16	8:54	1:56:26
3	Ryan Hickman	Kirksville	MO	18	F	2	4:43	1:35	1:31	3	1:20:43	13.4	1:22	4	34:33	10:10	2:02:49
4	Julie Pitts	Grinnell	IA	19	F	3	5:49	1:57	2:19	4	1:27:06	12.4	2:06	1	25:50	7:36	2:03:09

MALE AGE GROUP RESULTS 15 - 19

NAME	CITY	ST	AGE	S	plc	SWIM	100	TRAN	BIKE	TRAN	RUN	TOTAL					
						time	yds	time	time	time	time	TIME					
									mph		pace						
1	Joseph Rother	St. Charles	MO	19	M	10	4:15	1:25	0:58	2	53:29	20.2	0:56	2	21:08	6:13	1:20:44
2	Dylan Sullivan	Columbia	MO	19	M	2	3:44	1:15	1:27	1	53:08	20.3	1:36	3	21:20	6:17	1:21:14
3	Mike Zimmerman	Cedar Rapids	IA	17	M	12	4:43	1:35	1:57	3	54:05	20.0	1:23	1	20:43	6:06	1:22:49
4	Eric Travagiakis	Cedar Rapids	IA	19	M	9	4:05	1:22	1:01	5	56:38	19.1	1:13	7	24:57	7:21	1:27:52
5	Nate Smith	Merrill	IA	19	M	13	4:52	1:38	1:32	6	56:40	19.1	1:41	5	23:44	6:59	1:28:26
6	Nic Lamphear	Ozark	MO	19	M	7	3:59	1:20	1:42	4	56:28	19.1	1:13	8	26:53	7:55	1:30:12
7	John Meyer	Cedar Rapids	IA	17	M	8	4:02	1:21	1:06	9	1:00:47	17.8	1:27	6	24:19	7:09	1:31:39
8	Robert Johnson	St. Louis	MO	19	M	5	3:49	1:17	1:57	10	1:01:03	17.7	1:45	4	23:15	6:51	1:31:48
9	Chris Spencer	St. Louis	MO	19	M	4	3:47	1:16	1:46	7	58:01	18.6	1:20	10	28:22	8:21	1:33:14
10	Braden Pence	Grinnell	IA	19	M	1	3:27	1:09	1:48	8	58:59	18.3	2:08	9	28:05	8:16	1:34:24
11	Joel Elden	Freeburg	IL	15	M	6	3:59	1:20	1:02	11	1:02:10	17.4	1:06	11	30:47	9:04	1:39:01
12	Alexander Kerford	St. Louis	MO	19	M	11	4:29	1:30	2:48	12	1:03:51	16.9	1:28	12	32:31	9:34	1:45:04
13	Adam Trafton	St. L ouis	MO	15	M	3	3:45	1:15	2:45	13	1:11:04	15.2	2:04	13	34:00	10:00	1:53:37

FEMALE AGE GROUP RESULTS 20 - 24

NAME	CITY	ST	AGE	S	plc	SWIM	100	TRAN	BIKE	TRAN	RUN	TOTAL					
						time	yds	time	time	time	time	TIME					
									mph		pace						
1	Alicia Hamilton	St. Louis	MO	23	F	5	4:02	1:21	1:24	3	1:01:40	17.5	1:22	1	24:10	7:07	1:32:36
2	Libby Erkmann	Columbia	MO	23	F	8	4:25	1:29	1:41	1	57:44	18.7	1:01	11	29:51	8:47	1:34:41
3	Molly Vetter	Columbia	MO	22	F	1	3:29	1:10	2:06	4	1:02:25	17.3	1:10	4	27:16	8:01	1:36:24
4	Camy Haugh	Columbia	MO	24	F	14	5:45	1:55	1:26	2	1:01:38	17.5	1:26	8	29:16	8:37	1:39:29
5	Lindsey Borgstadt	Columbia	MO	24	F	22	7:08	2:23	3:22	5	1:04:33	16.7	1:13	2	24:45	7:17	1:40:59
6	Sarah Gabel	Ames	IA	23	F	9	4:37	1:33	2:29	8	1:07:59	15.9	1:03	3	27:01	7:57	1:43:07
7	Jessica Critchlow	Austin	TX	24	F	15	5:52	1:58	1:55	9	1:08:01	15.9	1:08	9	29:31	8:41	1:46:25
8	Amanda Rhoades	Columbia	MO	21	F	6	4:03	1:21	1:37	6	1:05:32	16.5	0:58	19	36:51	10:51	1:49:00
9	Martha Strain	Kansas City	MO	24	F	11	5:38	1:53	2:09	13	1:12:07	15.0	1:05	7	28:35	8:25	1:49:32
10	Jennifer Dziuvenis	Olathe	KS	22	F	3	3:53	1:18	1:32	7	1:06:32	16.2	2:10	20	37:18	10:59	1:51:23
11	Kirstin Nilles	St. Louis	MO	24	F	13	5:41	1:54	2:56	11	1:10:56	15.2	1:26	12	30:40	9:02	1:51:37
12	Nina Weisenhorn	Columbia	MO	20	F	16	5:53	1:58	2:24	15	1:16:06	14.2	1:13	6	27:59	8:14	1:53:33
13	Kim Theodore	Grinnell	IA	20	F	7	4:17	1:26	2:14	12	1:11:16	15.2	1:27	18	34:42	10:13	1:53:54
14	Meridith McAvoy	St. Louis	MO	23	F	12	5:39	1:53	2:28	14	1:13:23	14.7	1:38	16	32:07	9:27	1:55:13
15	Mary Linxweiler	St. Louis	MO	23	F	23	7:13	2:25	2:28	16	1:18:07	13.8	1:14	14	31:15	9:12	2:00:14
16	Jennifer Medina	Grinnell	IA	22	F	4	3:56	1:19	1:38	23	1:26:36	12.5	1:09	5	27:38	8:08	2:00:55

17	Emily Mohl	St. Louis	MO	21	F	2	3:40	1:14	2:23	20	1:23:46	12.9	1:20	10	29:51	8:47	2:00:58
18	Tracy Gluck	St. Louis	MO	23	F	18	6:44	2:15	2:05	10	1:10:49	15.3	2:06	22	39:36	11:39	2:01:18
19	Marjanne Manker	Columbia	MO	24	F	19	6:49	2:17	2:59	17	1:18:39	13.7	2:21	13	30:47	9:03	2:01:32
20	April Franceschi	St Louis	MO	23	F	10	4:45	1:35	4:14	19	1:20:14	13.5	2:21	15	32:07	9:27	2:03:38
21	Lauren Rase	Kirksville	MO	20	F	17	5:55	1:59	2:37	21	1:24:37	12.8	1:05	17	32:08	9:27	2:06:21
22	Stephanie Brennan	Ames	IA	24	F	21	7:03	2:21	3:20	18	1:19:11	13.6	3:51	21	39:32	11:38	2:12:55
23	Erin Turner Lantz	Overland Park	KS	24	F	20	6:59	2:20	3:01	22	1:25:13	12.7	1:47	23	45:26	13:22	2:22:23

