

2009 Missouri Orthopaedic Institute TriZou Triathlon Final Results

Tuesday, July 7, 2009 3:52:42 PM

Division: Overall DuZou Male

PL	No	Name	Representing	Run 1	min/mi	T1	none	Bike	MPH	T2	none	Run 2	min/mi	Total Time	Back	Pace
1	1465	MILLER, Chris	SAINT LOUIS MO	6:56.01	6:56.0	1:01.700		24:23.860	17.2	0:58.120		7:41.010	7:41.0	41:00.70	0:00.00	

Division: Overall DuZou Female

PL	No	Name	Representing	Run 1	min/mi	T1	none	Bike	MPH	T2	none	Run 2	min/mi	Total Time	Back	Pace
1	1494	NELSON, Joyce	SPRINGFIELD MO	8:07.98	8:08.0	0:49.860		26:20.660	15.9	0:41.790		8:53.160	8:53.2	44:53.45	0:00.00	

Division: F_0-14

PL	No	Name	Representing	Run 1	min/mi	T1	none	Bike	MPH	T2	none	Run 2	min/mi	Total Time	Back	Pace
1	1362	KAPELINSKI, Hannah	HINSDALE IL	10:04.45	10:04.5	1:08.860		33:56.410	12.4	1:22.000		12:25.820	12:25.8	58:57.54	0:00.00	
2	1803	RECHTIEN, Madeline	WILDWOOD MO	12:35.44	12:35.4	2:12.020		46:13.200	9.1	1:28.730		15:35.840	15:35.8	1:18:05.23	+19:07.69	
3	1395	KRAUSE, Michaela	JEFFERSON CITY MO	12:51.35	12:51.4	2:10.360		46:24.530	9.1	4:41.050		13:17.610	13:17.6	1:19:24.90	+20:27.36	
4	1744	WILSON, Gabrielle	JEFFERSON CITY MO	12:51.20	12:51.2	2:09.250		48:17.300	8.7	2:48.800		13:24.500	13:24.5	1:19:31.05	+20:33.51	

Division: F_20-24

PL	No	Name	Representing	Run 1	min/mi	T1	none	Bike	MPH	T2	none	Run 2	min/mi	Total Time	Back	Pace
1	1408	LAWS, Madeleine	EDWARDSVILLE IL	10:04.07	10:04.1	1:06.360		30:13.790	13.9	1:00.220		10:28.220	10:28.2	52:52.66	0:00.00	

Division: F_25-29

PL	No	Name	Representing	Run 1	min/mi	T1	none	Bike	MPH	T2	none	Run 2	min/mi	Total Time	Back	Pace
1	1774	BALLINGER, Amber	PRAIRIE VILLAGE KS	8:15.83	8:15.8	1:21.860		29:39.220	14.2	0:58.980		9:09.090	9:09.1	49:24.98	0:00.00	

Division: F_30-34

PL	No	Name	Representing	Run 1	min/mi	T1	none	Bike	MPH	T2	none	Run 2	min/mi	Total Time	Back	Pace
1	1455	MCMILLIN, Jill	O FALLON IL	8:22.67	8:22.7	1:09.120		29:26.290	14.3	0:46.250		9:31.080	9:31.1	49:15.41	0:00.00	
2	1086	BROSS, Pamela	WOOLDRIDGE MO	9:07.38	9:07.4	1:09.080		29:32.180	14.2	1:08.760		8:49.540	8:49.5	49:46.94	0:31.53	
3	1560	PRICE, Amy	HARRISBURG MO	9:33.12	9:33.1	1:07.320		28:43.860	14.6	1:14.090		10:14.580	10:14.6	50:52.97	+1:37.56	
4	1483	MORRIS, Lindsay	ASHLAND MO	9:28.73	9:28.7	1:18.730		37:03.750	11.3	0:51.910		10:04.510	10:04.5	58:47.63	+9:32.22	
5	1717	VICTOR, Shawna	COLUMBIA MO	10:14.33	10:14.3	1:46.130		35:06.770	12.0	1:26.930		11:35.100	11:35.1	1:00:09.26	+10:53.85	
6	1679	SUTHOFF, Samantha	JEFFERSON CITY MO	11:34.18	11:34.2	1:15.010		37:14.670	11.3	1:38.160		12:38.460	12:38.5	1:04:20.48	+15:05.07	
7	1553	POPP, Dana	CLEVER MO	12:40.31	12:40.3	1:29.540		39:40.780	10.6	1:34.660		14:14.190	14:14.2	1:09:39.48	+20:24.07	