MALE AGE GROUP RESULTS 20 - 24

NAME	CITY	ST	AGE	S	plc	SWIM	100	TRAN	BIKE	TRAN	RUN	TOTAL					
=====	=====	==	====	=	=====	time	yds	time	plc	time	plc	time	pace	TIME			
1	Nathan Wangerin	Northglenn	CO	20	M	3	3:33	1:11	0:51	1	47:41	22.7	0:56	2	21:16	6:16	1:14:14
2	Jonathan Good	Springfield	MO	22	M	13	4:24	1:28	0:48	2	48:56	22.1	1:08	3	22:07	6:31	1:17:21
3	Jason Blom	Evanston	IL	24	M	4	3:38	1:13	0:53	5	52:06	20.7	1:07	7	23:07	6:48	1:20:50
4	Douglas Hilbert	Chesterfield	MO	23	M	16	4:30	1:30	1:34	3	50:35	21.4	0:55	9	23:58	7:03	1:21:29
5	Ryan Campbell	Rolla	MO	21	M	1	3:18	1:06	1:01	7	53:01	20.4	1:03	10	24:04	7:05	1:22:25
6	Derek Freund	Ashland	MO	23	M	9	4:03	1:21	0:43	4	51:44	20.9	1:03	20	26:01	7:40	1:23:32
7	Brian Schoenholz	O'Fallon	MO	23	M	18	4:47	1:36	1:27	12	57:16	18.9	1:11	4	22:10	6:31	1:26:49
8	Dustin Wright	St. Louis	MO	24	M	23	5:04	1:42	1:20	13	57:30	18.8	1:05	5	22:20	6:34	1:27:17
9	Aaron Aversman	Kirksville	MO	24	M	19	4:48	1:36	1:59	9	56:25	19.1	1:27	6	22:41	6:41	1:27:18
10	Jamin Graham	Lenexa	KS	23	M	11	4:14	1:25	2:33	16	58:38	18.4	1:03	1	20:52	6:09	1:27:19
11	Kenneth Campbell	Rolla	MO	24	M	8	3:55	1:19	1:38	8	54:14	19.9	1:33	22	26:21	7:45	1:27:38
12	Clayton Worthingto	Springfield	MO	23	M	7	3:50	1:17	2:01	6	52:24	20.6	1:39	26	27:47	8:11	1:27:39
13	Jarrod Dusin	Mission	KS	24	M	10	4:11	1:24	1:50	10	56:31	19.1	1:13	12	24:05	7:05	1:27:49
14	Craig Langenfeld	Clayton	MO	24	M	22	5:01	1:41	1:39	14	57:34	18.8	1:48	8	23:52	7:02	1:29:53
15	Dave Grant	Kirksville	MO	21	M	26	5:35	1:52	1:47	11	56:40	19.1	1:25	19	26:00	7:39	1:31:26
16	Gregory Hora	Columbia	MO	20	M	14	4:27	1:29	1:41	17	59:39	18.1	1:20	14	25:04	7:23	1:32:09
17	Josh Gray	Columbia	MO	22	M	6	3:50	1:17	1:15	19	1:00:06	18.0	1:24	18	25:52	7:37	1:32:25
18	Adam Brown	Columbia	MO	20	M	2	3:32	1:11	2:17	18	59:43	18.1	1:41	16	25:34	7:32	1:32:45
19	Eric Brewer	Maryland Heigh	MO	24	M	15	4:27	1:29	2:26	15	58:24	18.5	1:51	21	26:08	7:41	1:33:14
20	Marshall Rader	Maryland Heigh	MO	22	M	25	5:24	1:48	3:12	20	1:01:46	17.5	1:07	23	26:25	7:47	1:37:54
21	Brad Bangs	Doniphan	NE	23	M	21	4:59	1:40	1:38	27	1:08:39	15.7	0:56	11	24:05	7:05	1:40:14
22	Thomas Wall	Columbia	MO	23	M	27	5:54	1:58	2:51	21	1:02:54	17.2	0:59	27	28:58	8:31	1:41:33
23	Mark Durst	Columbia	MO	20	M	30	6:40	2:14	1:59	26	1:07:16	16.1	1:43	13	24:17	7:09	1:41:53
24	Lee Clinton	Columbia	MO	24	M	29	6:30	2:10	4:11	23	1:04:32	16.7	1:16	17	25:36	7:32	1:42:03
25	Tim Chudy	Springfield	MO	21	M	12	4:17	1:26	2:10	28	1:09:28	15.6	0:57	15	25:33	7:31	1:42:23
26	Chris Straatmann	Union	MO	24	M	24	5:23	1:48	3:51	25	1:04:49	16.7	1:51	24	26:49	7:54	1:42:41
27	Steve Perkins	Columbia	MO	22	M	20	4:52	1:38	1:55	22	1:04:14	16.8	2:07	28	31:42	9:20	1:44:49
28	Dan Bartell	Grinnell	IA	21	M	5	3:44	1:15	3:13	24	1:04:33	16.7	1:57	29	32:03	9:26	1:45:27
29	Kevin Sievers	Columbia	MO	20	M	17	4:33	1:31	2:43	29	1:12:37	14.9	2:15	25	27:02	7:57	1:49:08

FEMALE AGE GROUP RESULTS 25 - 29

NAME	CITY	ST	AGE	S	plc	SWIM 100 time yds	TRAN time	plc	BIKE time mph	TRAN time	plc	RUN time	pace	TOTAL TIME
1 Angelina Stevens	Manchester	MO	25	F	8	4:31 1:31	0:59	6	57:47 18.7	1:27	1	22:38	6:40	1:27:20
2 Annie Moskoff	Clayton	MO	25	F	4	4:04 1:22	0:47	3	55:42 19.4	1:07	5	25:52	7:37	1:27:30
3 Laurie Ott	St. Louis	MO	29	F	12	4:47 1:36	1:11	1	52:30 20.6	1:20	13	27:54	8:13	1:27:39
4 Shannon Standridge	Columbia	MO	27	F	11	4:45 1:35	1:26	2	54:49 19.7	1:09	4	25:40	7:33	1:27:48
5 Sara Heisel	St. Louis	MO	28	F	20	5:41 1:54	1:28	4	56:23 19.2	1:30	7	26:10	7:42	1:31:09
6 Stacy Cronhardt	Columbia	MO	27	F	35	7:40 2:34	1:36	5	57:00 19.0	2:07	2	23:59	7:04	1:32:21
7 Heather Bankowski	Kirksville	MO	25	F	17	5:16 1:46	1:06	8	58:38 18.4	1:09	12	27:27	8:05	1:33:34
8 Pascha Boyd	Columbia	MO	28	F	13	4:53 1:38	1:46	9	59:40 18.1	1:32	10	27:19	8:02	1:35:08
9 Tonya Ehlmann	O\Fallon	MO	27	F	32	7:15 2:25	1:41	10	1:00:39 17.8	1:55	3	25:11	7:25	1:36:37
10 Mary Sundy	St. Louis	MO	26	F	5	4:08 1:23	1:10	7	57:53 18.7	1:28	20	32:15	9:30	1:36:51
11 Jennifer Larson	Ankeny	IA	25	F	22	5:52 1:58	1:52	11	1:01:37 17.5	1:20	9	27:07	7:59	1:37:46
12 Polly Sisemore	St. Louis	MO	26	F	15	5:09 1:43	1:53	19	1:05:40 16.5	1:36	6	26:03	7:40	1:40:19
13 Lindsey Knoten	Clayton	MO	25	F	24	5:59 2:00	1:03	14	1:04:40 16.7	1:21	11	27:22	8:03	1:40:23
14 Julie Schloss	St. Louis	MO	27	F	6	4:18 1:26	2:02	21	1:07:51 15.9	1:29	8	26:48	7:53	1:42:25
15 Christa Thompson	Columbia	MO	27	F	1	3:35 1:12	2:02	18	1:05:29 16.5	1:42	19	31:53	9:23	1:44:39
16 Jen Horton	Columbia	MO	29	F	19	5:35 1:52	1:40	15	1:04:57 16.6	2:42	14	30:32	8:59	1:45:23
17 Sarah Schlagenhau	Kansas City	MO	28	F	28	6:20 2:07	1:27	16	1:04:57 16.6	2:04	15	30:40	9:02	1:45:26
18 Angela Passanise	Columbia	MO	29	F	18	5:30 1:50	3:02	12	1:03:06 17.1	2:58	17	31:02	9:08	1:45:36
19 Kadiee Drechsel	Columbia	MO	25	F	7	4:22 1:28	2:16	23	1:10:03 15.4	1:17	16	30:47	9:04	1:48:43
20 Kris Kammerer	St. Louis	MO	28	F	26	6:03 2:01	1:58	13	1:04:39 16.7	1:49	27	35:27	10:26	1:49:54
21 Brenda Holland	St. Charles	MO	29	F	25	6:02 2:01	2:59	17	1:05:18 16.5	2:36	26	34:51	10:15	1:51:44
22 Jenice Hickman	Columbia	MO	26	F	10	4:40 1:34	3:11	22	1:09:23 15.6	2:12	25	33:59	10:00	1:53:23
23 Kathryn Kearney	St. Louis	MO	29	F	2	3:51 1:17	2:17	24	1:13:13 14.8	1:16	28	36:17	10:41	1:56:52
24 Allison Gluck	Webster Groves	MO	25	F	9	4:37 1:33	3:03	20	1:07:11 16.1	2:46	31	39:37	11:39	1:57:12
25 Allison Cunningham	Maryville	IL	27	F	23	5:52 1:58	2:33	26	1:16:06 14.2	2:04	18	31:04	9:09	1:57:37
26 Jennifer Farrell	Ft. Collins	CO	25	F	14	4:58 1:40	2:48	25	1:15:29 14.3	1:37	23	33:12	9:46	1:58:02
27 Mandi Hickam	Maryville	IL	26	F	31	7:14 2:25	2:17	28	1:19:38 13.6	1:32	21	32:54	9:41	2:03:33
28 Molly Critchlow	St. Louis	MO	25	F	3	3:57 1:19	1:42	27	1:18:51 13.7	2:03	29	37:59	11:11	2:04:30
29 Mandy Pollihan	St Louis	MO	25	F	21	5:44 1:55	3:37	29	1:21:37 13.2	2:31	22	33:06	9:44	2:06:33
30 Jen Poliquin	Columbia	MO	29	F	33	7:36 2:32	3:18	32	1:23:33 12.9	1:27	24	33:12	9:46	2:09:03
31 Amanda Williams	Marthasville	MO	25	F	29	6:32 2:11	2:25	30	1:22:39 13.1	1:59	33	41:29	12:12	2:15:01
32 Deborah George	Troy	MO	29	F	30	7:07 2:23	3:21	31	1:23:10 13.0	1:51	32	41:08	12:06	2:16:35
33 Julie Pearson	Jefferson City	MO	28	F	34	7:36 2:32	2:46	33	1:23:55 12.9	4:02	30	39:22	11:35	2:17:38
34 Julianne Hunter	St. Louis	MO	29	F	27	6:15 2:05	2:47	34	1:30:11 12.0	2:56	34	53:42	15:48	2:35:48

MALE AGE GROUP RESULTS 25 - 29

NAME	CITY	ST	AGE	S	plc	SWIM 100 time yds	TRAN time	plc	BIKE time mph	TRAN time	plc	RUN time	pace	TOTAL TIME
1 Tim Sandfort	Ballwin	MO	25	M	1	3:29 1:10	0:53	2	48:08 22.4	1:04	4	20:47	6:07	1:14:19
2 Patrick Riley	Des Moines	IA	28	M	11	4:23 1:28	1:03	1	47:34 22.7	1:10	2	20:40	6:05	1:14:48
3 Eric Johnson	Springfield	MO	26	M	13	4:28 1:30	1:11	3	48:43 22.2	0:55	1	19:55	5:52	1:15:10

4	Christian Verry	Columbia	MO	27	M	22	4:38	1:33	1:06	5	49:28	21.8	1:09	6	21:35	6:21	1:17:53
5	Matt Dreier	Columbia	MO	27	M	4	4:06	1:22	1:13	4	49:10	22.0	1:10	11	22:31	6:38	1:18:08
6	Kentner Cottingham	Columbia	MO	26	M	6	4:11	1:24	0:58	6	49:59	21.6	0:53	9	22:19	6:34	1:18:17
7	Chris Kerrick	Indianapolis	IN	25	M	7	4:14	1:25	1:01	13	53:41	20.1	1:19	3	20:43	6:06	1:20:56
8	Shawn Standridge	Columbia	MO	27	M	42	5:24	1:48	1:28	11	52:42	20.5	1:39	5	20:49	6:08	1:22:00
9	Ernest Rigdon III	Kirksville	MO	28	M	31	4:55	1:39	1:44	7	51:42	20.9	1:12	12	22:42	6:41	1:22:12
10	Stephen Engler	Columbia	MO	29	M	14	4:29	1:30	1:29	10	52:33	20.6	1:59	10	22:27	6:36	1:22:55
11	Jason Halfpap	Ankeny	IA	26	M	12	4:26	1:29	1:01	8	51:42	20.9	1:16	22	24:35	7:14	1:22:57
12	Ryan Rehmeier	Manhattan	KS	27	M	19	4:35	1:32	1:31	9	52:17	20.7	1:28	18	23:39	6:58	1:23:28
13	Jason Hilgers	Manhattan	KS	28	M	23	4:38	1:33	1:33	14	53:54	20.0	1:02	15	23:09	6:49	1:24:14
14	Barry Sala	Fulton	MO	27	M	5	4:07	1:23	2:04	15	54:23	19.9	1:18	13	23:04	6:47	1:24:53
15	Jay Slesman	Columbia	MO	25	M	2	3:57	1:19	1:21	16	55:10	19.6	1:17	19	24:20	7:10	1:26:03
16	William Voges	Wentzville	MO	25	M	39	5:09	1:43	2:04	18	56:39	19.1	1:05	7	21:57	6:28	1:26:51
17	Josh Yates	St. Louis	MO	26	M	21	4:36	1:32	2:36	12	53:14	20.3	2:12	20	24:30	7:13	1:27:06
18	Joshua Blankenship	Kansas City	MO	29	M	8	4:15	1:25	1:35	23	57:53	18.7	2:09	8	22:05	6:30	1:27:56
19	Josh Hilgers	Overland Park	KS	26	M	10	4:22	1:28	1:22	22	57:35	18.8	1:06	17	23:37	6:57	1:28:00
20	Jamie Dake	St. Louis	MO	29	M	18	4:33	1:31	1:41	19	56:50	19.0	1:34	16	23:26	6:54	1:28:03
21	Chris Kuehne	Columbia	MO	29	M	9	4:16	1:26	1:20	26	58:53	18.3	1:14	14	23:06	6:48	1:28:47
22	Lyle Hays	Springfield	MO	28	M	17	4:32	1:31	1:44	20	57:13	18.9	1:30	21	24:32	7:13	1:29:29
23	David Schlingmann	Hillsboro	MO	27	M	34	4:59	1:40	1:55	17	56:27	19.1	1:36	30	26:32	7:49	1:31:27
24	John Beyer	St. Louis	MO	27	M	3	4:05	1:22	1:34	27	59:25	18.2	1:51	25	25:00	7:21	1:31:53
25	Gregg Trapp	Clayton	MO	28	M	16	4:31	1:31	1:30	32	1:00:12	17.9	1:34	26	25:04	7:23	1:32:50
26	Brandon Mann	St Louis	MO	29	M	20	4:35	1:32	2:08	21	57:19	18.8	1:26	40	28:00	8:14	1:33:26
27	Derek Fishel	Columbia	MO	28	M	29	4:49	1:37	1:33	24	57:58	18.6	1:27	38	27:44	8:10	1:33:30
28	Kevin Young	Columbia	MO	27	M	30	4:50	1:37	1:41	30	1:00:01	18.0	1:08	28	26:00	7:39	1:33:37
29	Brad Rudler	Parkville	MO	27	M	52	6:01	2:01	2:20	29	59:41	18.1	1:14	24	24:46	7:17	1:34:00
30	Adam Jackson	Columbia	MO	26	M	28	4:49	1:37	1:20	28	59:41	18.1	1:25	34	26:54	7:55	1:34:06
31	Jeff Bridges	Columbia	MO	29	M	37	5:02	1:41	1:47	31	1:00:06	18.0	1:12	29	26:20	7:45	1:34:24
32	Bill Roth	California	MO	27	M	27	4:48	1:36	1:43	36	1:03:23	17.0	1:41	27	25:14	7:26	1:36:47
33	Daniel Bullock	Fayetteville	AR	27	M	43	5:34	1:52	1:14	25	58:43	18.4	2:03	49	31:21	9:14	1:38:54
34	Stephen Hahn	St. Louis	MO	27	M	15	4:30	1:30	3:24	38	1:04:13	16.8	1:16	31	26:41	7:51	1:40:02
35	Garry LaBelle	Belton	MO	27	M	45	5:36	1:52	2:09	35	1:01:34	17.5	1:35	45	29:40	8:44	1:40:32
36	Spencer Ehlers	Ames	IA	25	M	57	6:40	2:14	1:35	34	1:01:30	17.6	2:07	44	29:25	8:40	1:41:15
37	Brad Culbertson	Maryland Heigh	MO	25	M	38	5:03	1:41	1:54	33	1:01:05	17.7	1:27	53	32:29	9:34	1:41:55
38	Rick Kuehn	St. Louis	MO	26	M	33	4:59	1:40	2:18	37	1:03:28	17.0	2:26	46	29:41	8:44	1:42:49
39	Tony Schmitz	Johnston	IA	27	M	48	5:43	1:55	2:09	42	1:05:09	16.6	1:32	43	28:43	8:27	1:43:14
40	Craig Harrison	Maryville	IL	26	M	41	5:21	1:47	2:15	46	1:07:03	16.1	1:48	36	27:02	7:57	1:43:26
41	Jake Dodson	Austin	TX	27	M	56	6:36	2:12	2:33	41	1:04:33	16.7	1:38	42	28:10	8:17	1:43:28
42	Matt Evans	Lake St. Louis	MO	25	M	36	5:00	1:40	2:01	51	1:08:32	15.8	2:01	32	26:48	7:53	1:44:20
43	Chris Hass	St. Louis	MO	27	M	58	6:51	2:17	1:53	43	1:06:24	16.3	1:41	39	27:49	8:11	1:44:37
44	Jason Pellin	Union	MO	27	M	40	5:18	1:46	3:06	45	1:06:52	16.2	1:47	41	28:02	8:15	1:45:03
45	Ryan Hartman	Mission	KS	25	M	24	4:39	1:33	2:06	40	1:04:33	16.7	2:00	52	32:07	9:27	1:45:23
46	Mark Hey	St. Louis	MO	25	M	60	7:54	2:38	2:52	52	1:08:39	15.7	2:29	23	24:45	7:17	1:46:37
47	Josh Kell	St. Louis	MO	25	M	44	5:34	1:52	1:32	44	1:06:44	16.2	1:57	47	30:56	9:06	1:46:41
48	Aaron Sansone	Brentwood	MO	29	M	32	4:57	1:39	2:24	39	1:04:17	16.8	2:00	56	33:53	9:58	1:47:29
49	Jim Cunningham	Maryville	IL	28	M	55	6:26	2:09	3:16	54	1:11:02	15.2	1:02	33	26:51	7:54	1:48:35
50	Timothy Schloss	St. Louis	MO	25	M	49	5:43	1:55	2:10	49	1:07:52	15.9	1:49	51	32:02	9:26	1:49:34

51	Brent Spicuzza	St. Louis	MO	25	M	26	4:46	1:36	2:26	53	1:09:13	15.6	2:25	48	30:56	9:06	1:49:45
52	Christopher Hart	St. Louis	MO	26	M	53	6:06	2:02	3:06	58	1:12:39	14.9	2:41	35	27:00	7:57	1:51:29
53	Rick Winslow	Liberty	MO	29	M	25	4:43	1:35	1:44	47	1:07:25	16.0	2:18	59	35:55	10:34	1:52:02
54	Steven Kunkel	St. Louis	MO	25	M	54	6:26	2:09	2:18	48	1:07:37	16.0	1:14	58	35:25	10:25	1:52:58
55	Ed Lampitt	Kirkwood	MO	27	M	47	5:42	1:54	2:37	59	1:16:57	14.0	1:34	37	27:31	8:06	1:54:17
56	Jim Foster	Fort Collins	CO	29	M	35	4:59	1:40	4:14	50	1:08:07	15.9	2:04	61	36:24	10:43	1:55:46
57	Clayton Lull	Woodbridge	VA	25	M	50	5:50	1:57	2:55	57	1:11:26	15.1	2:05	57	34:29	10:09	1:56:43
58	Alex Kulczycki	St. Louis	MO	29	M	46	5:36	1:52	3:25	56	1:11:03	15.2	3:48	55	33:39	9:54	1:57:29
59	Stef Sano	St. Louis	MO	28	M	59	7:23	2:28	3:59	55	1:11:03	15.2	2:37	54	33:21	9:49	1:58:22
60	James Hickam	Maryville	IL	28	M	51	5:53	1:58	3:11	60	1:17:02	14.0	1:00	50	31:48	9:22	1:58:53
61	Daniel Blackhall	Morton Grove	IL	26	M	61	8:00	2:40	1:59	61	1:20:37	13.4	1:22	60	36:02	10:36	2:07:58
62	Srikant Chellappa	St. Louis	MO	29	M	62	8:42	2:54	3:16	62	1:25:13	12.7	1:02	62	39:38	11:40	2:17:49