Division: F_35-39

PL	No	Name	Representing	Run 1	min/mi	T1	none	Bike	MPH	T2	none	Run 2	min/mi	Total Time	Back	Pace
1	1512	OSULLIVAN, Abbie	COLUMBIA MO	9:34.06	9:34.1	1:09.120		28:50.860	14.6	1:05.200		11:24.600	11:24.6	52:03.84	0:00.00	
2	1064	BLAKEMORE, Danielle	COLUMBIA MO	10:11.98	10:12.0	1:42.680		33:09.730	12.7	1:44.950		11:04.750	11:04.8	57:54.09	+5:50.25	
3	1639	SHOWINSKY, Rebecca	COLUMBIA MO	13:13.56	13:13.6	1:13.950		31:33.260	13.3	1:10.270		16:04.550	16:04.6	1:03:15.59	+11:11.75	
4	1225	FINCANNON, Monique	ST LOUIS MO	11:41.33	11:41.3	2:22.870		41:04.950	10.2	2:36.390		13:37.090	13:37.1	1:11:22.63	+19:18.79	
5	1320	HODGE, Nicole	LIBERTY MO	10:23.44	10:23.4	1:12.880		53:33.920	7.8	1:35.500		12:05.180	12:05.2	1:18:50.92	+26:47.08	

* indicates adjustments applied, see last page for details

2009 Missouri Orthopaedic Institute TriZou Triathlon

Division: F_40-44

PL	No	Name	Representing	Run 1	min/mi	T1	none	Bike	MPH	T2	none	Run 2	min/mi	Total Time	Back	Pace
1	1802	RECHTIEN, Elizabeth	WILDWOOD MO	12:35.46	12:35.5	2:14.460		46:11.710	9.1	1:26.970		15:36.520	15:36.5	1:18:05.12	0:00.00	

Division: F_45-49

PL	No	Name	Representing	Run 1	min/mi	T1	none	Bike	MPH	T2	none	Run 2	min/mi	Total Time	Back	Pace
1	1194	DUVAL, Kelly	WILDWOOD MO	8:31.24	8:31.2	1:29.150		25:41.350	16.4	1:33.890		8:58.240	8:58.2	46:13.87	0:00.00	

Division: F_50-54

PL	No	Name	Representing	Run 1	min/mi	T1	none	Bike	MPH	T2	none	Run 2	min/mi	Total Time	Back	Pace
1	1409	LAWS, Maggie	EDWARDSVILLE IL	11:10.28	11:10.3	1:40.310		30:00.270	14.0	2:33.560		11:51.530	11:51.5	57:15.95	0:00.00	
2	1745	WILSON, Debra	JEFFERSON CITY MO	14:56.51	14:56.5	2:59.930		39:41.680	10.6	2:16.270		15:04.950	15:05.0	1:14:59.34	+17:43.39	
3	1084	BROOKS, Julie	ST LOUIS MO	15:24.29	15:24.3	2:49.410		44:22.060	9.5	2:38.410		16:03.510	16:03.5	1:21:17.68	+24:01.73	

Division: F_60-64

PL	No	Name	Representing	Run 1	min/mi	T1	none	Bike	MPH	T2	none	Run 2	min/mi	Total Time	Back	Pace
1	1077	BRANDON, Claire	ST LOUIS MO	11:17.95	11:18.0	1:18.080		58:49.560	7.1	1:24.810		12:30.030	12:30.0	1:25:20.43	0:00.00	

Division: M_11-14

PL	No	Name	Representing	Run 1	min/mi	T1	none	Bike	MPH	T2	none	Run 2	min/mi	Total Time	Back	Pace
1	1544	PHILLIPS, Sam	BLUE SPRINGS MO	8:53.90	8:53.9	0:53.900		27:54.990	15.0	0:31.000		7:46.890	7:46.9	46:00.68	0:00.00	
2	1786	PUSATERI, Christian	LAKE ST LOUIS MO	9:10.28	9:10.3	0:53.600		32:35.210	12.9	0:48.160		10:01.480	10:01.5	53:28.73	+7:28.05	
3	1788	BAHR, Luke	LAKE ST LOUIS MO	9:09.46	9:09.5	0:48.880		32:36.290	12.9	0:46.150		9:27.840	9:27.8	53:53.67	+7:52.99	