FEMALE AGE GROUP RESULTS 30 - 34

NAME	CITY	ST	AGE	S	plc	SWIM time	100 yds	TRAN time	BIKE time	mph	TRAN time	plc	RUN time	pace	TOTAL TIME		
=====	=====	==	===	=	=====	=====	=====	=====	=====	=====	=====	=====	=====	=====	=====		
1	Karla Lang	Boonville	MO	33	F	5	4:25	1:29	1:18	1	53:42	20.1	1:27	1	24:08	7:06	1:24:58
2	Marzena Tomicki	Columbia	MO	32	F	12	5:14	1:45	1:27	3	55:40	19.4	1:22	2	24:10	7:07	1:27:51
3	Chris Maravelas-Ki	Johnston	IA	32	F	3	4:07	1:23	1:09	2	54:34	19.8	1:38	13	27:25	8:04	1:28:51
4	Katy Muelhaupt	Des Moines	IA	30	F	15	5:24	1:48	1:53	4	57:08	18.9	1:43	3	24:12	7:07	1:30:17
5	Kristi Willis	St. Louis	MO	31	F	7	4:27	1:29	1:42	6	57:45	18.7	1:11	6	25:29	7:30	1:30:33
6	Macey Bray	Kirksville	MO	31	F	10	4:59	1:40	1:19	7	58:26	18.5	1:25	4	24:49	7:18	1:30:56
7	Miriam Flouer	Springfield	MO	31	F	2	4:07	1:23	1:49	10	1:00:11	18.0	1:24	7	25:39	7:33	1:33:08
8	Stacy Knowlton	University Cit	MO	33	F	9	4:50	1:37	1:23	5	57:19	18.8	1:28	16	28:24	8:22	1:33:22
9	Sally Frischkorn	St. Louis	MO	34	F	13	5:19	1:47	2:01	8	59:07	18.3	1:30	8	25:49	7:36	1:33:45
10	Rebecca Baker	Springfield	MO	34	F	17	5:34	1:52	1:54	11	1:01:11	17.7	1:43	12	27:11	8:00	1:37:30
11	Christy Fuston	Kansas City	MO	30	F	14	5:22	1:48	1:16	12	1:04:11	16.8	1:22	9	26:23	7:46	1:38:32
12	Sara Henson	Ballwin	MO	32	F	6	4:26	1:29	2:16	13	1:04:13	16.8	1:16	14	28:10	8:17	1:40:18
13	Andria Miller	Richmonds Heig	MO	30	F	27	6:30	2:10	1:53	17	1:05:38	16.5	1:38	10	26:57	7:56	1:42:35
14	Tricia Brock	Des Moines	IA	30	F	8	4:39	1:33	1:42	9	59:25	18.2	2:25	29	34:43	10:13	1:42:52
15	Karen Cattaneo	Marlyand Heigh	MO	31	F	1	3:59	1:20	1:51	15	1:04:48	16.7	1:13	26	32:43	9:38	1:44:31
16	Lisa Dyroff	Columbia	MO	31	F	18	5:41	1:54	1:48	14	1:04:14	16.8	1:31	23	31:23	9:14	1:44:35
17	Trudy Larrew	Edwardsville	IL	33	F	4	4:08	1:23	2:10	19	1:07:30	16.0	2:18	17	28:59	8:32	1:45:03
18	Michelle Lacey	St. Charles	MO	33	F	22	6:06	2:02	2:47	24	1:10:48	15.3	1:22	5	25:10	7:25	1:46:10
19	Maggie Johnston	Columbia	MO	32	F	25	6:26	2:09	2:23	18	1:05:40	16.5	2:13	18	30:03	8:51	1:46:43
20	Kimberly Butler	Kirkwood	MO	31	F	29	6:37	2:13	2:11	16	1:05:11	16.6	2:21	22	30:53	9:05	1:47:11
21	Pam Hoffer	Columbia	MO	33	F	16	5:30	1:50	1:27	23	1:10:04	15.4	1:21	24	31:30	9:16	1:49:50
22	Danna Squires	St. Louis	MO	32	F	33	7:16	2:26	1:52	21	1:08:24	15.8	1:51	20	30:39	9:01	1:50:01
23	Jennifer Reisdorf	Columbia	MO	30	F	24	6:22	2:08	2:24	28	1:14:01	14.6	1:18	15	28:21	8:21	1:52:23
24	Alison Bryant	Columbia	MO	32	F	23	6:06	2:02	2:45	22	1:09:44	15.5	1:14	27	32:59	9:42	1:52:46
25	Stacy Lupher	St. Louis	MO	33	F	19	5:42	1:54	2:06	20	1:08:03	15.9	2:34	30	34:46	10:14	1:53:09
26	Maria McMahon	Columbia	MO	34	F	31	6:46	2:16	3:09	30	1:15:24	14.3	1:28	11	27:01	7:57	1:53:45
27	Jane Frazier	St. Charles	MO	34	F	32	6:54	2:18	3:05	26	1:12:17	14.9	2:21	19	30:35	9:00	1:55:09
28	Megan Phillips	St. Louis	MO	31	F	20	5:50	1:57	3:08	27	1:12:56	14.8	1:32	25	32:12	9:29	1:55:36

29	Sonja Geltner	Kansas City	MO	34	F	21	5:55	1:59	1:17	25	1:11:53	15.0	1:53	31	36:42	10:48	1:57:39
30	Datra DeNoyer	O'Fallon	MO	31	F	11	5:14	1:45	3:22	33	1:19:07	13.7	4:04	21	30:47	9:04	2:02:32
31	Amy Wilson	Columbia	MO	31	F	34	7:39	2:33	3:04	29	1:15:18	14.3	2:39	28	34:27	10:08	2:03:06
32	Wendy Hickey	Kansas City	MO	34	F	26	6:28	2:10	2:21	31	1:15:54	14.2	1:48	32	40:11	11:50	2:06:41
33	Marci Bindyke-Mars	St. Louis	MO	31	F	28	6:34	2:12	3:28	32	1:17:27	13.9	2:41	34	41:19	12:10	2:11:26
34	Teresa Knight	Clayton	MO	31	F	30	6:38	2:13	3:03	34	1:20:26	13.4	0:31	35	47:33	13:59	2:18:09
35	Rebecca Goodloe	Columbia	MO	31	F	35	8:27	2:49	4:24	35	1:34:05	11.5	1:44	33	40:47	12:00	2:29:25

MALE AGE GROUP RESULTS 30 - 34

NAME	CITY	ST	AGE	S	plc	SWIM	100	TRAN	BIKE	TRAN	RUN	TOTAL					
=====	=====	==	====	=	=====	time	yds	time	plc	time	plc	time	pace	TIME			
1	Arch Fuston	Kansas City	MO	33	M	10	4:32	1:31	1:16	1	47:48	22.6	1:14	11	24:04	7:05	1:18:51
2	Jose Bugarin	hermann	MO	34	M	23	4:54	1:38	1:04	4	51:15	21.1	1:00	3	22:16	6:33	1:20:27
3	Kenneth Holland	Springfield	MO	31	M	6	4:17	1:26	1:29	2	48:55	22.1	1:30	14	24:44	7:17	1:20:53
4	Brian Youssi	Batavia	IL	33	M	2	3:39	1:13	1:01	5	52:15	20.7	1:11	5	22:56	6:45	1:21:01
5	Nathan Bailey	Springfield	MO	33	M	7	4:18	1:26	1:17	3	50:53	21.2	1:12	10	23:49	7:01	1:21:27
6	Brian Tournier	St. Louis	MO	31	M	5	4:06	1:22	1:04	6	52:28	20.6	1:00	7	23:28	6:55	1:22:05
7	Ted Brandt	Columbia	MO	32	M	12	4:36	1:32	0:54	13	53:56	20.0	1:38	4	22:19	6:34	1:23:21
8	Todd Glass	St. Louis	MO	30	M	4	4:05	1:22	1:00	10	53:34	20.2	1:01	13	24:35	7:14	1:24:13
9	Jan Paul De Weer	St. Louis	MO	31	M	14	4:39	1:33	1:29	16	55:14	19.6	1:15	2	22:06	6:30	1:24:41
10	Tom Hackett	Columbia	MO	34	M	46	5:30	1:50	1:26	8	52:42	20.5	1:54	6	23:25	6:54	1:24:56
11	Todd Cattaneo	Maryland Heigh	MO	32	M	15	4:39	1:33	1:43	11	53:36	20.2	1:36	9	23:34	6:56	1:25:07
12	Jeff Brock	Des Moines	IA	31	M	17	4:41	1:34	1:20	15	54:22	19.9	1:34	8	23:32	6:56	1:25:27
13	Gregory Andrulot	Columbia	MO	32	M	1	3:32	1:11	1:29	14	54:05	20.0	1:21	17	25:19	7:27	1:25:44
14	Mike Frossard	Columbia	MO	31	M	28	4:58	1:40	1:48	7	52:37	20.5	1:18	21	25:44	7:35	1:26:22
15	Rick Coats	Columbia	MO	33	M	41	5:24	1:48	1:16	9	53:10	20.3	0:47	28	27:20	8:03	1:27:55
16	Steven Vehige	St. Louis	MO	31	M	45	5:30	1:50	2:20	20	57:10	18.9	1:47	1	22:06	6:30	1:28:51
17	L House	Ballwin	MO	31	M	21	4:53	1:38	1:55	18	56:50	19.0	1:09	16	25:05	7:23	1:29:49
18	Ryan Morris	Rolla	MO	30	M	37	5:16	1:46	1:55	23	57:20	18.8	1:26	12	24:05	7:05	1:30:00
19	Daniel Fannin	Nixa	MO	31	M	30	5:02	1:41	1:37	19	57:07	18.9	1:26	15	24:57	7:21	1:30:07
20	Robb Rempel	Lincoln	NE	33	M	35	5:14	1:45	1:28	22	57:15	18.9	0:49	25	26:30	7:48	1:31:14
21	Clay Farris	Columbia	MO	33	M	40	5:22	1:48	1:12	26	58:14	18.6	1:13	18	25:23	7:28	1:31:22
22	Thomas Verstappen	St. Louis	MO	30	M	39	5:16	1:46	1:38	24	57:54	18.7	1:18	23	25:51	7:37	1:31:55
23	Thomas Marsh	St. Louis	MO	32	M	16	4:40	1:34	2:01	28	58:35	18.4	1:34	27	26:36	7:50	1:33:24
24	Michael Robertson	St. Louis	MO	30	M	29	5:00	1:40	1:54	12	53:52	20.1	2:01	43	30:41	9:02	1:33:27
25	Randy Horner	Ozark	MO	30	M	3	3:39	1:13	1:46	25	58:01	18.6	1:37	34	28:55	8:31	1:33:56
26	John Stevenson	Quincy	IL	34	M	18	4:47	1:36	2:49	27	58:27	18.5	2:20	19	25:40	7:33	1:34:01
27	Sean Mahoney	St. Louis	MO	32	M	26	4:57	1:39	2:07	21	57:12	18.9	2:15	32	28:17	8:20	1:34:47
28	Jeff Magsamen	Columbia	MO	30	M	36	5:16	1:46	2:21	17	56:27	19.1	1:55	35	29:09	8:35	1:35:07
29	David Liss	Nixa	MO	34	M	27	4:58	1:40	2:37	30	59:58	18.0	1:21	30	27:39	8:08	1:36:31
30	Dave Erickson	St. Louis	MO	30	M	19	4:48	1:36	1:26	29	59:18	18.2	1:36	37	29:28	8:40	1:36:34
31	Steve Bishop	Troy	MO	32	M	25	4:56	1:39	1:39	37	1:02:46	17.2	1:42	20	25:40	7:33	1:36:41
32	Albie Micklish	Lincoln	NE	33	M	33	5:11	1:44	3:18	31	1:00:53	17.7	2:10	24	26:21	7:45	1:37:50
33	James Matz	Troy	IL	32	M	11	4:36	1:32	2:16	32	1:00:56	17.7	1:48	39	29:33	8:42	1:39:07

34	Peter Fischer	St. Louis	MO	32	M	9	4:24	1:28	2:09	38	1:03:57	16.9	2:03	29	27:38	8:08	1:40:11
35	David Pessin	St. Charles	MO	32	M	31	5:10	1:44	1:52	33	1:02:16	17.3	2:12	36	29:20	8:38	1:40:47
36	David Peterson	Ames	IA	33	M	47	5:37	1:53	2:37	35	1:02:27	17.3	2:59	38	29:31	8:41	1:43:09
37	Pat Karlin	Lawrence	KS	33	M	43	5:26	1:49	3:43	41	1:05:23	16.5	3:14	22	25:51	7:36	1:43:35
38	Travis Hild	Kansas City	MO	31	M	22	4:53	1:38	2:04	40	1:04:42	16.7	1:33	42	30:28	8:58	1:43:38
39	Richard Pigg	Springfield	MO	33	M	48	5:56	1:59	1:29	34	1:02:21	17.3	1:17	50	33:46	9:56	1:44:47
40	Brian Bachelier	Clayton	MO	30	M	20	4:48	1:36	2:28	42	1:06:15	16.3	1:02	45	31:03	9:08	1:45:34
41	Brian Mansker	Ozark	MO	30	M	44	5:28	1:50	1:05	36	1:02:28	17.3	1:16	51	36:37	10:46	1:46:51
42	Jeff Epstein	Olathe	KS	30	M	34	5:12	1:44	2:28	43	1:06:44	16.2	2:33	41	30:11	8:53	1:47:06
43	Don Simakoff	St. Louis	MO	34	M	51	7:24	2:28	3:11	39	1:04:14	16.8	1:57	47	31:44	9:20	1:48:27
44	Jason Ulrich	St. Louis	MO	31	M	8	4:20	1:27	2:25	48	1:11:24	15.1	1:56	33	28:55	8:31	1:48:59
45	Matt Hake	Columbia	MO	34	M	42	5:25	1:49	2:02	45	1:09:57	15.4	1:07	44	30:56	9:06	1:49:25
46	Patrick Brennan	Columbia	MO	32	M	32	5:11	1:44	3:34	44	1:09:52	15.5	1:05	40	30:01	8:50	1:49:42
47	Richard Reisdorf	Columbia	MO	33	M	50	7:03	2:21	2:08	47	1:11:09	15.2	1:19	31	28:13	8:18	1:49:49
48	Matthew Sweetwood	Columbia	MO	32	M	13	4:36	1:32	2:48	46	1:10:27	15.3	1:22	46	31:25	9:15	1:50:37
49	Chad Perrigo	Overland Park	KS	30	M	24	4:55	1:39	2:28	50	1:17:10	14.0	1:59	26	26:35	7:49	1:53:05
50	Michael Zucker	St Louis	MO	33	M	38	5:16	1:46	2:23	51	1:19:45	13.5	3:01	48	32:53	9:41	2:03:16
51	Brian Williams	Kansas City	MO	30	M	52	10:48	3:36	4:08	49	1:14:20	14.5	1:37	49	33:08	9:45	2:03:58
52	John Hoppa	Ballwin	MO	31	M	49	6:06	2:02	2:25	52	1:22:30	13.1	1:34	52	41:43	12:16	2:14:14

FEMALE AGE GROUP RESULTS 35 - 39

NAME	CITY	ST	AGE	S	plc	SWIM	100	TRAN	BIKE	TRAN	RUN	TOTAL				
=====	=====	==	====	=	=====	time	yds	time	plc	time	plc	time	pace	TIME		
1	Stacy Reed	MO	38	F	6	5:46	1:56	1:25	1	55:48	19.4	1:38	3	26:48	7:53	1:31:23
2	Lucy Stein	MO	36	F	2	4:41	1:34	2:08	4	1:00:38	17.8	1:54	1	25:55	7:38	1:35:13
3	Leslie Topping	MO	37	F	3	5:27	1:49	2:51	2	58:29	18.5	2:07	5	28:02	8:15	1:36:54
4	Thesesa Hodges	NE	36	F	5	5:45	1:55	1:25	3	1:00:15	17.9	2:40	11	31:49	9:22	1:41:52
5	Karen Pressley	MO	37	F	7	5:48	1:56	1:46	6	1:05:15	16.6	1:30	6	29:11	8:35	1:43:29
6	Robin Rongey	IL	38	F	17	6:29	2:10	2:03	11	1:08:24	15.8	1:45	2	26:26	7:47	1:45:05
7	Barbara Busiek	MO	37	F	18	6:43	2:15	2:15	5	1:04:14	16.8	2:04	8	30:08	8:52	1:45:23
8	Lynda Snyder	KS	37	F	14	6:26	2:09	2:05	10	1:07:40	16.0	2:11	4	28:00	8:14	1:46:20
9	Patricia Halferty	MO	36	F	4	5:32	1:51	1:52	8	1:06:19	16.3	2:16	12	31:51	9:22	1:47:48
10	Ann Marie Grus	MO	35	F	11	6:15	2:05	2:45	7	1:05:35	16.5	2:38	10	30:41	9:02	1:47:51
11	Kelly Franklin	MO	37	F	1	4:22	1:28	1:49	9	1:07:28	16.0	1:12	17	34:09	10:03	1:48:58
12	Nancy Banasik	MO	38	F	16	6:28	2:10	3:09	12	1:09:46	15.5	1:38	13	32:18	9:30	1:53:17
13	T.J. Moore	MO	38	F	19	6:54	2:18	1:45	14	1:13:12	14.8	1:25	9	30:21	8:56	1:53:36
14	Therese Meyer	IL	35	F	13	6:25	2:09	2:46	15	1:13:22	14.7	2:26	7	29:46	8:46	1:54:44
15	Caroline Cue	MO	36	F	8	5:49	1:57	3:05	13	1:12:58	14.8	2:42	14	32:29	9:34	1:57:00
16	Kelly O'Hanlon	MO	39	F	20	6:57	2:19	2:42	16	1:13:26	14.7	1:20	15	33:05	9:44	1:57:29
17	Diane Rosen	MO	39	F	12	6:19	2:07	3:11	20	1:21:19	13.3	2:24	16	33:57	10:00	2:07:08
18	Joy Hannel	MO	35	F	23	8:37	2:53	2:02	17	1:17:17	14.0	1:31	21	40:52	12:01	2:10:17
19	Bridget Moody	MO	39	F	15	6:28	2:10	2:53	18	1:20:29	13.4	1:10	22	41:45	12:17	2:12:43
20	Lori Gavril	MO	39	F	22	7:56	2:39	3:01	19	1:21:01	13.3	3:01	18	38:08	11:13	2:13:05
21	Nancy Slack	MO	36	F	10	6:06	2:02	3:18	21	1:23:35	12.9	2:17	20	39:30	11:37	2:14:44