Division: M_20-24

PL	No	Name	Representing	Run 1	min/mi	T1	none	Bike	MPH	T2	none	Run 2	min/mi	Total Time	Back	Pace
1	1442	MAUPIN, Caleb	LEES SUMMIT MO	6:44.65	6:44.7	1:00.720		26:26.780	15.9	0:48.610		7:17.260	7:17.3	42:18.02	0:00.00	
2	1306	HEINRICH, Mat	RUSSELLVILLE MO	7:15.12	7:15.1	0:28.420		26:26.220	15.9	0:24.740		8:28.080	8:28.1	43:02.58	0:44.56	
3	1797	CORWIN, Patrick	COLUMBIA MO	11:13.43	11:13.4	2:39.290		28:31.330	14.7	1:49.520		11:49.300	11:49.3	56:02.87	+13:44.85	

Division: M_25-29

PL	No	Name	Representing	Run 1	min/mi	T1	none	Bike	MPH	T2	none	Run 2	min/mi	Total Time	Back	Pace
1	1796	RAHN, Bryan	COLUMBIA MO	7:43:36.860	7:43:36.9	1:04.110		30:17.300	13.9	1:02.120		10:26.070	10:26.1	52:54.78	0:00.00	
2	1087	BROUGHTON, Nathaniel	SAINT LOUIS MO	7:40.96	7:41.0	1:20.070		36:11.600	11.6	0:52.930		8:08.920	8:08.9	54:14.48	+1:19.70	

Division: M_30-34

PL	No	Name	Representing	Run 1	min/mi	T1	none	Bike	MPH	T2	none	Run 2	min/mi	Total Time	Back	Pace
1	1085	BROSS, Ryan	WOOLDRIDGE MO	8:49.20	8:49.2	1:13.570		25:40.560	16.4	1:05.300		8:58.890	8:58.9	45:47.52	0:00.00	
2	1454	MCMILLIN, Chris	O FALLON IL	8:17.99	8:18.0	1:12.330		28:11.430	14.9	0:55.450		8:35.270	8:35.3	47:12.47	+1:24.95	
3	1030	BAKER, Greg	SPRINGFIELD MO	8:17.64	8:17.6	1:00.580		32:10.490	13.1	0:54.500		9:10.420	9:10.4	51:33.63	+5:46.11	

Division: M_35-39

PL	No	Name	Representing	Run 1	min/mi	T1	none	Bike	MPH	T2	none	Run 2	min/mi	Total Time	Back	Pace
1	1573	REIMCHE, Jeff	KANSAS CITY MO	8:10.59	8:10.6	0:52.860		26:22.080	15.9	0:51.010		9:28.880	9:28.9	45:45.42	0:00.00	
2	1570	REDDICK, Travis	COLUMBIA MO	12:32.87	12:32.9	1:10.700		36:52.640	11.4	1:04.400		15:58.110	15:58.1	1:07:38.72	+21:53.30	

* indicates adjustments applied, see last page for details

2009 Missouri Orthopaedic Institute TriZou Triathlon

Division: M_35-39 Continued

PL	No	Name	Representing	Run 1	min/mi	T1	none	Bike	MPH	T2	none	Run 2	min/mi	Total Time	Back	Pace
3	1554	POPP, Rick	CLEVER MO	11:14.23	11:14.2	1:16.450		58:41.570	7.2	1:15.300		14:02.920	14:02.9	1:26:30.47	+40:45.05	

Division: M_40-44

PL	No	Name	Representing	Run 1	min/mi	T1	none	Bike	MPH	T2	none	Run 2	min/mi	Total Time	Back	Pace
1	1303	HECKER, Doug	LIBERTY MO	7:40.35	7:40.4	0:54.170		25:46.600	16.3	0:39.890		8:49.030	8:49.0	43:50.04	0:00.00	

Division: M_45-49

PL	No	Name	Representing	Run 1	min/mi	T1	none	Bike	MPH	T2	none	Run 2	min/mi	Total Time	Back	Pace
1	1017	ARCHER, Charles	COLUMBIA MO	8:08.33	8:08.3	0:45.600		23:51.890	17.6	0:44.440		8:18.030	8:18.0	41:48.29	0:00.00	
2	1776	BARTELS, Eddie	COLUMBIA MO	7:56.00	7:56.0	1:29.320		24:35.250	17.1	1:17.040		8:34.150	8:34.2	43:51.76	+2:03.47	
3	1748	WILSON, William	JEFFERSON CITY MO	14:54.94	14:54.9	3:05.020		43:16.710	9.7	4:48.930		15:16.220	15:16.2	1:21:21.82	+39:33.53	

Division: M_50-54

PL	No	Name	Representing	Run 1	min/mi	T1	none	Bike	MPH	T2	none	Run 2	min/mi	Total Time	Back	Pace
1	1798	CORWIN, Don	COLUMBIA MO	11:12.42	11:12.4	2:37.850		28:31.360	14.7	1:50.550		11:51.430	11:51.4	56:03.61	0:00.00	

Division: M_55-59

PL	No	Name	Representing	Run 1	min/mi	T1	none	Bike	MPH	T2	none	Run 2	min/mi	Total Time	Back	Pace
1	1694	TERRY, Steve	LEXINGTON MO	7:17.82	7:17.8	0:50.760		25:43.490	16.3	0:51.070		7:42.170	7:42.2	42:25.31	0:00.00	

Division: M_60-64

PL	No	Name	Representing	Run 1	min/mi	T1	none	Bike	MPH	T2	none	Run 2	min/mi	Total Time	Back	Pace
1	1182	DIGGES, Charlie	COLUMBIA MO	10:15.25	10:15.3	1:50.790		26:12.120	16.0	1:47.340		10:30.320	10:30.3	50:35.82	0:00.00	

Division: Clydesdale 39_Under DuZou

PL	No	Name	Representing	Run 1	min/mi	T1	none	Bike	MPH	T2	none	Run 2	min/mi	Total Time	Back	Pace
1	1348	JENKINS, Bob	HOLTS SUMMIT MO	8:18.47	8:18.5	1:35.840		25:54.350	16.2	0:53.870		10:37.650	10:37.7	47:20.18	0:00.00	
2	1645	SMITH, Mike	COLUMBIA MO	9:11.95	9:12.0	1:08.980		27:23.540	15.3	0:53.900		11:24.010	11:24.0	50:02.38	+2:42.20	
3	1724	WALLEY, Tom	FULTON MO	9:29.71	9:29.7	1:02.200		27:27.830	15.3	1:19.790		10:53.070	10:53.1	50:12.60	+2:52.42	
4	1414	LEPAGE, Brandon	JEFFERSON CITY MO	11:06.76	11:06.8	1:48.010		31:56.150	13.2	2:02.400		13:12.720	13:12.7	1:00:06.04	+12:45.86	

Division: Athena DuZou

PL	No	Name	Representing	Run 1	min/mi	T1	none	Bike	MPH	T2	none	Run 2	min/mi	Total Time	Back	Pace
1	1439	MAST, Jennifer	COLUMBIA MO	9:27.31	9:27.3	1:38.000		27:59.110	15.0	1:20.720		10:12.550	10:12.6	50:37.69	0:00.00	
2	1405	LANGE, Alicia	ASHLAND MO	11:18.40	11:18.4	2:46.740		31:53.550	13.2	2:06.420		12:01.400	12:01.4	1:00:06.51	+9:28.82	
3	1292	HANCOCK, Alicia	CENTRALIA MO	7:46:07.960	7:46:08.0	1:26.790		43:06.890	9.7	1:16.920		15:13.160	15:13.2	1:13:40.04	+23:02.35	
4	1282	GUTIERREZ, Angela	JEFFERSON CITY MO	17:00.74	17:00.7	2:01.380		54:23.460	7.7	2:08.400		18:43.530	18:43.5	1:34:17.51	+43:39.82	

* indicates adjustments applied, see last page for details