22 Anne Simon	Kirksville	MO	35	F	9	5:49	1:57	3:34	23	1:24:49	12.7	4:21	19	38:21	11:17	2:16:54
23 Donna Miles	St. Louis	MO	35	F	21	7:11	2:24	3:02	22	1:24:33	12.8	2:47	23	42:20	12:27	2:19:51

MALE AGE GROUP RESULTS 35 - 39

NAME	CITY	ST	AGE	S	plc	SWIM time	100 yds	TRAN time	plc	BIKE time	mph	TRAN time	plc	RUN time	pace	TOTAL TIME
1 Scott Stopak	Omaha	NE	35	M	6	4:21	1:27	0:58	1	48:45	22.2	0:58	4	22:32	6:38	1:17:32
2 Cesar Mello	Columbia	MO	36	M	1	3:25	1:09	1:10	4	50:28	21.4	1:03	1	21:35	6:21	1:17:39
3 Kurt Beisch	Omaha	NE	35	M	5	4:12	1:24	1:11	3	49:36	21.8	1:01	3	21:51	6:26	1:17:48
4 Robert Montani	Nashville	IL	37	M	2	3:58	1:20	1:39	2	49:09	22.0	1:11	7	23:41	6:58	1:19:36
5 Tod Holdorf	Columbia	MO	38	M	22	5:36	1:52	1:15	7	55:34	19.4	1:18	2	21:35	6:21	1:25:16
6 Dennis Henderson	Cedar Rapids	IA	37	M	17	5:17	1:46	0:44	6	55:20	19.5	1:01	5	23:02	6:47	1:25:23
7 Carl Gardner	Columbia	MO	36	M	3	4:09	1:23	1:11	5	52:24	20.6	1:08	19	28:36	8:25	1:27:26
8 Greg Pollard	Kansas City	MO	38	M	14	4:59	1:40	2:30	9	56:28	19.1	1:50	6	23:17	6:51	1:29:02
9 Andrew Shipley	West Des Moines	IA	35	M	10	4:51	1:37	1:41	8	55:40	19.4	1:44	9	25:18	7:27	1:29:12
10 Baird Nabholz	Chesterfield	MO	35	M	18	5:18	1:46	1:46	13	57:38	18.7	1:32	8	24:05	7:05	1:30:16
11 Kristofer Hagglund	Columbia	MO	39	M	9	4:47	1:36	1:43	11	56:42	19.1	1:32	14	26:49	7:54	1:31:31
12 Mick Crowley	Columbia	MO	39	M	21	5:36	1:52	1:56	12	57:04	18.9	1:29	10	25:37	7:32	1:31:40
13 Tomasz Tomicki	Columbia	MO	37	M	7	4:44	1:35	1:39	10	56:40	19.1	1:44	17	27:35	8:07	1:32:18
14 Lance Livesay	Columbia	MO	35	M	24	5:59	2:00	1:25	14	1:00:27	17.9	1:49	12	26:24	7:46	1:36:02
15 Jeffrey Sadowsky	St. Louis	MO	39	M	13	4:58	1:40	1:54	17	1:02:32	17.3	1:51	16	27:30	8:06	1:38:43
16 Ken Hammond	Blue Grass	IA	36	M	20	5:24	1:48	1:29	16	1:02:28	17.3	1:50	22	29:18	8:37	1:40:27
17 Darren Savage	LaCygne	KS	37	M	26	7:00	2:20	2:02	20	1:03:47	16.9	1:19	15	26:50	7:54	1:40:56
18 Carlos Falcon	Keokuk	IA	38	M	12	4:55	1:39	2:17	18	1:03:16	17.1	1:29	21	29:16	8:37	1:41:12
19 William Rich	Swansea	IL	37	M	23	5:44	1:55	3:55	15	1:02:04	17.4	4:16	13	26:28	7:47	1:42:25
20 Chuck Ewing	Holts Summit	MO	37	M	28	7:08	2:23	3:17	19	1:03:30	17.0	1:08	18	28:27	8:22	1:43:29
21 Stephen Vogel	East Alton	IL	37	M	11	4:52	1:38	1:34	21	1:04:51	16.7	1:23	24	31:21	9:14	1:44:00
22 Bradley Nielsen	Shawnee	KS	38	M	8	4:47	1:36	2:15	22	1:05:37	16.5	1:58	25	31:24	9:14	1:46:00
23 Scott Atkinson	Springfield	MO	38	M	16	5:16	1:46	3:15	24	1:09:32	15.5	2:16	23	30:58	9:07	1:51:15
24 Philippe Brenton	St. Louis	MO	35	M	19	5:18	1:46	2:35	25	1:11:25	15.1	1:19	27	31:39	9:19	1:52:14
25 Frank Pfau	St. Louis	MO	36	M	4	4:11	1:24	4:37	26	1:13:27	14.7	2:02	20	28:40	8:26	1:52:54
26 Robert Gilot	St. Peters	MO	37	M	15	5:03	1:41	2:56	27	1:14:29	14.5	1:09	26	31:29	9:16	1:55:04
27 Dayton Grover	Ashland	MO	37	M	27	7:07	2:23	2:52	28	1:17:05	14.0	2:46	11	26:18	7:44	1:56:06
28 Brian Davis	Olathe	KS	36	M	25	6:29	2:10	3:14	23	1:09:10	15.6	2:44	28	35:23	10:25	1:56:58

FEMALE AGE GROUP RESULTS 40 - 44

NAME	CITY	ST	AGE	S	plc	SWIM time	100 yds	TRAN time	plc	BIKE time	mph	TRAN time	plc	RUN time	pace	TOTAL TIME
1 Carol Gohn	Wildwood	MO	42	F	4	5:47	1:56	2:08	2	1:00:35	17.8	2:05	1	25:15	7:26	1:35:47
2 Nancy Mitchell	Bonne Terre	MO	44	F	8	6:12	2:04	1:47	1	1:00:12	17.9	1:35	4	30:05	8:51	1:39:49
3 Mary Terwelp	Quincy	IL	43	F	9	6:20	2:07	2:28	3	1:01:13	17.6	2:28	3	28:10	8:18	1:40:38

4	Melissa Lorenz	St. Louis	MO	41	F	5	5:49	1:57	1:43	6	1:04:58	16.6	2:23	2	27:47	8:11	1:42:38
5	Alane Carder	St. Louis	MO	41	F	3	5:42	1:54	2:19	4	1:01:37	17.5	1:59	8	33:38	9:54	1:45:12
6	Leslie Matthews	Columbia	MO	40	F	6	5:52	1:58	2:58	5	1:04:38	16.7	1:48	5	30:28	8:58	1:45:43
7	Koral Martin	Carthage	MO	41	F	2	5:29	1:50	1:49	8	1:14:25	14.5	1:48	9	36:20	10:41	1:59:48
8	Maite de la Morena	Clayton	MO	43	F	1	4:50	1:37	3:23	10	1:16:16	14.2	3:01	7	33:24	9:50	2:00:51
9	Cathy Castner	St. Louis	MO	42	F	10	6:38	2:13	2:43	11	1:19:24	13.6	1:36	6	30:39	9:01	2:00:56
10	Jill Osborne	Springfield	MO	44	F	7	5:55	1:59	3:51	9	1:14:58	14.4	1:53	10	36:53	10:51	2:03:27
11	Kristina Tomlinson	Zanoni	MO	40	F	11	7:16	2:26	2:47	7	1:14:14	14.6	2:40	11	37:02	10:54	2:03:56

MALE AGE GROUP RESULTS 40 - 44

NAME	CITY	ST	AGE	S	plc	SWIM	100	TRAN	BIKE	TRAN	RUN	TOTAL					
						time	yds	time	time	plc	time	pace	TIME				
=====	=====	==	====	=	=====	=====	=====	=====	=====	=====	=====	=====					
1	Greg Parker	Springfield	MO	42	M	6	4:27	1:29	1:05	1	46:33	23.2	1:29	4	23:01	6:47	1:16:33
2	Dwayne Miller	Columbia	MO	40	M	1	3:49	1:17	1:01	4	51:44	20.9	1:01	2	21:05	6:12	1:18:39
3	Tim Knott	Lees Summit	MO	40	M	15	4:54	1:38	1:14	2	50:20	21.5	1:30	1	20:52	6:09	1:18:47
4	Terry Hart	Columbia	MO	42	M	10	4:43	1:35	1:33	5	51:44	20.9	0:52	9	23:52	7:01	1:22:43
5	James Noel	moberly	MO	41	M	11	4:44	1:35	1:16	8	52:19	20.7	1:23	5	23:07	6:48	1:22:48
6	Kelly Perry	Fremont	NE	43	M	5	4:25	1:29	1:17	6	51:52	20.8	1:24	11	23:59	7:04	1:22:56
7	Craig Crowson	Springfield	MO	42	M	3	4:12	1:24	2:07	7	52:19	20.7	1:21	8	23:44	6:59	1:23:42
8	Bobby Alwin	Brooklyn Park	MN	40	M	4	4:17	1:26	1:03	11	54:13	19.9	1:23	7	23:28	6:54	1:24:21
9	Larry Klutenkamper	Mexico	MO	41	M	25	5:27	1:49	2:18	3	50:29	21.4	1:43	15	25:08	7:24	1:25:04
10	Curtis Brooks Sr.	Maryland Heigh	MO	44	M	8	4:38	1:33	1:00	9	53:02	20.4	1:10	19	25:57	7:38	1:25:45
11	John Moore	Marceline	MO	41	M	9	4:38	1:33	0:51	10	54:01	20.0	1:15	16	25:20	7:27	1:26:03
12	John Perez	Univeristy Cit	MO	40	M	26	5:29	1:50	2:12	13	55:58	19.3	1:32	3	22:38	6:40	1:27:47
13	John Quick	Maryland Heigh	MO	44	M	22	5:20	1:47	1:49	15	57:06	18.9	1:32	10	23:54	7:02	1:29:40
14	Dale Cira	St. Louis	MO	44	M	24	5:21	1:47	1:46	14	56:09	19.2	1:46	13	25:00	7:22	1:30:01
15	Mark Schopp	St. Louis	MO	43	M	28	5:45	1:55	1:24	12	54:22	19.9	1:23	21	27:18	8:02	1:30:10
16	John Nemece	Columbia	MO	40	M	7	4:33	1:31	1:38	16	57:37	18.8	1:30	17	25:25	7:29	1:30:42
17	Joseph Lammers	Lake St. Louis	MO	41	M	13	4:51	1:37	1:35	17	59:44	18.1	1:09	18	25:37	7:33	1:32:55
18	James Stein	Springfield	MO	42	M	17	5:00	1:40	2:17	20	1:00:42	17.8	1:55	12	24:12	7:08	1:34:05
19	Matthew Lucy	Columbia	MO	41	M	2	4:04	1:22	2:54	18	1:00:10	18.0	2:06	14	25:08	7:24	1:34:20
20	Ed Rollins	Columbia	MO	43	M	12	4:48	1:36	1:49	22	1:01:16	17.6	2:00	23	27:48	8:11	1:37:39
21	Patrick Bowden	St Louis	MO	42	M	14	4:52	1:38	1:45	24	1:02:57	17.2	1:52	22	27:33	8:07	1:38:57
22	Steve Edler	St. Louis	MO	41	M	27	5:30	1:50	1:48	19	1:00:41	17.8	2:05	29	30:46	9:03	1:40:47
23	Eric Rosenhauer	Columbia	MO	43	M	16	4:55	1:39	2:32	21	1:00:46	17.8	2:03	28	30:45	9:03	1:40:59
24	Ken Cameron	Kansas City	MO	42	M	29	5:46	1:56	2:24	28	1:04:53	16.6	1:45	20	26:25	7:47	1:41:11
25	Jim Lenz	St. Louis	MO	41	M	30	6:02	2:01	1:51	25	1:03:16	17.1	1:47	24	28:41	8:27	1:41:35
26	Mike Tripp	Columbia	MO	43	M	33	6:18	2:06	2:46	34	1:09:22	15.6	1:21	6	23:16	6:51	1:43:01
27	Tom Spurling	Columbia	MO	41	M	18	5:08	1:43	2:21	26	1:04:02	16.9	2:08	25	29:27	8:40	1:43:04
28	Mike Lynch	Olathe	KS	44	M	34	6:20	2:07	3:24	23	1:01:21	17.6	2:06	31	31:54	9:23	1:45:04
29	Andrew Poag	St. Louis	MO	41	M	23	5:20	1:47	2:48	29	1:06:01	16.4	1:46	33	32:45	9:38	1:48:38
30	Russell Jackson	Columbia	MO	44	M	37	7:06	2:22	2:02	32	1:07:29	16.0	1:47	30	30:59	9:07	1:49:20
31	Nick Wehmeier	Chesterfield	MO	42	M	31	6:06	2:02	2:22	31	1:07:01	16.1	1:55	32	32:09	9:28	1:49:31
32	Robert Cannon	St. Louis	MO	41	M	36	6:51	2:17	4:59	27	1:04:37	16.7	3:51	26	30:05	8:51	1:50:21

33	Bennett Frank	St. Louis	MO	41	M	20	5:10	1:44	5:46	30	1:06:18	16.3	4:20	27	30:31	8:59	1:52:03
34	Scott Schlagenhaut	Columbia	MO	40	M	19	5:09	1:43	2:25	35	1:09:24	15.6	1:46	34	33:23	9:49	1:52:04
35	Hal Simons	Paola	KS	44	M	32	6:06	2:02	3:14	33	1:08:05	15.9	2:03	35	34:29	10:09	1:53:55
36	Wes Darnell	St. Joseph	MO	41	M	38	7:34	2:32	3:15	36	1:14:27	14.5	2:22	38	38:07	11:13	2:05:42
37	Michael Fearheiley	Decatur	IL	43	M	21	5:19	1:47	3:06	37	1:22:14	13.1	1:54	36	34:54	10:16	2:07:24
38	Ian Thomas	Columbia	MO	40	M	35	6:47	2:16	5:10	38	1:33:54	11.5	1:26	37	37:55	11:10	2:25:11

FEMALE AGE GROUP RESULTS 45 - 49

NAME	CITY	ST	AGE	S	plc	SWIM	100	TRAN	BIKE	TRAN	RUN	TOTAL
=====	=====	==	==	=	=====	=====	=====	=====	=====	=====	=====	=====
1	Tanya Crews	MO	47	F	1	4:25	1:29	1:21	1 1:01:35	17.5	1:30	3 30:37 9:01 1:39:27
2	Mary Goss	MO	45	F	5	6:13	2:05	2:21	2 1:03:51	16.9	1:46	2 29:07 8:34 1:43:15
3	Patty Shafer	IL	45	F	4	5:50	1:57	1:31	4 1:06:40	16.2	1:18	1 28:49 8:29 1:44:06
4	Deborah Stoll	MO	45	F	2	5:30	1:50	1:27	3 1:04:32	16.7	1:52	5 31:02 9:08 1:44:22
5	Kathleen Mattis	MO	46	F	9	7:10	2:24	2:11	6 1:08:01	15.9	1:44	4 30:37 9:01 1:49:41
6	Cherri Croghan	MO	49	F	6	6:36	2:12	2:59	5 1:06:54	16.1	2:13	8 37:14 10:57 1:55:55
7	Susan Strozewski	MO	45	F	8	6:40	2:14	2:58	7 1:12:00	15.0	1:24	7 37:09 10:56 2:00:09
8	Brent Palmer	MO	45	F	3	5:40	1:54	4:04	8 1:17:29	13.9	3:00	6 34:29 10:09 2:04:40
9	Kathy Norman	MO	48	F	7	6:38	2:13	4:50	9 1:20:55	13.3	2:27	9 39:55 11:45 2:14:43

MALE AGE GROUP RESULTS 45 - 49

NAME	CITY	ST	AGE	S	plc	SWIM	100	TRAN	BIKE	TRAN	RUN	TOTAL
=====	=====	==	==	=	=====	=====	=====	=====	=====	=====	=====	=====
1	Ron Sapp	MO	47	M	9	5:04	1:42	1:22	1 52:11	20.7	1:23	3 23:02 6:47 1:23:00
2	Dennis Noel	MO	46	M	15	5:48	1:56	1:11	2 53:01	20.4	1:30	5 25:10 7:24 1:26:38
3	Norm Walla	IL	48	M	7	4:47	1:36	1:12	3 53:56	20.0	1:21	10 25:39 7:33 1:26:53
4	Jim Harris	MO	46	M	27	7:48	2:36	1:50	4 55:33	19.4	1:19	1 22:29 6:37 1:28:57
5	Jack Uhrig	MO	48	M	23	6:38	2:13	2:30	8 58:24	18.5	1:27	2 22:32 6:38 1:31:30
6	David Mountjoy	MO	47	M	6	4:41	1:34	1:27	10 58:49	18.4	1:37	9 25:32 7:31 1:32:04
7	Ken Langlands	MO	49	M	2	4:08	1:23	1:14	7 58:19	18.5	1:41	13 27:11 8:00 1:32:31
8	Tom Morrison	MO	46	M	16	5:50	1:57	2:34	6 58:07	18.6	1:40	4 24:52 7:19 1:33:00
9	David Willmot	MO	46	M	1	3:57	1:19	2:22	12 59:55	18.0	1:36	6 25:15 7:26 1:33:04
10	David Sibley	MO	45	M	4	4:36	1:32	1:30	9 58:25	18.5	1:31	14 27:41 8:09 1:33:42
11	William Peterson	IL	49	M	5	4:40	1:34	1:14	5 57:04	18.9	1:04	18 30:10 8:53 1:34:11
12	Michael Moore	MO	47	M	12	5:31	1:51	1:43	11 59:52	18.0	2:10	8 25:30 7:30 1:34:43
13	Andy Kilhoffer	IL	47	M	13	5:37	1:53	2:00	15 1:00:37	17.8	2:26	7 25:18 7:27 1:35:56
14	Glenn Good	MO	48	M	3	4:33	1:31	2:04	14 1:00:24	17.9	1:40	19 30:12 8:53 1:38:51
15	Donald Corwin	MO	45	M	17	6:00	2:00	3:22	13 1:00:12	17.9	3:46	11 26:46 7:53 1:40:04
16	Tom Hankins	MO	47	M	14	5:44	1:55	1:48	16 1:01:21	17.6	1:36	22 31:54 9:23 1:42:21
17	Mike Powers	MO	47	M	18	6:06	2:02	2:13	17 1:06:19	16.3	1:27	15 28:01 8:15 1:44:04
18	Jon Rosen	MO	49	M	10	5:16	1:46	2:08	18 1:06:24	16.3	2:41	16 28:17 8:19 1:44:44

19	Shane Trafton	St. Louis	MO	46	M	22	6:29	2:10	2:23	22	1:11:31	15.1	1:24	20	30:45	9:03	1:52:31
20	Steven Lipstein	St. Louis	MO	46	M	11	5:22	1:48	3:38	20	1:10:04	15.4	3:10	21	31:37	9:18	1:53:48
21	Ted Blume	Omaha	NE	45	M	20	6:19	2:07	2:31	25	1:16:15	14.2	2:24	12	26:54	7:55	1:54:21
22	Dennis Barts	Moberly	MO	49	M	24	6:43	2:15	2:45	21	1:10:28	15.3	2:18	23	32:53	9:41	1:55:06
23	John Gibbs	Moberly	MO	49	M	21	6:23	2:08	1:54	19	1:09:06	15.6	2:20	26	39:11	11:32	1:58:52
24	Dan Schoenleber	Columbia	MO	46	M	25	7:11	2:24	2:18	23	1:13:51	14.6	1:47	24	34:56	10:17	1:59:59
25	Craig Plaster	Moberly	MO	45	M	19	6:17	2:06	4:35	27	1:20:48	13.4	1:52	17	29:50	8:47	2:03:20
26	Tom Redinton	Hannibal	MO	45	M	26	7:25	2:29	3:22	24	1:16:14	14.2	2:36	25	39:01	11:29	2:08:36
27	Kevin Mahoney	St. Louis	MO	45	M	8	5:01	1:41	4:11	26	1:19:32	13.6	4:00	27	49:15	14:29	2:21:56

FEMALE AGE GROUP RESULTS 50 - 54

NAME	CITY	ST	AGE	S	plc	SWIM time	100 yds	TRAN time	BIKE time	mph	TRAN time	plc	RUN time	pace	TOTAL TIME		
1	Debbie Stiles	St. Louis	MO	53	F	3	6:03	2:01	1:55	3	1:07:06	16.1	1:52	1	30:02	8:50	1:46:56
2	Linda Kilhoffer	Millstadt	IL	51	F	2	5:27	1:49	1:38	1	1:06:30	16.2	2:00	2	31:40	9:19	1:47:13
3	Cindy Noel	Rolla	MO	50	F	4	6:56	2:19	1:36	2	1:06:52	16.2	1:59	3	31:51	9:22	1:49:11
4	Kathi Langlands	Kansas City	MO	50	F	1	5:24	1:48	2:31	4	1:07:41	16.0	2:27	4	33:50	9:58	1:51:50
5	Susan Currier	Columbia	MO	50	F	5	7:42	2:34	3:19	5	1:15:06	14.4	1:49	5	36:22	10:42	2:04:17
6	Donna Springer	St. Louis	MO	53	F	6	7:52	2:38	2:57	6	1:23:23	13.0	1:11	6	37:55	11:09	2:13:17

MALE AGE GROUP RESULTS 50 - 54

NAME	CITY	ST	AGE	S	plc	SWIM time	100 yds	TRAN time	BIKE time	mph	TRAN time	plc	RUN time	pace	TOTAL TIME		
1	Charlie Brockus	Cambridge	IA	50	M	1	3:58	1:20	1:13	1	50:07	21.6	1:09	1	22:21	6:35	1:18:46
2	Doug Burns	Cottage Hills	IL	52	M	2	4:19	1:27	1:17	2	52:25	20.6	1:27	4	23:55	7:02	1:23:20
3	Patrick McCreary	Place Elsah	IL	51	M	3	4:20	1:27	1:14	3	53:23	20.2	1:13	3	23:31	6:55	1:23:39
4	Bob Patterson	Wood River	IL	51	M	6	5:15	1:45	1:26	4	53:59	20.0	1:31	2	23:17	6:51	1:25:25
5	Gary Crews	Wildwood	MO	51	M	5	5:07	1:43	2:01	5	59:09	18.3	1:45	6	28:28	8:23	1:36:27
6	Steve Baurichter	Columbia	MO	51	M	8	5:45	1:55	3:13	6	59:41	18.1	1:55	5	27:39	8:08	1:38:11
7	Doug Edwards	Kansas City	MO	51	M	12	6:47	2:16	1:44	7	1:02:25	17.3	2:12	7	28:37	8:25	1:41:43
8	Mark Geiger	Fulton	MO	52	M	4	4:35	1:32	3:32	8	1:05:29	16.5	3:19	8	30:08	8:52	1:47:01
9	Rick Bender	Chesterfield	MO	53	M	7	5:19	1:47	2:46	10	1:08:23	15.8	2:00	11	33:37	9:54	1:52:03
10	Vincent Croghan	St. Louis	MO	54	M	11	6:31	2:11	3:31	9	1:06:41	16.2	2:11	12	34:51	10:15	1:53:43
11	Richard Froeschner	Columbia	MO	50	M	10	6:08	2:03	4:38	11	1:13:15	14.7	3:56	13	36:15	10:40	2:04:09
12	Larry Burnam	Columbia	MO	50	M	9	6:01	2:01	3:28	13	1:17:02	14.0	1:13	15	36:51	10:51	2:04:33
13	Bradley Baker	Joplin	MO	51	M	14	8:50	2:57	2:23	12	1:15:26	14.3	1:46	14	36:34	10:46	2:04:57
14	Tim Heinsz	Columbia	MO	54	M	13	8:01	2:41	4:39	14	1:21:35	13.2	0:59	10	31:58	9:24	2:07:10
15	Keith Birkes	Columbia	MO	54	M	15	9:08	3:03	3:13	15	1:32:12	11.7	1:50	9	31:45	9:21	2:18:05

MALE AGE GROUP RESULTS 55 - 59

NAME	CITY	ST	AGE	S	plc	SWIM time	100 yds	TRAN time	plc	BIKE time	mph	TRAN time	plc	RUN time	pace	TOTAL TIME
1 Don Utsinger	Vinton	IA	55	M	1	4:36	1:32	1:42	3	58:03	18.6	1:46	2	23:19	6:52	1:29:24
2 Charles Mabry	Strafford	MO	58	M	2	5:41	1:54	1:44	2	57:48	18.7	1:53	1	22:54	6:45	1:29:59
3 Jim Wright	Wildwood	MO	59	M	3	5:44	1:55	1:17	4	58:43	18.4	1:35	3	25:10	7:24	1:32:27
4 Jim Boyt	Springfield	MO	58	M	5	6:02	2:01	1:51	1	57:20	18.8	1:50	4	26:59	7:57	1:34:00
5 Paul Darnell	Buffalo	MO	55	M	6	6:18	2:06	2:53	6	1:01:49	17.5	1:36	6	32:19	9:31	1:44:53
6 David Cruzan	St. Louis	MO	59	M	4	5:47	1:56	2:41	5	1:01:39	17.5	2:49	7	36:48	10:50	1:49:42
7 Bob Bailey	Columbia	MO	55	M	7	7:00	2:20	3:09	7	1:13:40	14.7	2:19	5	30:13	8:54	1:56:19

MALE AGE GROUP RESULTS 60 - 64

NAME	CITY	ST	AGE	S	plc	SWIM time	100 yds	TRAN time	plc	BIKE time	mph	TRAN time	plc	RUN time	pace	TOTAL TIME
1 Mike Shifman	Lenexa	KS	64	M	3	6:23	2:08	2:00	1	59:41	18.1	2:09	2	31:09	9:10	1:41:21
2 Bill Bush	Springfield	MO	61	M	2	6:11	2:04	2:17	3	1:06:29	16.2	2:06	1	31:06	9:09	1:48:08
3 Raymond Peter	Gainesville	MO	62	M	4	7:12	2:24	3:27	4	1:15:15	14.4	2:36	3	41:46	12:17	2:10:14

MALE AGE GROUP RESULTS 65 - 69

NAME	CITY	ST	AGE	S	plc	SWIM time	100 yds	TRAN time	plc	BIKE time	mph	TRAN time	plc	RUN time	pace	TOTAL TIME
1 John Schimweg	St. Charles	MO	68	M	1	7:56	2:39	2:43	1	1:09:59	15.4	1:25	1	32:43	9:38	1:54:43

MALE AGE GROUP RESULTS 70 - 99

NAME	CITY	ST	AGE	S	plc	SWIM time	100 yds	TRAN time	plc	BIKE time	mph	TRAN time	plc	RUN time	pace	TOTAL TIME
1 Oakland De Moss	Fort Smith	AR	73	M	1	7:37	2:33	2:09	1	1:05:52	16.4	1:40	1	31:42	9:20	1:48:58